

Be Enthusiastic: Be Full of God by Norman Vincent Peale

Create a better world and live a happier life with the help of these tips and Bible verses. Enthusiasm—it's one of the greatest words in the English language! It is a word that is built deeply into the victorious spirit of man himself. The word enthusiasm is derived from two little Greek words, *en* and *theos*, with *theos* being the Greek word for God. So "enthusiasm" literally means, in its root concept, "full of God." Maybe that's why enthusiastic people are so often creative and joyful! The Bible uses several different words for this idea of being filled with enthusiasm: ardor, zeal, whole-heartedness. My personal favorite is "eager." When you are eager, you are enthusiastic about your service to God and others. This idea is taught again and again in the New Testament. We are told to:

- Be "eager to serve" (1 Peter 5:2)
- Be "eager for the gifts of the Spirit" (1 Corinthians 14:12)
- Have an "eager willingness" to finish the work of faith we've begun (2 Corinthians 8:11)
- Wait in "eager expectation" for God (Romans 8:9)
- Be "eager to do what is good" (Titus 2:14)

God will help you maintain enthusiasm. He will help you overcome all difficulties, all tragedies, all sorrows, all heartaches; He will give you victory. The word itself tells us that people with enthusiasm will be full of God and will, consequently, create a better world and have a better life individually. Enthusiasm makes life exciting and creative; enthusiasm helps a person accomplish things.

In 2 Corinthians 2:14 we read, "Now thanks be to God who always leads us in triumph in Christ." Triumphant people are enthusiastic people! If you really surrender your life to Jesus Christ and follow him (alive, vital Jesus Christ, who is more modern than tomorrow morning's newspaper, who has the answers that really answer) you will have enthusiasm. He will keep it going for you so that you can overcome your defeats, so that you can make a real contribution to mankind.

But often we find ourselves in an environment where our enthusiasm gets siphoned off. For example, if you are constantly in the company of negative people, you will take on a negative aspect of mind; your mental reactions to people and events will be negative. Which is why you have to practice enthusiasm. You do that by thinking it, by believing it, by praying it, by talking it, until enthusiasm becomes part of your better nature. You must give yourself to your faith with "wholehearted devotion" (2 Kings 20:3). And enthusiasm can be just as contagious as negativity! So practice enthusiasm. Stop saying the depressing things. Stop saying the discouraging things, the hateful things, the negative things, the critical things. Think enthusiasm! Talk it, live it, pray it, act it! And you will keep enthusiasm going for you every day. "The zeal of the Lord Almighty will accomplish this" (Isaiah 9:7).

#### The Power of Intention by Shawnelle Eliasen

Each day presents an opportunity to love others for the glory of God.

I sit at my desk in our homeschool classroom, and morning is a pink rectangle in the window. The house is quiet. Rugby the Labrador sleeps at my feet. It's Monday and time to work on lesson plans. My steaming coffee sits near three planner books with navy covers. I open the one on top and run my hand over the smooth, cool page. There's a calendar grid, and the squares are empty, waiting for the promise of things we'll learn and hold. I begin to fill in the squares with plans for a boy's week. Fractions. Adjectives. Phases of the moon. The Byzantine Empire. But as I cover the sheet, my mind wanders to a verse from my Bible reading the night before. *Man is like a breath; his days are like a passing shadow.* (Psalm 144:4, ESV)

I've read this verse many times, and it usually sets my soul on edge. It's typical that I would swell with sadness– fretting about the passage of time. But today, as the words fall on my spirit, I'm not filled with fear. Today there's a flutter of anticipation. Of expectancy. There's an urge to fill my time, these days, with intentional things. Every day is precious. I want to live each one for the glory of the Lord.

I think about the Pharisees, gathering together to churn a question that would test the Lord Jesus. "Teacher, which is the greatest commandment in the Law?" one of them asked. Jesus' reply was as powerful as the dawn. Love the Lord with all your heart, soul and mind. Then love your neighbor.

