



# Temple News

Monthly Newsletter  
Solomon's Temple Church

[www.solomonstemplechurch.net](http://www.solomonstemplechurch.net)

## July 2021

### **Positive Ways to Pursue Personal Freedom** *by Holly Lebowitz Rossi*

Independence is neither simple nor easy. Focus on your strengths to stay empowered and energized.

“Freedom isn’t free.” How many times, and in how many contexts, have we heard that phrase? Sometimes it’s spoken in reference to the sacrifices of our military members. Other times, it refers to the emotional costs of tolerating political views that differ from our own. For me, though, it gets at a simple but powerful idea— independence doesn’t happen to us, we must seek it out, investing something of ourselves in the process.

As the 4th of July approaches, I’m thinking about the many meanings of independence. Other writers will recall moments in history or reflect on current events. But for me, walking a positive path on Independence Day means asking what I am willing to invest in my own freedom.

#### **1) Be Honest About What Holds Me Back**

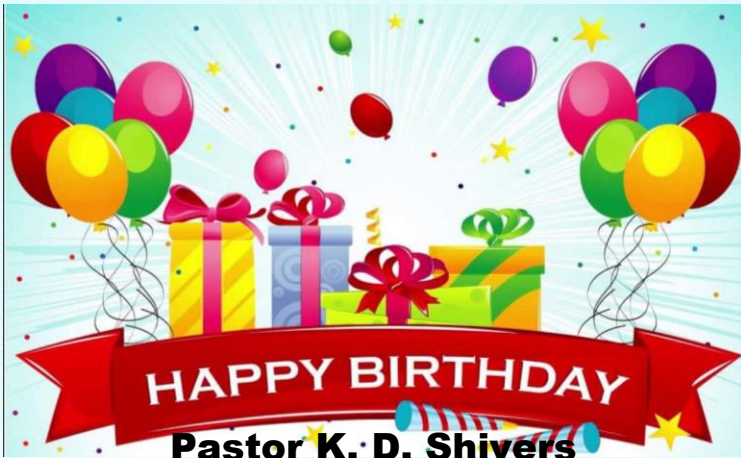
I used to have chronic lower back pain, and as a result of my years-long journey out of that quagmire, I sometimes still think of myself as someone with “a bad back.” Recently, my husband and I bought a stack of bags of mulch and compost for our garden. The next day, during a free hour alone, I saw that stack and decided to try picking one up (following all my healthy lifting techniques of course). To my surprise and delight, I could lift and spread the soil on my own. If I hadn’t dipped a toe into slightly challenging waters, I never would have realized how strong I actually am.

#### **2) Do My Part to Support Others**

The ground-breaking baseball legend Jackie Robinson famously said, “There’s not an American in this country free until every one of us is free.” I believe that strongly—my progress toward empowerment and independence doesn’t exist in a vacuum, but as part of a greater cultural and communal whole. When I support local organizations financially or with volunteer hours, or when I simply take the time to encourage or lift up a friend or neighbor who’s struggling, I can feel that some of my independence is there so I can share it.

#### **3) Know the Limits of Independence**

One dictionary definition of independence is “freedom from the control, influence, support, aid, or the like, of others.” Certainly it’s a positive thing to avoid being controlled or unduly influenced by others. But I believe we are all connected through a web of social, spiritual and other points of contact. So I am never willing to pursue independence so much that I stop desiring the support and help of trusted people in my life—or stop looking for ways to provide those things to others.



**Pastor K. D. Shivers**

**Wednesday, July 14, 2021**

May the grace of God never depart from you, may the lord continue to shower you with his anointing from heaven, may you never lack anything good throughout the rest of your life and may you continue to abide in the house of the lord now and forever more. Happy birthday pastor!

Happy Birthday Pastor

*Solomon's Temple Church Family*



*Happy Anniversary*

*Pastor & Co-Pastor Shivers*



**Wednesday, July 14, 2021**

May God shower you with joy and love from heaven and brighten your home with the ray of trust and holiness.

