Holy Habit: Pray Your Way Into New Year's Day Bob Hostetler

With these five prayers, turn the transition from one year to next into a spiritual one with devotion and fellowship. When I was growing up, my family went to a special late-night church service every December 31st that everyone called "Watchnight." The idea was that we would usher out the old year and welcome the new in the same way—with prayer, devotion, fellowship, and worship. It's not a religious holiday, of course, but the days and hours leading up to midnight on December 31st can become a holy day with just a few sincere and intentional prayers, drawn from hymns. Feel free to sing or speak these prayers:

1) Praise (from a Charles Wesley hymn)

The Lord of <u>earth and sky</u>, The God of ages, praise, Who reigns enthroned on high, Ancient of endless days, Who lengthens out our trials here, And spares us yet another year.

2) Confession (from a Charlotte Elliott hymn)

Just as I am, without one plea, but that thy blood was shed for me, and that thou bidd'st me come to thee, O Lamb of God, I come, I come. Just as I am, and waiting not, to rid my soul of one dark blot, to thee, whose blood can cleanse each spot, O Lamb of God, I come, I come. Just as I am, though tossed about, with many a conflict, many a doubt, fightings and fears within, without, O Lamb of God, I come, I come. Just as I am, thou wilt receive, wilt welcome, pardon, cleanse, relieve; because thy promise I believe, O Lamb of God, I come, I come.

3) Thanks (from an Albert H. Hutchinson hymn)

For all the <u>blessings of the year</u>, For all the friends we hold so dear, For peace on earth, both far and near, We give you thanks, O Lord. For life and health, those common things, Which ev'ry day and hour brings, For home, where our affection clings, We give you thanks, O Lord. For your great love which never tires, Which all our better thought inspires, And warms our lives with heav'nly fires, We give you thanks, O Lord.

4) Petition (from a Philip Doddridge hymn)

Our vows, our prayers, we now present before thy throne of grace; God of our fathers, be the God of their succeeding race. Through each perplexing path of life our wandering footsteps guide; give us each day our daily bread, and raiment fit provide. O spread thy covering wings around till all our <u>wanderings cease</u>, and at our Father's loved abode our souls arrive in peace.

5) Commitment (from a Laurence Tuttiet hymn)

Father, let me dedicate this new year to Thee, In whatever worldly state thou wilt have me be; Not from sorrow, pain, or care would I ask that Thou shouldst spare; This alone shall be my prayer, Glorify Thy name.