When our love for the Lord is a priority in our lives, the desire to share is compelling. And we all have a sphere of influence. It's where we live. Breathe. Where we do life. Each day presents opportunity to love others for the glory of the Lord. When we reach into the lives around us with His kind of love, we're surely living in a way that's pleasing to our Father.

#### Lord, help me share your love today. Let me live with intention.

I return to my lesson plans, and I just finish the third book when a son comes into our schoolroom. He's sleepyeyed. He walks to the sofa, climbs on and curls up tight. On this day, I'm not afraid of the limitation of time. Today is valuable, and I can't wait to begin.

#### How to Pray with Intention by Judy Baer

Try this three-step approach to make the most of your time with God excerpted from Mornings with Jesus.

"If we confess our sins, he who is faithful and just will forgive us our sins and cleanse us from all unrighteousness." 1 John 1:9

I confess that sometimes I treat the Lord like a heavenly ATM. I come to Him with a list of requests and expect Him to fulfill my needs in the same way I punch my PIN number into my bank's ATM and anticipate the cash I want to mysteriously appear. I neglect to talk to Him when things are going well, but I come running to Jesus when things go wrong and blurt out my requests.

I'm getting it all backward, am I not? I must learn to praise Him first, to tell Him how much I love Him. I don't say it nearly often enough. He is the King of Kings and Lord of Lords and He cares about me!

This is astounding. I'm a sinner. I've done things that don't please Him. I need to confess them to Him—both the things I did and the things I didn't do, the sins of commission and those of omission. I usually thank Jesus for the good things in my life but neglect to thank Him for the troubles I have.

It seems counterintuitive to be grateful for losing a job, for illness or distress, but Christ has His hand on that as well. He is able to redeem every situation and convert what is troubling into something positive. He asks me to trust Him and to give thanks in every circumstance.

First I will praise. Then I will give thanks and confess my sins. Only then will I come to the Lord with my appeals and entreaties. He is able to make my prayers less about myself and more about others, deepen my prayer life and bless the time I spend with Him.

Faith Step: Organize your prayer with intention today. Praise Him first. Thank Him second. Confess. Then bring your appeals to Him.

# Women's Ministry Events

Co-Pastor Edith Shivers – CP

Sis. Lisa Johnson – ACP, Sis. Lisa Thompson & Sis. Faye Thompson – ACP, Sis. Shenille Davis – ACP Sis. Ella Ford – ACP, Sis. Darnelle Jefferson – ACP

Before you talk, *LISTEN*. It may change what you say. Before you react, *THINK*. It may change how you react. Before you judge, *WAIT*. It may change your viewpoint. Before you quit, *TRY*. It may be the best thing you did. *www.GodlyWoman.net* 

# February 2022

#### In observance of Valentine's Day, the Women Ministry present this inspirational Valentine's Day Poem Jesus Is My Valentine

Jesus is my Valentine; I talk to Him each day. He never, never leaves me; and always listens when I pray. Yes He is my Valentine; there is no love like His. He is the heart of all that is; for Him I breathe and live. He's a Valentine that never lies; never hurts or breaks. He always has forgiven me; for all my past mistakes. If you only knew my Valentine; You would love Him too. For His love is always perfect; His love is always true. So if your heart is longing; for a love that never ends. for someone that is faithful; you know you can depend. call upon my Valentine; He'll wash away your sin. He will be your Valentine; and your dearest, dearest friend. ~ Susan Y Nikitenko ~ December 2008

# In observance of Hearth Health Month, the Women's Ministry is asking disciples to wear something red on Sunday, February 20<sup>th</sup>.

**March 2022** 



influence

Women's Ministry speak-out on the topic: "A woman or woman of the Bible that influenced me." Speakers: Sis. Lucy Watkins and MIT Sylvia Gundy

# April 2022

Sunday, April 3<sup>rd</sup> Women are asked wear something white

Sunday, April 17<sup>th</sup> (Easter Sunday) Women are asked to wear something white



Sunday, April 10<sup>th</sup> (Palm Sunday) Women are asked to wear something pink

Sunday, April 24<sup>th</sup> Women are asked to wear something light blue

When you've worked hard, and done well, and walked through that doorway of opportunity...you do not slam it shut behind you...you reach back, and you give other folks the same chances that helped you succeed. *Michelle Obama* 