Wishing you a delighted wedding anniversary.

*"Be devoted to one another in love. Honor one another above yourselves" (Romans 12:10)*

Happy Anniversary Pastor & Co-Pastor Shivers

*Solomon's Temple Church Family*



# July Kingdom Schedule

## July Scriptures

7/4 John 15:5-8  
7/11 Philippians 4:4-7  
7/18 Proverbs 3:3-6  
7/25 Ephesians 5:15-20

## Welcome Schedule

7/4 Elder Sarah Hatton  
7/11 Travis "TJ" Holloway Jr.  
7/18 Sis. Ella Ford  
7/25 Bro. Terry Rawls

## Door Opener

Bro. Stanley Robinson

## Worship Leaders Schedule

7/4 Co-Pastor Edith R. Shivers  
7/11 Sis. Shirley Haskins  
7/18 Min. Bertram Blackwell  
7/25 Elder Margaret S. Thomas

## Servant Leaders Schedule

7/4 Sis. Turekia White  
7/11 Sis. Shirley Haskins  
7/18 Sis. Kathy Greene  
7/25 Bro. James Green Sr.

## Communion Bowls

Sis. Kathy Greene  
Bro. James Green Sr.



## To Solomon's Temple?

First of all **WELCOME!** We are so pleased that you have come to visit our church. Whether you are just inquiring about our church, a new visitor, or simply want to see if Solomon's Temple is the right fit for you and your family, we are grateful to have you with us. We hope you will find your spiritual home here.

Here at Solomon's Temple, we offer many exciting ministries to assist in your daily walk. Solomon's Temple New Disciple Orientation sessions provide information about our church, what we offer and what to expect from your church family.

**If you have any questions, please contact Elder Sarah Hatton, Elder Wayne Hatton or Sis. Phyllis Duck.**

## CID Lessons for the month of July

***No CID or Bible Study for the month. However, the lessons are listed below to read/study at your convenience.***



7/6 No CID | Power of the Gospel | Romans 1:8-17  
7/13 No CID | Faith of Abraham | Romans 4:1-12  
7/20 No CID | Peace with God | Romans 5:1-11  
7/27 No CID | Salvation Available for All | Romans 10:5-17



"[W]e must first experience the kingdom if we are even to know what kind of freedom and what kind of equality we should desire. Christian freedom lies in service, Christian equality is equality before God, and neither can be achieved through the coercive efforts of liberal idealists who would transform the world into their image."  
*Stanley Hauerwas*

## Newsletter Submissions

Do you know someone who is doing great things in the community, school, or church? Nominate him or her to be the Solomonite of the Month. This person can be a youth or an adult. Don't forget to recognize those celebrating an anniversary, graduation (from high school, college, or any other), promotions or special occasions. We also want to know about students who have made the honor roll. Let's not forget baby announcements, bible humor or recipes. If you have a story or idea that you would like to incorporate into the newsletter, forward the story to the church administrator at [stsecretary1@gmail.com](mailto:stsecretary1@gmail.com).

# July Schedule of Events

Date	Time	Event
7/1/21	6:00pm	Praise Team rehearsal
7/4/21	All Day	Independence Day – Happy 4 <sup>th</sup> of July
7/6/21		No CID/Bible Study
7/7/21	6:00am	Intercessory Prayer
7/8/21	6:00pm	Sons of Solomon rehearsal
7/13/21		No CID/Bible Study
7/14/21	6:00am	Intercessory Prayer
7/14/21	All Day	Happy Birthday Pastor K. D. Shivers
7/14/21	All Day	Happy Anniversary Pastor & Co-Pastor Shivers
7/15/21	6:00pm	Youth Choir rehearsal
7/20/21		No CID/Bible Study
7/21/21	6:00am	Intercessory Prayer
7/22/21	6:00pm	Praise Team rehearsal
7/25/21	9:00am	Family and Friends Day
7/27/21		No CID/Bible Study
7/28/21	6:00am	Intercessory Prayer

## Solomon's Temple Bereavement Ministry

The purpose of the Bereavement Ministry is to provide comfort and support to disciples of Solomon's Temple during time of loss of a loved one, and to show love to our disciples and assure them that they are not alone during this difficult time in their lives. We have "Spiritual Support Care Teams" available to assist you.