Solomon's Temple 2023 Officers List

"If you will transform your mind, God will transform your life." Joel Osteen

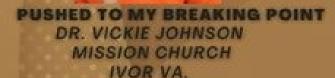
LEVITE MINISTRY	TREASURER	BRIDGE MINISTRY	Mattie Turner – ACP
Co-Pastor Edith Shivers – CP	Ray Holmes – CP	Kevin Shepherd, Jr. – CP	Arieana Parker – ACP
Elder Sarah Hatton – ACP	Lena Holmes – ACP	MIT Kinston Shivers – ACP	SOLOMON'S COUNCIL
Elder Karen Lee	Theodore Gundy – ACP	William Etienne – ACP	Pastor Shivers
Elder Margaret S. Thomas	CHURCH ADMINISTRATOR	SINGLES MINISTRY	Co-Pastor Edith Shivers
Elder Wayne Hatton	Elder Margaret S. Thomas	Darnelle Jefferson – CP	Elder Margaret Thomas -admin
Min. Bertram Blackwell	Donald Watkins – Asst.	Tanisha White – ACP	Tanisha White – Finance
Min. Cynthia Edwards	EDUCATION MINISTRY	Kevin Johnson – ACP	Lena Holmes – Treasurer
Min. Ernest Ruffin	Min. Cynthia Edwards – CP	MARRIED COUPLES MINISTRY	Wendy Green – Servant Leader
MIT Sylvia Gundy	Min. Ernest Ruffin – ACP	James & Wendy Green – CP	Ray Holmes – Trustee
MIT Kinston Shivers	Elder Wayne Hatton – ACP	Theodore & Sylvia Gundy – ACP	Elder Karen Lee – Layperson
SERVANT LEADER MINISTRY	BEREAVEMENT MINISTRY	MEDIA MINISTRY	James Britt – Layperson
Wendy Green – CP	Min. Bertram Blackwell – CP	Stanley Robinson – CP	Stanley Robinson – Layperson
James Green, Sr. – ACP	Donald Watkins – ACP	Tanisha White – ACP	Jessica Smith – Layperson
Donald Watkins	NEW DISCIPLES MINISTRY	Kevin Shepherd, Jr. – ACP	
Lucy Watkins	Phyllis Duck – CP	INTECESSORY PRAYER MIN.	FEBRUARY – VALENTINE
Wendy Johnson	Elder Karen Lee – ACP	Elder Margaret Thomas – CP	Men & Women Ministries
Phyllis Duck	PRAISE DANCE MINISTRY	Min. Cynthia Edwards – ACP	APRIL – HOLY WEEK
Turekia White	Arieana Parker – CP Adults/Youth	HOSPITALITY MINISTRY	Levite Ministry
Shirley Haskins	Shenille Davis – ACP Adults	Shenille Davis – CP	MAY – WOMEN'S DAY
Kathy Greene	TRUSTEE MINISTRY	Lonnie Batten – ACP	Women's Ministry
ARMOUR-BEARER MINISTRY	Ray Holmes – CP	Joe Batten – ACP	MAY – MINISTRY DAY
Elder Karen Lee – CP	Lena Holmes – ACP	Desiree Brown – ACP	Wendy Johnson – CP
Terry Rawls – ACP	Theodore Gundy	Darnelle Jefferson – ACP	Min. Bertram Blackwell – ACP
Phyllis Duck	Linda Jordan	HEALTH CARE MINISTRY	William Etienne – ACP
Elder Wayne Hatton	Marcus Smith	Shirley Haskins – CP	JUNE – YOUTH DAY
Min. Ernest Ruffin	Barry Nichols	Wendy Johnson – ACP	Youth Ministry
SECURITY MINISTRY	Florence Turner	Desiree Brown – ACP	JUNE – MEN'S DAY
Terry Rawls – Advisor	James Britt	OUTREACH MINISTRY	Men's Ministry
Sheila Brown – CP	Cynthia Jordan	Kathy Greene – CP	JULY – FAMILY & FRIENDS
Alice Day – ACP	Willie Turner Sr. – Emeritus	Turekia White – ACP	Joseph Tribe
Grayland Robinson – ACP	MEN'S MINISTRY	GREETER MINISTRY	SEPTEMBER – LL DAY
FINANCE SECRETARY	Elder Wayne Hatton - Advisor	Linda Jordan – CP	Women's Ministry
Tanisha White	MIT Kinston Shivers – CP	Min. Cynthia Edwards – ACP	OCTOBER – ANNIVERSARY
Elder Karen Lee – Asst.	Kevin Shepherd, Jr. – ACP	MUSIC MINISTRY	Servant Leaders – CP
Jackie Ruffin – Asst.	Min. Ernest Ruffin – ACP	Min. Bertram Blackwell Min. of Music	Elder Karen Lee – ACP
FINANCE MINISTRY	WOMEN'S MINISTRY	MIT Kinston Shivers – Asst.	NOVEMBER – FALL REVIVAL
Jessica Smith	Elder Sarah Hatton – Advisor	Jessica Smith – Directress	MIT Sylvia Gundy – CP
Mattie Turner	MIT Sylvia Gundy – CP	Elder Wayne Hatton – CP men	Elder Margaret Thomas – ACP
Desiree Brown	Darnelle Jefferson – ACP	USHER MINISTRY	DECEMBER
Lisa Johnson	Lisa Johnson – ACP	Ella Ford – CP	CHRISTMAS CELEBRATION
Latoya Diggs	YOUTH MINISTRY	Alice Day – ACP	Youth & Bridge Ministry
Tamara Brown	Tamara Brown – CP	Barbara Jones – ACP	NEW YEAR'S EVE SERVICE
Tami Drew	Jennifer Britt – ACP	Darnelle Jefferson – ACP	Assembly of Servants
Trustees	Latoya Diggs – ACP	YOUTH USHER MINISTRY	
	Faye Thompson – ACP	Hope Parker – CP	

NEW YEAR'S CONFERENCE

JANUARY 7, 2023

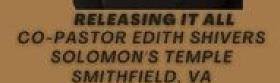
"CAn Outpour Of His

Presence" LORD, HEAL US!