# Sunday, February 13<sup>th</sup> – SUPER SUNDAY!!!

## Disciples are asked to wear their favorite team Jersey OR a motivational shirt



# **February Kingdom Schedule**

# Worship Leaders Schedule

02/06 Elder Margaret Shivers-Thomas

- 02/13 Sis. Wendy Green
- 02/20 Elder Wayne Hatton
- 02/27 Min. Ernest Ruffin



# Door Opener

Bro. Stanley Robinson

# Servant Leaders Schedule

- 02/06 Sis. Phyllis Duck
- 02/13 Sis. Wendy Green
- 02/20 Sis. Turekia White
- 02/27 Bro. James Green, Sr.

# Communion

Sis. Shirley Haskins



"Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal" *Martin Luther King Jr.* 

# CID sessions/Bible Study for the month of February 2022

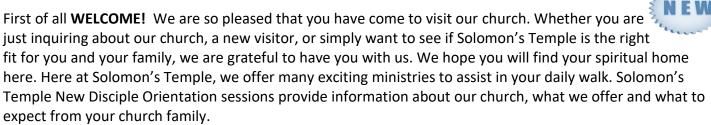
02/01 Elder Sarah Hatton | Nathan Condemns David | 2 Samuel 12:1-9, 13-15 Min. Ernest Ruffin | Ezra and the Law | Ezra 7:1-10, 23-26



- 02/08 Pastor Shivers Bible Study 'Living Intentionally in Triumph for Jesus' Colossians 1:9-14
- 02/15 Sis. Phyllis Duck | Bildad Misspeaks God's Justice | Job 8:1-10, 20-22 Sis. Wendy Green | Job and the Just God | Job 42:1-6, 10-17
- 02/22 Pastor Shivers Bible Study 'Living Intentionally in Triumph for Jesus' Colossians 1:9-14

#### "A Christian Leader Is One Who Knows The Way, Shows The Way, And Goes The Way."

#### New To Solomon's Temple?



If you have any questions, please contact Elder Sarah Hatton, Elder Wayne Hatton, or Sis. Phyllis Duck.

#### Newsletter Submissions

Do you know someone who is doing great things in the community, school, or church? Nominate him or her to be the Solomonite of the Month. This person can be a youth or an adult. Don't forget to recognize those celebrating an anniversary, graduation (from high school, college, or any other), promotions or special occasions. We also want to know about students who have made the honor roll. Let's not forget baby announcements, bible humor or recipes. If you have a story or idea that you would like to incorporate into the newsletter, forward the story to the church administrator at **stsecretary1@gmail.com**.

# **February Schedule of Events**

Date	Time	Event			
2/01/22	6:30pm	CID session on Zoom			
2/02/22	6:00am	Intercessory Prayer			
2/03/22	6:00pm	Praise Team rehearsal			
2/04/22	6:30pm	Friday Night Hour of Power service on Zoom – Messenger: Min. Bertram Blackwell			
2/07/22	7:00pm	Servant Leaders Zoom meeting			
2/08/22	6:30pm	Bible Study on Zoom			
2/09/22	6:00am	Intercessory Prayer			
2/10/22	6:00pm	Sons of Solomon rehearsal			
2/13/22	During service	SUPER SUNDAY – Disciples are asked to wear their favorite team Jersey or			
		motivational shirt			
2/14/22	All Day	HAPPY VALENTINE'S DAY			
2/15/22	6:30pm	CID session on Zoom			
2/16/22	6:00am	Intercessory Prayer			
2/17/22	6:00pm	Youth Choir rehearsal			
2/20/22	During service	Disciples are asked to wear red in observance of Heart Health Month			
2/21/22	6:30pm	Women's Ministry meeting			
2/21/22	7:30pm	Men's Ministry meeting			
2/22/22	6:30pm	Bible Study on Zoom			
2/23/22	6:00am	Intercessory Prayer			
2/24/22	6:00pm	Praise Team rehearsal			
2/27/22	During service	Disciples are asked to dress in African attire in observance of Black History Month			

# **Black History Month**

February marks Black History Month, a tribute to African American men and women who have made significant contributions to America and the rest of the world in the fields of science, politics, law, sports, the arts, entertainment, and many other fields.