### July Spiritual Support Care Team

Min. Bertram Blackwell and MIT Sylvia Gundy

He gives us **comfort** in all our troubles. Then we can **comfort** other people who have the same troubles.

We give the same kind of **comfort** God gives us." **2 Corinthians 1:4**

## Solomon's Temple Outreach Ministry is in Full Effect!

Please let us know if anyone is in the hospital, in-outpatient surgeries and death in the family or any other life changing event (medical or death). We have "Care Teams" for each month that is willing and ready to contact you. We love our church family and we believe love is not what it says – it's what it does.

### July Care Team

Sis. Lenore Williams, Bro. Kevin Shepherd Jr. and Sis. Darnelle Jefferson

## Verse of the Month

"He has made everything beautiful in its time. Also, he has put eternity into man's heart, yet so that he cannot find out what God has done from the beginning to the end" (Ecclesiastes 3:11, ESV)

# July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1. 6:00pm Praise Team rehearsal	2.	3. Sheila Gatewood
4. <b>Independence Day</b>	5. Nasheena Roberts Happy Anniversary Joe & Lonnie Batten	6. No CID/Bible Study Brent Wrenn	7. 6:00am Intercessory Prayer	8. 6:00pm Sons of Solomon rehearsal	9.	10. Mattie Turner Kinston Shivers
11.	12. Marcus Smith	13. No CID/Bible Study	14. 6:00am Intercessory Prayer Pastor Shivers Wanda Clarke Happy Anniversary Pastor & Co-Pastor Shivers	15. 6:00pm Youth Choir rehearsal	16. LaQueshia Newsome Tanisha White	17. Kathy Greene Kristiana Smith Trakelia Hamlin
18. Mercedi Brown	19. Latisha Shivers	20. No CID/Bible Study	21. 6:00am Intercessory Prayer Deloris Shivers	22. 6:00pm Praise Team rehearsal	23.	24. Kyrach Taylor
25. <b>9:00am Family &amp; Friends Day</b>	26.	27. No CID/Bible Study Vernessa Black	28. 6:00am Intercessory Prayer Linda Jordan Jha'Siah Brown	29. Cornell Bailey	30. Happy Anniversary Brandon & LaQueshia Newsom	31. Happy Anniversary Kinston & Samiyah Shivers

“Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom” 2 Corinthians 3:17



## Prayer List

Pastor K. D. Shivers  
 Co-Pastor E. R. Shivers  
 Sis. Angela Batten  
 Sis. Vernell Brown  
 Sis. Mary Diggs  
 Sis. Lonnie Batten  
 Sis. Connie Payne  
 Sis. Marion Smith  
 Sis. Ruby Clarke  
 Sis. Florence Turner  
 Sis. Sheila Gatewood  
 Sis. Mary Cornick  
 Bro. Stanley Robinson  
 Sis. Dorothy Robinson  
 Bro. Charles Turner  
 Sis. Shirley Haskins  
 Sis. Frances Wells-Robertson  
 Bereaved Families