MENTAL HEALTH SPEAKER TERESE ELAM LICENSED MASTER SOCIAL WORKER & BEHAVIORAL HEALTH THERAPIST





RECEIVING THE OUTPOUR PROPHETESS BARBARA ALEXANDER & CONFERENCE HOST HIGHER CALLING MINISTRIES ZUNI. VA

TEXT TO REGISTER: (757) 676-7720 OR INBOX ME

MUST BE REGISTERED TO ATTEND! NO LIVE FACEBOOK FOR THIS EVENT!

FREE TO ATTEND! LIMITED TO 100 PEOPLE BRING YOUR FAITH HILTON GARDEN INN RIVERFRONT SUFFOLK, VA 8:00 A.M. - 3:00 P.M.

January Kingdom Schedule

Worship Leaders Schedule

1/1 Co-Pastor Edith Shivers

1/8 Sis. Kathy Greene

1/15 Elder Wayne Hatton

1/22 Min. Cynthia Edwards

1/29 MIT Sylvia Gundy

Levites Communion Schedule

Lead - Pastor K. D. Shivers

Anointing – Co-Pastor Edith Shivers & Elder Sarah Hatton

Trays – Min. Bertram Blackwell & Elder Wayne Hatton

Door Opener

Bro. Stanley Robinson

Servant Leaders Schedule

1/1 Sis. Wendy Green

1/8 Sis. Kathy Greene

1/15 Bro. Donald Watkins

1/22 Sis. Wendy Johnson

1/29 Bro. James Green, Sr.

Servant Leaders Communion and Invitation to Discipleship

Sis. Wendy Green, Sis. Phyllis Duck

Discipleship

& Sis. Turekia White

January 2023 Bible Study Schedule

1/3 No CID session or Bible Study

1/10 No CID session or Bible Study

1/17 Bible Study | Pastor K. D. Shivers

1/24 Bible Study Co-Pastor Edith Shivers

1/31 Bible Study | Pastor K. D. Shivers



"A Christian leader is one who knows the way, shows the way, and goes the way."

Newsletter Submissions

Do you know someone who is doing great things in the community, school, or church? Nominate him or her to be the Solomonite of the Month. This person can be a youth or an adult. Don't forget to recognize those celebrating an anniversary, graduation (from high school, college, or any other), promotions or special occasions. We also want to know about students who have made the honor roll. Let's not forget baby announcements, bible humor or recipes. If you have a story or idea that you would like to incorporate into the newsletter, forward the story to the church administrator at steeretary1@gmail.com.

New To Solomon's Temple?

First of all, **WELCOME!** We are so pleased that you have come to visit our church. Whether you are just inquiring about our church, a new visitor, or simply want to see if Solomon's Temple is the right fit for you and your family, we are grateful to have you with us. We hope you will find your spiritual home here. Here at Solomon's Temple, we offer many exciting ministries to assist in your daily walk. Solomon's Temple New Disciple Orientation sessions provide information about our church, what we offer and what to expect from your church family. **If you have any questions, please contact Sis. Phyllis Duck or Elder Karen Lee.**

January Schedule of Events

Date	Time	Event
01/01/23	All Day	Happy New Year
01/03/23		No CID session or Bible Study
01/04/23	6:00 a.m.	Intercessory Prayer
01/05/23	6:30 p.m.	Sons of Solomon rehearsal
01/08/23		Consecration of 2023 Officers
01/08/23	10:50 a.m.	Pastor Shivers preaches at First Gravel Hill Baptist Church, Smithfield, VA
01/10/23		No CID session or Bible Study
01/11/23	6:00 a.m.	Intercessory Prayer
01/12/23	6:30 p.m.	Youth Choir rehearsal
01/13/23	6:30pm	Friday Night Zoom preaching; Messenger: Min. Bertram Blackwell
01/16/23	All Day	Martin Luther King, Jr. Holiday
01/17/23	6:30 p.m.	Bible Study
01/18/23	6:00 a.m.	Intercessory Prayer
01/19/23	6:30 p.m.	Praise Team rehearsal
01/24/23	6:30 p.m.	Bible Study
01/25/23	6:00 a.m.	Intercessory Prayer
01/26/23	6:30 p.m.	Young Adult Praise Team rehearsal
01/29/23		2023 Ministry Agendas due
01/31/23	6:30 p.m.	Bible Study