While Black History Month is synonymous with prominent figures such as Martin Luther King Jr., Harriet Tubman, Rosa Parks, Muhammad Ali, Jackie Robinson, Langston Hughes, Maya Angelou, George Washington Carver and Barack Obama, there are countless other African Americans who've made a profound impact in history: self-made millionaire Madam C.J. Walker, astronaut Mae C. Jemison, open-heart surgeon Daniel Hale Williams, inventor Garret Morgan, media mogul Oprah Winfrey and "Father of Black History" Carter G. Woodson, who lobbied extensively to establish Black History Month as a nationwide celebration, among many others. Explore biographies, videos and articles that celebrate their historic achievements.

## **Thoughts to Ponder**



"History has shown us that courage can be contagious and hope can take on a life of its own" ~ Michelle Obama

"Change will not come if we wait for some other person or if we wait for some other time. We are the ones we've been waiting for. We are the change that we seek" ~ *Barak Obama* 

<b>27.</b> Disciples are asked to dress in African attire	<b>20.</b> Disciples are asked to wear red for Heart Health Month	<b>13.</b> SUPER SUNDAY Disciples are asked to wear their favorite team Jersey Jade Hunt	<u>6</u>		Sunday	<b>BLACK</b> HISTORY MONTH
28.	<b>21.</b> 6:30pm Women's Ministry meeting 7:30pm Men's Ministry meeting Kaden Taylor Presidents' Day	<b>14.</b> Happy Anniversary Theodore & Sylvia Gundy Happy Valentine's Day	<b>7.</b> 7:00pm Servant Leaders Zoom meeting Joydan Taylor		Monday	
	<b>22.</b> 6:30pm Bible Study Anthony Gray, Jr.	<b>15.</b> 6:30pm CID session Elaine Nichols	<b>8.</b> 6:30pm Bible Study	<b>1.</b> 6:30pm CID session	Tuesday	ebruar
	<b>23.</b> 6:00am Intercessory Prayer Zhaetwan Wells	<b>16.</b> 6:00am Intercessory Prayer Jackie Ruffin	<b>9.</b> 6:00am Intercessory Prayer Prayer	<b>2.</b> 6:00am Intercessory Prayer Prayer	Wednesday	
	<b>24.</b> 6:00pm Praise Team rehearsal	<b>17.</b> 6:00pm Youth Choir rehearsal Happy Anniversary Corey & Tamara Brown	<b>10.</b> 6:00pm Sons of Solomon rehearsal Jai'Ciana Brock	<b>3.</b> 6:00pm Praise Team rehearsal Robert White	Thursday	NO
	25.	18.	11.	<b>4.</b> 6:30pm Hour of Power on Zoom	Friday	
	<b>26.</b> Happy Anniversary Stanley & Dorothy Robinson	19.	12.	<b>5.</b> Mary Diggs Barry Nichols James Green, Sr. Cori Brown	Saturday	BLACK HISTORY MONTH

# Verse of the Month

"To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps." (1 Peter 2:21)

#### February Birthdays – Happy Birthday

Robert White	February
Mary Diggs	February
Barry Nichols	February
James Green, Sr.	February
Cori Brown	February
Joydan Taylor	February
Jai'Ciana Brock	February
Jade Hunt 🔰 🎁 👘	February
Elaine Nichols	February
Jackie Ruffin	February
Kaden Taylor	February
Anthony Gray Jr.	February
Zhaetwan Wells	February

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#### **February Anniversaries** Happy Anniversary

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niversar.



**Theodore & Sylvia Gundy** February 14<sup>th</sup>

**Corey & Tamara Brown** February 17<sup>th</sup>

Stanley & Dorothy Robinson February 26<sup>th</sup>

An anniversary is a time to celebrate the joys of today, the memories of yesterday and the hopes of tomorrow.