*Prayer is the most important conversation of the day!!*

## July Birthdays – Happy Birthday

6

Sheila Gatewood	July 3 <sup>rd</sup>
Nasheena Roberts	July 5 <sup>th</sup>
Brent Wrenn	July 6 <sup>th</sup>
Mattie Turner	July 10 <sup>th</sup>
Kinston Shivers	July 10 <sup>th</sup>
Marcus Smith	July 12 <sup>th</sup>
Pastor K. D. Shivers	July 14 <sup>th</sup>
Wanda Clarke	July 14 <sup>th</sup>
LaQueisha Newsome	July 16 <sup>th</sup>
Tanisha White	July 16 <sup>th</sup>
Kathy Greene	July 17 <sup>th</sup>
Kristiana Smith	July 17 <sup>th</sup>
Trakelia Hamlin	July 17 <sup>th</sup>
Mercedi Brown	July 18 <sup>th</sup>
Latisha Shivers	July 19 <sup>th</sup>
Deloris Shivers	July 21 <sup>st</sup>
Kyrah Taylor	July 24 <sup>th</sup>
Vernessa Black	July 27 <sup>th</sup>
Linda Jordan	July 28 <sup>th</sup>
Jha'Siah Brown	July 28 <sup>th</sup>
Cornell Bailey	July 29 <sup>th</sup>



## July Anniversary - Happy Anniversary



**July 5<sup>th</sup>**

Joe & Lonnie Batten

**July 14<sup>th</sup>**

Pastor K. D. & Co-Pastor E. R. Shivers

**July 30<sup>th</sup>**

Brandon & LaQueshia Newsome

**July 31<sup>st</sup>**

Kinston & Samiyah Shivers



An anniversary is a time to celebrate the joys of today, the memories of yesterday and the hopes of tomorrow.

## Attention Solomon's Temple Disciples

Just a reminder that you can give financially in support of the ministry in the following ways:

- Our Church website  
[www.solomonstemplechurch.net](http://www.solomonstemplechurch.net) accepts **Checks** and **Credit Cards**
- Cash App **\$STCHURCH00**
- Bring your offering to the chapel: 12749 Courthouse Hwy. Smithfield, VA 23430

If you would like to be a blessing to Pastor & Co-Pastor Shivers, their cash apps:

Pastor Shivers - **\$FUNERALS1**  
Co-Pastor Shivers - **\$ESFIRSTLADY**

*Ways to Give*

**“Christian liberty is freedom from sin, not freedom to sin”** Aiden Wilson Tozer

**2021 Theme:** 2021 “The Reboot” “To Refresh Every Believer’s Operational Objectives and Techniques” (“But I will restore you to health and heal your wounds, declares the Lord” Jeremiah 30:17a)

It is time to **“Reboot – To Refresh Every Believer’s Operational Objectives and Techniques.”** We may not be able to hug and breathe in the same space right now as usual but rest assured that there is still work to be done that each of us can do right where we are. So get in action with us as we continue to minister to a wounded world as God ministers to us.



# 2021 - Men's Ministry Cookout & Father's Day Service



## Lift Your Spirit This July Fourth!

By Marilyn Morgan Helleberg

Take a few moments to remind yourself that no matter what the outer events of your life are, you always have that most precious of all freedoms—the freedom to choose your own attitude! *And Paul said, But I was free born. —Acts 22:28*

Independence Day was my father-in-law's favorite holiday. He celebrated it with great festivity and joy, because freedom was among his highest values. Dad Helleberg came to this country from Denmark at the age of eighteen with fifty dollars in his pocket and only a few words of English in his vocabulary. "But if you have your freedom," he often said, "you have everything."

He had a long and successful career as an architect, but during his final years, he became confined to a wheelchair and finally to bed. It seemed to me that he had lost the thing he valued most—his freedom. Then one evening in late June, I sat by his hospital bed holding his frail white hand. "The Fourth of July will soon be here," I said, trying to make conversation.

"Oh, yes!" he replied. Then, squeezing my hand ever so slightly, he said, "You know, there's one freedom no one can ever take from you. You always have the freedom to choose what your attitude will be!" My father-in-law died a free man, despite his very restricting circumstances.