Solomon's Temple Bereavement Ministry

The purpose of the Bereavement Ministry is to provide comfort and support to disciples of Solomon's Temple during time of loss of a loved one, and to show love to our disciples and assure them that they are not alone during this difficult time in their lives. We have "Spiritual Support Care Teams" available to assist you.

January Spiritual Support Team

Min. Bertram Blackwell and MIT Sylvia Gundy

He gives us *comfort* in all our troubles. Then we can *comfort* other people who have the same troubles. We give the same kind of *comfort God* gives us." **2 Corinthians 1:4**

Solomon's Temple Outreach Ministry Is in Full Effect!

Please let us know if anyone is in the hospital, in-outpatient surgeries and death in the family or any other life changing event (medical or death). We have <u>"Care Teams"</u> for each month that is willing and ready to contact you. We love our church family, and we believe love is not what it says – it's what it does.

January Care Team

Sis. Kathy Greene, Sis. Turekia White and Sis. Tami Drew

Transformation ~ *Ash Alves*

"To transform and elevate, you may be required to go it alone. You will have people and things removed from you so that you can search within and find your power. Trust that during this period you're being directed towards peace, healing, and growth."

"Let God transform you into a new person by changing the way you think" (Romans 12:26 NLT)

29. 30. 2023 Ministry Agendas due	22. 23.	15. 16. Mar	8. 9. Consecration of 2023 Officers 10:50 a.m. Pastor Shivers preaches at First Gravel Hill	1. Happy New Year	Sunday	
		16. Martin Luther King Jr. Holiday			Monday	7
31. 6:30 p.m. Bible Study	24. 6:30 p.m. Bible Study	17. 6:30 p.m. Bible Study	10. No CID/Bible Study	3. No CID/Bible Study	Tuesday	מחם
	25. 6:00 a.m. Intercessory Prayer	18. 6:00 a.m. Intercessory Prayer	11. 6:00 a.m. Intercessory Prayer	4. 6:00 a.m. Intercessory Prayer	Wednesday	
	26. 6:30 p.m. Young Adult Praise Team rehearsal	19. 6:30 p.m. Praise Team rehearsal	12. 6:30 p.m. Youth Choir rehearsal	5. 6:30 p.m. Sons of Solomon rehearsal	Thursday	20
	27.	20.	13. 6:30pm Friday Night Zoom Preaching	6.	Friday	023
	28.	21.	14.	7. 8:00 a.m. Co-Pastor Shivers will preach for New Year Conference at Hilton Garden, Suffolk	Saturday	

Verse of the Month

"So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image" (2 Corinthians 3:18, NLT).

Prayer List

Pastor K. D. & Co-Pastor E. R. Shivers

Bro. Joe & Sis. Lonnie Batten

Sis. Vernell Brown

Sis. Mary Diggs

Sis. Connie Payne

Sis. Ruby Clarke

Bro. Charles Turner

Bro. Junious Little

Bro. Willie & Sis. Florence Turner

Sis. Angela Batten

Sis. Phyllis Wiggins

Bereaved Families



Prayer is the most important conversation of the day!!

January Birthdays - Happy Birthday

Kenya Hargrove		Jan. 4 th
Corey Brown		Jan. 5 th
Florence Turner		Jan. 8 th
Vernell Brown		Jan. 9 th
Joe Batten	@ @	Jan. 10 th
Donald Watkins		Jan. 10 th
Jessica Smith	HOPPA	Jan. 13 th
Connie Payne		Jan. 15 th
Tamara Brown	DIRTHILL	Jan. 17 th
Ernest Ruffin	Dining	Jan. 21 st
William Etienne	*	Jan. 25 th
Seniah Cypress		Jan. 27 th
Aalani Brown		Jan. 29 th



January Anniversary **Happy Anniversary**

Morse & Wendy Johnson January 10th



An anniversary is a time to celebrate the joys of today, the memories of yesterday and the hopes of tomorrow.