# Prayer List

Pastor K. D. Shivers Co-Pastor E. R. Shivers Sis. Lonnie Batten Bro. Joe Batten Sis. Vernell Brown Sis. Mary Diggs Sis. Connie Payne Sis. Ruby Clarke Bro. Charles Turner Bro. Junious Little Sis. Florence Turner Bro. Willie Turner Sr. Sis. Frances Wells-Robertson Sis. Angela Batten Sis. Phyllis Wiggins Sis. Shirley Haskins Bro. Stanley Robinson Sis. Dorothy Robinson **Bereaved Families** 



Prayer is the most important conversation of the day!!

Attention important Ministry Contact Persons 

2022 Ministry Agendas are due Sunday, March 13<sup>th</sup>. Please give your agendas to Elder Thomas on or before this date. Thank You.

#### Solomon's Temple Bereavement Ministry

The purpose of the Bereavement Ministry is to provide comfort and support to disciples of Solomon's Temple during time of loss of a loved one, and to show love to our disciples and assure them that they are not alone during this difficult time in their lives. We have "Spiritual Support Care Teams" available to assist you.

#### February Spiritual Support Team

Bro. Donald Watkins and Sis. Kathy Greene

He gives us *comfort* in all our troubles. Then we can *comfort* other people who have the same troubles. We give the same kind of comfort God gives us." 2 Corinthians 1:4

#### Solomon's Temple Outreach Ministry is in Full Effect!

Please let us know if anyone is in the hospital, in-outpatient surgeries and death in the family or any other life changing event (medical or death). We have "Care Teams" for each month that is willing and ready to contact you. We love our church family and we believe love is not what it says - it's what it does.

#### February Care Team

Sis. Shenille Davis, Min. Ernest Ruffin, and Sis. Joyce Greene

# Black History Facts – Did You Know?

#### Dr. Clifton R. Wharton, Jr., the First Black CEO of a Fortune 500 Company

In 1987, Dr. Clifton R. Wharton, Jr. became the first black CEO and chairman of a Fortune 500 company. It was TIAA-CREF, a multi-billion dollar corporation that is the leading provider of financial services in the academic, research, medical, cultural, and governmental fields.

#### Meet Robert Tanner Freeman, the First African American Dentist

Born in 1846, Robert Tanner Freeman was a child of slaves. However, he grew up to make history as the first professional Black dentist in America. According to <u>BlackPast.org</u>, Freeman "befriended Henry Bliss Noble, a local white dentist in the District of Columbia," and "began working as an apprentice to Dr. Noble and continued until he was a young adult." This led to Freeman applying to multiple dental colleges.

#### Vivian Malone Jones, the First Black Graduate of the University of Alabama

In 1965, a woman named Vivian Malone Jones became the first African American to ever graduate from the University of Alabama. However, this accomplishment took years of dedication and fighting through trials against both her race and her character.

#### First African American Woman to Win a Golden Globe

In 1986, Whoopi Goldberg became the first Black actress to win a Golden Globe award. However, it wasn't until 2021 that another Black woman won a Golden Globe in succession to Goldberg's example. This award-winning actress is Andra Day, and she won the award as Best Actress for her role as Billie Holiday in a film titled *The United States vs. Billie Holiday*.

#### First African American to Receive a Ph.D. From Harvard University

In 1895, history was made when a man named William Edward Burghardt Du Bois became the first African American man to receive a Ph.D. from Harvard University. This amazing accomplishment went on to open the door for hundreds of future Black American students and even led to a series of lectures, aptly named *The W. E. B. Du Bois Lectures*.

# Meet the First Black Woman to Win a Gold Medal in Olympic Wrestling

In the 2021 Tokyo Olympics, 28-year old Tamyra Mensah-Scott made history by becoming the first Black woman to win a gold medal for wrestling. She is also only the second woman in history to accomplish this.