This year, as you're celebrating America's freedom by hanging out the flag, or watching a parade or fireworks display, take a few moments to remind yourself that no matter what the outer events of your life are, you always have that most precious of all freedoms—the freedom to choose your own attitude!

*Let freedom ring, Lord, in my country and in my heart.*

## Billy Graham: The Meaning of Independence Day

July 4th commemorates the day in 1776 that our nation declared itself to be an independent nation, and no longer a colony of England. On that date, a number of our leading citizens signed what is known as the Declaration of Independence, stating our determination to become a free country. Our independence did not come easily; only after several difficult years of war would it finally be won. Nor were our first years as a nation free from problems and controversies (as is still true). But our forefathers were determined to establish a free and democratic system of government, and the Declaration of Independence (together with our Constitution and the Bill of Rights) became the foundation for this. They have stood the test of time, and on July 4th we give thanks for the wisdom and faith and courage of those leaders. Although it is not a religious holiday like Christmas or Easter, for many Americans July 4th is a time to reflect on God's goodness to us as a nation. Molded into the Liberty Bell in Philadelphia (which proclaimed our independence) are these words from the Bible: "Proclaim liberty throughout all the land unto all the inhabitants thereof" (Leviticus 25:10, KJV). Our legal system reflects our Judeo-Christian roots. While we look with gratitude to the past on this July 4th, may we also look in faith to the future, and commit it and our lives to God and His will. The ancient words of the Psalmist are still true: "Blessed is the nation whose God is the Lord" (Psalm 33:12).

## Jesus on the 4th of July

8

Copyright © Marilyn Ferguson 2003

We gather 'round to celebrate  
On Independence Day  
Pay homage to our country  
As the children run and play.

With barbecues and picnics  
And fireworks in the air  
The flag we own is proudly flown  
To show how much we care.

The stars and stripes spell freedom  
She waves upon the breeze  
While bursts of colors can be seen  
Above the towering trees.

This is all quite wonderful  
We revel in delight  
But God above in divine love  
Has brought this day to light.

With just a stroke of liberty  
A touch of His great hand  
He gave democracy to us  
And helped this country stand.

The stripes upon our stately flag  
Were touched by His sweet grace  
Each star of white that shines so bright  
Reflects His loving face.

So as you turn to face the flag  
For battles that were fought  
Be filled with pride for those who died  
And freedoms that were bought.

But don't forget to thank the One  
That gives the bright display  
The reason why we paint the sky  
On Independence Day

*Happy Independence Day!*

**JUNETEENTH  
A FEDERAL HOLIDAY**



Juneteenth celebrates the emancipation of the last enslaved African Americans. On that day in 1865, Union soldiers led by Gen. Gordon Granger arrived in the coastal city of Galveston, Texas, to deliver General Order No. 3, officially ending slavery in the state. President Joe Biden on Thursday, June 17, 2021 signed a bill establishing Juneteenth, the date commemorating the end of slavery in the United States, as a federal holiday. Biden, in what he called "one of the greatest honors" of his presidency, signed the bill two days before Juneteenth itself, which is on June 19<sup>th</sup> each year. "In short, this day doesn't just celebrate the past. It calls for action today," Biden said.



## July is: Juvenile Arthritis Awareness Month

(Some dates/events are subject to change)

Arthritis in children is called childhood arthritis or juvenile arthritis. The most common type of childhood arthritis is juvenile idiopathic arthritis (JIA), also known as juvenile rheumatoid arthritis. Childhood arthritis can cause permanent physical damage to joints. This damage can make it hard for the child to do everyday things like walking or dressing and can result in disability.

Childhood arthritis can affect children of all ages, races and ethnic backgrounds. Although there is no cure, some children with arthritis achieve permanent remission, which means the disease is no longer active. Any physical damage to the joint will remain.