Attention Ministry Contact Persons

2023 Ministry Agendas are due Sunday January 29th 2gendal

Please give your agendas to Elder Thomas.



Jayla Gray has made 7 maintained the dean's

list since freshman year. She also made all festival team for basketball.



How the Bible Can Help You Find Your Positive Inner Voice Holly Lebowitz Rossi

Whether it's "still and small," or powerful and assertive, your inner voice sets the tone for how you engage with the world around you.

In the biblical book of 1 Kings, the prophet Elijah is frantic in the wake of violence and threats he's helplessly witnessed. He flees in fear for his life, into the wilderness, where only by the instruction of angels is he able to eat and drink enough to cling to life. Eventually, God calls out to Elijah, making God's presence known through a dramatic series of events—a "great and mighty wind" that splits mountains and shatters rocks, an earthquake, and a fire. The text tells us, "but the Lord was not in..." the wind, the earthquake or the fire. Instead, God's voice came to Elijah after these natural wonders ceased. God's voice came to Elijah, in various translations, as "a soft murmuring sound" or as "a still, small voice." This passage is an object lesson in how to connect with your positive inner voice, with the version of your true, authentic, and positive self that can guide you through each day, year, indeed through your whole life. Just as Elijah knew God's power caused the wildly dramatic wind, earthquake, and fire, we often witness the loud, brash, intimidating aspects of the world and our place in it. But just as in Elijah's moment in the wilderness, the loud things in our lives eventually quiet. And in that silence, we can listen more deeply, noticing with more intention what the soft murmurations, the still smallness of our inner voices have to say. In the Bible story, God is present in both the loud and soft volumes. So, too, do the most powerful parts of yourself exist in powerful, assertive moments as well as quiet, contemplative ones.

Let's celebrate that today, that juxtaposition of loud and quiet—and the opportunity each new day brings us to connect with our positive inner voice simply by knowing that after the fires and quakes of life, a soft stillness will always, eventually, call to us from deep inside.

Health Care Ministry - January Awareness Month

January is Thyroid Awareness

The thyroid is a small gland responsible for producing hormones that play a crucial role in many of the body's systems — from cells and tissues, to organs like the heart, brain, liver, and kidneys. Dysfunction occurs when the thyroid produces either too much or too little thyroid hormone. Either can disrupt healthy functioning of vital organs — leading to a wide range of symptoms. The good news? Once diagnosed and treated, it's entirely possible to live a normal, healthy life. **1. Take the thyroid neck check** Have a hand-held mirror and a glass of water handy. With the mirror in your hand, focus on the lower front area of your neck, above the collarbone, and below the voice box (larynx). This is where your thyroid gland is located. While focusing on this area, tip your head back, take a drink of water, and swallow. As you swallow, look at your neck. Check for any bulges or protrusions. (Don't confuse the Adam's apple with the thyroid gland.) If you do see any bulges, see your physician. You may have an enlarged thyroid gland or a thyroid nodule. **2. Encourage friends and family to get tested** - If a family member or a friend has mentioned feeling cold a lot of the time, having trouble sleeping, or difficulty swallowing, maybe it's time to suggest they ask their doctor about thyroid dysfunction