## Charlie Sifford, the First African-American to Join the PGA Tour

The world of golf has had a long history of exclusivity regarding race and sex. In fact, it took many years before even lower-class white men were allowed to participate as a player instead of a caddy. But as time went on, so more people were allowed to play the sport. However, it wasn't until 1960 when a man named Charlie Sifford became the first African American male to earn a PGA Tour card. This was during a time when the PGA of America still upheld a "Caucasian Only" membership clause that kept black men from being allowed to participate.

## Kurtis Blow, the First Rapper to be signed by a Major Label

Often regarded as a founding father of Hip-Hop, Kurtis Blow became a huge part of music history at the age of 20. In 1979, Blow, born Kurtis Walker, became the first rapper to be signed by a major label.





"You must never be fearful about what you are doing when it is right" Rosa Parks

In observance of Black History Month, Disciples are asked to dress in African attire on Sunday, February 27<sup>th</sup>.



















RAVIS

#### Health Care Ministry February is American Heart Month

Why do we observe American Heart Month every February? Well, every year more than 600,000 Americans die from heart disease. The number one cause of deaths for most groups, heart disease affects all ages, genders, and ethnicities. Risk factors include high cholesterol, high blood pressure, smoking, diabetes, and excessive alcohol use.

Do you know how to keep your heart healthy? You can take an active role in reducing your risk for heart disease by eating a healthy diet, engaging in physical activity, and managing your cholesterol and blood pressure. This is a great chance to start some heart-healthy habits!

#### February is Low Vision Awareness Month

Low vision affects millions of Americans, including many older adults in your community. Low vision can make it harder to do things like reading, shopping, or cooking. And standard treatments — like eyeglasses, contact lenses, medicines, and surgery — can't fix it completely.

But there's good news! Vision rehabilitation can help people with low vision learn how to stay independent and make the most of their sight. Low Vision Awareness Month is a time to spread the word about vision rehabilitation and how people with low vision can live full, active lives.

#### How Positive Thinking Can Improve Your Physical Health by Holly Lebowitz Rossi

Long-term studies are revealing the physical and psychological benefits of an optimistic outlook. Rigorous studies are confirming what those of us who pursue positivism know by instinct: optimism supports physical and mental well-being. In a recent analysis of 15 separate studies involving more than 225,000 individual participants, cardiologist Alan Rozanski found that those who reported optimistic and positive thought patterns were less likely to have a heart attack or other cardiac condition than others who were more pessimistic in their outlook. Rozanski called the data "consistent" across the studies. "In every case, there was a strong relationship between optimism and a lower risk of disease," he told The New York Times, "Optimists tend to take better care of their health. They're more likely to exercise and eat better and are less likely to smoke." Biologically, pessimism is associated with higher levels of biochemical markers of inflammation and stress, like cortisol and norepinephrine. These levels impact a person's risk of diabetes, cardiovascular disease and depression. The psychology of optimism is as striking as the biology, researchers say. Psychologist Julia K. Boehm say that positive thinkers tend to be effective problem-solvers. She said, "Optimists tend to pursue strategies that make a rosy future a reality. Their hearts are not constantly pounding." Some of the skills that are associated with optimism-and its associated positive health outcomes—are: —The ability to positively re-frame a challenge as an opportunity —Awareness of thoughts, emotions and mental patterns—Flexible thinking—Cultivating feelings of gratitude for large and small positive events. The researchers note that optimism is only effective when it's authentic-pursuing positivity at all costs can actually backfire, tempting us to ignore warning signs of serious situations or deny the full reality of our emotional lives. In even more good news, the research also supports the notion that optimism can have a positive impact on health and well-being at any age. As Rozanski puts it, "It's never too early, and it's never too late to foster optimism."

> Travis (TJ) received a medallion that displayed three achievements including: - reading of 100 books - completing his readings within 25 hours and

- taking 100 steps to accomplish his reading goal

He also received the Star Student Certificate for being recognized as a respectful friend, classmate, and student at Windsor Elementary School.

#### Never stop reaching for more.

Do more than exist – live. Do more than touch – feel. Do more than look – observe. Do more than read – absorb. Do more than hear – listen. Do more than listen – understand.

7 Keys to Life

God First, Love One Another, Never Hate, Give Generously, Live Simply, Forgive Quickly, Be Kind Always