Symptoms may come and go over time. There may be times when symptoms get worse, known as flares, and times when symptoms get better, known as remission. Signs and symptoms include:

- |  |                         |
|--|-------------------------|
| Joint pain   | Swelling                |
| Fever  | Stiffness               |
| Rash   | Fatigue (tiredness)     |
| Loss of appetite   | Inflammation of the eye |
| Difficulty with daily living activities such as walking, dressing, and playing |                         |

The exact cause of childhood arthritis is unknown. In childhood arthritis the immune system may not work right which causes the inflammation in the joints and other body systems. Childhood arthritis is diagnosed through a physical examination and review of symptoms, X-rays, and lab tests. A doctor should make this diagnosis, particularly a rheumatologist who specializes in arthritis and other related conditions in children. These doctors are called pediatric rheumatologists.

### August 2021

Aug. 15<sup>th</sup> Consecration service for Servant Leader Kathy Greene

### September 2021

Sept. 6<sup>th</sup> Labor Day  
 Sept. 7<sup>th</sup> Back to School  
 Sept. 12<sup>th</sup> Grandparents Day  
 Sept. 12<sup>th</sup> Leading Lady Day  
 Sept. 13<sup>th</sup> Co-Pastor Shivers' Birthday  
 Sept. 28<sup>th</sup> Pastor Shivers preach at New Bethany Church – Fall Revival

### October 2021

Oct. 10<sup>th</sup> Clergy Appreciation Day  
 Oct. 17<sup>th</sup> Pastor & Church Anniversary

### November 2021

Nov. 2<sup>nd</sup> Election Day  
 Nov. 7<sup>th</sup> Daylight Saving Time Ends  
 Nov. 11<sup>th</sup> Veterans Day  
 Nov. 22<sup>nd</sup> – 24<sup>th</sup> Fall Harvest Revival  
 Nov. 25<sup>th</sup> Thanksgiving Day  
 Nov. 28<sup>th</sup> First Sunday of Advent

### December 2021

Dec. 19<sup>th</sup> Christmas Celebration  
 Dec. 24<sup>th</sup> Christmas Eve  
 Dec. 25<sup>th</sup> Christmas Day  
 Dec. 31<sup>st</sup> New Year's Eve/Celebration

## 4 Tips for Dealing with Summer Heat by Jennifer Cardellini

Fresh air and Vitamin D are essential, and the first warm rays of sunshine after months of snow and ice can feel like heaven. When temperatures reach the uppermost digits, however, the effects of the sun can fast become dangerous. This is especially true for older adults who have a greater susceptibility to illnesses caused by extreme heat. Summer can be fun for your loved one, as long as you take measures to avoid heat-related illness. These suggestions can help:

### 1. Use air conditioning or spend time at a local cooling center

Keep your loved one's home cool. If there is air conditioning, keep it on. A cooling center is a great option for anyone who doesn't have air conditioning. These are usually public buildings, such as libraries or senior centers that allow residents of a city to visit for respite and activities in times of extreme heat.

### 2. Explore the great indoors

Take advantage of the heat to check out a local museum or aquarium. Most indoor attractions have air conditioning, interesting things to do and exhibits, as well as restaurants or cafés where you may relax and take in a meal together. You may even want to make it a day-long outing. Indoor exercise can be an enjoyable way to beat the heat. A number of recreation centers and gyms have older adult fitness classes and indoor pools.

### 3. Don't forget to hydrate

When temperatures soar, drinking plenty of fluids is necessary to avoid dehydration. Encourage your loved one to skip drinks with caffeine or alcohol, in favor of hydrating fluids like water and drinks with electrolytes. The two of you could even get creative and make your own homemade popsicles from sports drinks, or fresh-squeezed lemonade.

### 4. Dress in light, loose and protective clothing

Wearing appropriate clothing is a major factor in warding off the effects of heat. See to it that your loved one puts on loose, breathable items made of light fabrics. Covering up in the right ways is also important in guarding against the sun's harsh UV rays. Don't leave home without protective hats, sunglasses and sunscreen.