January is National Glaucoma Awareness

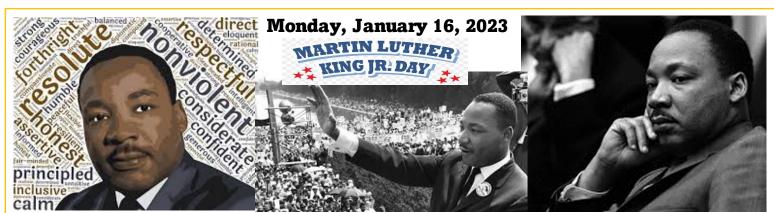
Currently, more than 3 million people in the United States have glaucoma. The National Eye Institute projects this number will reach 4.2 million by 2030, a 58 percent increase. Glaucoma is called "the sneak thief of sight" since there are no symptoms and once vision is lost, it's permanent. As much as 40% of vision can be lost without a person noticing. Glaucoma is the leading cause of irreversible blindness. Moreover, among African American and Latino populations, glaucoma is more prevalent. Glaucoma is 6 to 8 times more common in African Americans than Caucasians. Over 3 million Americans, and over 60 million people worldwide, have glaucoma. Experts estimate that half of them don't know they have it. Combined with our aging population, we can see an epidemic of blindness looming if we don't raise awareness about the importance of regular eye examinations to preserve vision. The World Health Organization estimates that 4.5 million people worldwide are blind due to glaucoma.

Dr. Martin Luther King, Jr. Quotes

"Let no man pull you low enough to hate him."

"The time is always right to do what is right."

"We know through painful experience that freedom is never voluntarily given by the oppressor, it must be demanded by the oppressed."



Martin Luther King Jr. was born on January 15, 1929, in Atlanta, Georgia. King, both a Baptist minister and civil-rights activist, had a seismic impact on race relations in the United States, beginning in the mid-1950s. Among many efforts, King headed the SCLC. Through his activism, he played a pivotal role in ending the legal segregation of African American citizens in the South and other areas of the nation, as well as the creation of the Civil Rights Act of 1964 and the Voting Rights Act of 1965. King received the Nobel Peace Prize in 1964, among several other honors. King was assassinated on April 4, 1968 and continues to be remembered as one of the most lauded African-American leaders in history, often referenced by his 1963 speech, "I Have a Dream."

Solomon's Temple 2023 Tribe List

Asher Tribe	Benjamin Tribe	Joseph Tribe	Levi Tribe
Shirley Haskins – Tribe Leader	James Green – Tribe Leader	Donald Watkins – Tribe Leader	Phyllis Duck - Tribe Leader
Wendy Johnson — Tribe Leader	Wendy Green – Tribe Leader	Lucy Watkins – Tribe Leader	Turekia White – Tribe Leader
Angela Batten	Desire Bester	Bertram Blackwell	Vernessa Black
Joe Batten	Jeremiah Bester	James Britt	Jai'Aja Brock
Lonnie Batten	Jha'Siah Brown	Jennifer Britt	Jai'Ciana Brock
Aalani Brown	Dana Cary	Mercedi Brown	Sheila Brown
Corey Brown	Latoya Diggs	Hilja Cypress	Craig Clarke
Denise Brown	Jordan Elliott	Alice Day	Ebony Clarke
Desiree Brown	James Green, Jr.	Mary Diggs	Ruby Clarke
Tamara Brown	Kenya Hargrove	Cynthia Edwards	Terren Clarke
Vernell Brown	Lena Holmes	William Etienne	Wanda Clarke
Kimesia Burrell	Ray Holmes	Ella Ford	Seniah Cypress
Melachi Goodman	Darnelle Jefferson	Joyce Greene	Antonio Dixon
Anthony Gray	Lisa Johnson	Kathy Greene	Brandon Drew
Imani Gray-Davis	Mor'Netra Johnson	Carl Henderson	Tami Drew
Jayla Gray	Mor'Relle Johnson	Travis "TJ" Holloway, Jr.	Carl Duck
Shenille Gray	Linda Jordan	Barbara Jones	Regina Green
Marcus Gundy	Karen Lee	Junious Little	Sarah Hatton
Sylvia Gundy	Brandon Newsome	Barry Nichols	Wayne Hatton
Theodore Gundy	LaQueisha Newsome	Elaine Nichols	Kianna Hill
Cynthia Jordan	Connie Payne	Jayla Nichols	Nasheena Roberts
Arieana Parker	Patricia Payne	Jessica Smith	Kevin Shepherd, Jr.
Hope Parker	Jay'Vion Pierce	Kori Smith	Co-Pastor Edith Shivers
Raven Parker	Terry Rawls	Kristiana Smith	Kinston Shivers
Shakilra Parker	Tierra Rawls	Marcus Smith	Pastor K. D. Shivers
Nikia Robertson	Ernest Ruffin	Castachia Turner	Alexis Smith
Dorothy Robinson	Jackie Ruffin	Charles Turner	Beretta Smith
Grayland Robinson	Alonzo Taylor, Jr.	Christian Turner	Jowanda Smith-Hawkins
Stanley Robinson	Jerrica Taylor	Florence Turner	Marion Smith
Courtland Shivers	Joydan Taylor	Mattie Turner	Faye Thompson
Deloris Shivers	Kaden Taylor	Melvin Turner	Lisa Thompson
Destiny Shivers	Kyrah Taylor	Stacy Turner	Frances Wells-Robertson
Latisha Shivers	Charlotte Wellons	Willie "Cat" Turner	Robert White
Margaret Shivers-Thomas	Brittany Williams	Willie Turner, Sr.	Brent Wrenn
Khadedra Vaughan	Bryce Williams	De'Ahzha Williams-Drewry	Crystal Wrenn-Combs
Tanisha White	Deborah Williams		Kevin Johnson
Micheal Wiggins			
Phyllis Wiggins			
Lenore Williams			

"Transformation is a process, and as life happens there are tons of ups and downs. It's a journey of discovery - there are moments on mountaintops and moments in deep valleys of despair." Rick Warren

"By opening our lives to God in Christ, we become new creatures. This experience, which Jesus spoke of as the new birth, is essential if we are to be transformed nonconformists . . . Only through an inner spiritual transformation do we gain the strength to fight vigorously the evils of the world in a humble and loving spirit." *Martin Luther King, Jr.*

UPCOMING EVENTS

February 2023

Feb. 11 th	MITs Initial Sermons
Feb. 14 th	Valentine's Dinner
Feb. 22 nd	Ash Wednesday service
Feb. 24 th	Friday Night service
Feb. 28 th	Lenten service

March 2023

Mar. 3 rd	Friday Night service
Mar. 7 th	Lenten service
Mar. 10 th	Friday Night service
Mar. 14 th	Lenten service
Mar. 17 th	Friday Night service
Mar. 21 st	Lenten service
Mar. 24 th	Friday Night service
Mar. 28 th	Lenten service
Mar. 31 st	Friday Night service

April 2023

Apr. 2 nd	Palm Sunday
Apr. 2 nd – Apr. 6 th	Holy Week Revival
Apr. 9 th	Easter Sunday
Apr 25th - Apr 27th	Pastor Shivers in rev

at Pilgrim Baptist
Church, Roanoke, VA

May 2023

May 4 th	National Day of Prayer
May 14 th	Mother's Day
May 21st	Ministry Day
May 28 th	Pentecost Sunday
May 29 th	Memorial Day

Ways to give financially to the Ministry

Just a reminder that you can give financially in support of the ministry in the following ways:

- Our Church website <u>www.solomonstemplechurch.net</u> accepts <u>Checks</u> and <u>Credit Cards</u>
- Cash App **\$STCHURCH00**
- Bring your offering to the chapel (12749 Courthouse Highway, Smithfield, VA).
- Pastor Shivers' cash app: \$FUNERALS1
- Co-Pastor Shivers' cash app: \$ESFIRSTLADY



"I will refresh the weary and satisfy the faint" Jeremiah 31:25 NIV

10 Ways to Have a Spiritually Refreshing New Year's

By Carol Kuruvilla

Try these tips if you're searching for ways to make this year's New Year's celebration more meaningful.

- 1. Choose a word of the year that will set the tone for 2023.
- 2. Be grateful by spending time focusing on gratitude.
- 3. Attend a religious service or have your own spiritual celebration.
- 4. Take a mindfulness walk.
- 5. Write a letter to yourself, store it in a safe place and open it at the end of 2023.
- 6. Carry out one small act of kindness.
- 7. Make a "remember-lutions" jar by filling a jar with notes about your favorite memories and accomplishments.
- 8. Remind yourself to be happy all year by choosing a random day every month to do something that makes you happy.
- 9. Do a video interview with a loved one.
- 10. Make resolutions that give you joy.

