

Temple News

Monthly Newsletter for Solomon's Temple Church

www.solomonstemplechurch.net



September 2020

The Amazing Depth of Jesus' Love by Katie Minter Jones

A reminder that His love for us is deeper than the ocean.

At dawn Jesus was standing on the beach, but the disciples couldn't see who he was. John 21:4 (NLT)

Sunrise at the beach is my favorite place to worship and fully experience Jesus; I'm overwhelmed by His presence there. His majesty is displayed in the splendor of the sunrise as the rays paint the sky with beautiful shades of color. The roar of the waves proclaims His might. The smell of the salt in the air, the feel of the soft sand beneath my feet, and the cool mist all refresh me. When Jesus was on earth, He must have loved the sea also. The Bible tells several stories where He's on the sea or at the beach. Jesus was walking by the Sea of Galilee when He called two fishermen, Peter and Andrew, to be His disciples, making them fishers of men. In Matthew 8:24–27, Jesus was on the boat asleep when the disciples became afraid and woke him. A storm was threatening to sink the boat, and Jesus calmed the wind and the waves, unleashing His power on the sea. Jesus didn't stop there . . . He walked on the water. And after Jesus was resurrected, He stood on the beach at dawn, but the disciples did not recognize Him. They had been out all night, fishing without a single catch. He told them to cast their nets to the right side of the boat, and their nets became full. A miracle on the beach! Time after time, Jesus uses the backdrop of the sea to reveal His love to humanity. The Bible describes His love for us as being deeper than the ocean. The beach proclaims His majesty, His presence, and the depth of His love. Let the vastness of the ocean and the beauty of His creation remind you again today that His love for you is fathomless.

Faith Step: Look up pictures of the ocean. Remind yourself of the amazing depths of love that He has for you and praise Him.

There was reclining on Jesus' bosom one of His disciples, whom Jesus loved.—John 13:23 NASB

Sometimes we just feel like we're not doing enough. We want to do something special for our loved ones—something out of the ordinary, something fun, something to change the routine and brighten their lives. But caretaking includes the undeniable element of routine. Often we struggle with that, feeling that routine is mundane, boring, dampening our vibrancy in life. When we feel that restlessness, let's ask the Lord to help us to accept the ordinary, to enjoy little things, and to be content with just *being*, rather than doing. We accomplish as much—or more—by quietly sitting at a bedside than by compulsively pursuing entertainment. Consistency in our love is an important quality for those we care for, whether they're young or old or struggling with physical or psychological ailments. Presence is the best present—as Jesus exemplified when He reclined with His disciples (John 13:23). Consistency of love in time, place, and action provides routines and constancy that build stability in our relationships. Feel like you're not doing enough? Just being there—smiling, talking, holding a hand—is the greatest gift of love you can offer.



Sunday, September 13, 2020
Happy Birthday and Happy Leading Lady Day

Co-Pastor Edith R. Shivers



Leading Lady @picclick.com

The Leading Lady is godly and serves with grace; She greets and encourages others with a smile on her face; She's discreet in her actions and knows her place; She is.....The Leading Lady.

She studies God's word and is apt to teach; Sometimes she's even called by God to preach; She is knowledgeable and impeccable in her speech; She is.....The Leading Lady.

Holiness is her banner; and she wears it in stride; Her dress is appropriate; and serves as a guide; For modesty in Christian women far and wide; She is.....The Leading Lady.

She listens intently and prays for you; Sometimes she agonizes believing for a breakthrough; She trusts God and knows His promises are true; She is.....The Leading Lady.

Her creativity and intelligence benefit the congregation; She wisely handles her business and personal relations; Her dedicated service deserves a standing ovation; She is.....The Leading Lady.

Sunday, September 13, 2020



Grandparents Grandparents fill the world with Love

Grandparents *pinterest.com*

When God created *Grandparents*, the world was truly blessed with all the special joys that make a family happiest. For *Grandparents* know how to do the little things that warm our heart...they touch our lives with love and care right from the very start...They show that they believe in us and all we're dreaming of... When God created *Grandparents*, he blessed our lives with love.

- Are family historians.
- Believe in having fun.
- Cherish family get-togethers.
- Delight in telling stories.
- Encourage big dreams.
- Find ways to stay in touch.
- Give meaning to later life.
- Help any way they can.
- Inspire wonder and mystery.
- Just want what's best for you.
- Keep family traditions alive.
- Love to take pictures.
- Matter more than words can say.

- Never run out of hugs
- Open their hearts to you.
- Provide roots and wings.
- Quickly come if needed.
- Remember special occasions.
- Share values and memories.
- Teach things no one else can.
- Unconditionally love you.
- Value spending time together.
- Write and call often.
- Xperience childhood again.
- Yearn for your happiness.
- Zest to make a difference.

As a parent, one of the biggest challenges you're managing right now is how to let your kid *safely* be a kid during the COVID-19 pandemic. And with back-to-school season looming, you're facing a new, stressful question: Is it safe to send my kid back to school?

Reinforce the everyday precautions

You know the **signs and symptoms of COVID-19**, as well as **what to do if you think your child might be sick**. As you prepare to send your kid back into the classroom, be sure to reinforce the everyday COVID-19 precautions he or she will need to keep in mind, as well as what makes these precautions so effective. **Social distancing** reduces close contact between people. You should also remind your kids not to share food, drinks, or anything, for that matter, with their friends. It's just not safe. **Wearing a mask** helps contain any potentially infectious respiratory droplets that may be released while breathing, talking or coughing, especially when social distancing is more challenging and even if the person doesn't yet know they're sick. **Washing your hands** limits the risk of getting sick by touching a contaminated surface and then spreading the virus to your eyes, nose or mouth if you touch your face.

Know and understand the safety measures being implemented

No matter how many precautions are being taken at your child's school, gathering a group of kids into a classroom will come with some level of risk. On the other hand, however, experts agree that **children learn best when in a classroom**. Given the importance of classroom learning, the Centers for Disease Control (CDC) has published guidelines to **help keep schools as safe as possible** during the pandemic. Schools should be proactively reaching out to you about these new safety measures, but make sure you have the following questions answered: What changes have been made to classrooms, hallways, cafeterias and buses to ensure social distancing? Will there be a universal masking policy for all students (if age appropriate) and staff? Will hand-washing opportunities be frequent and hand sanitizer readily available? Is the use of shared equipment being minimized? Have cleaning services been increased and how often will high-touch surfaces be disinfected? Are students and staff who feel sick required to stay at home? What is the plan if someone at the school tests positive for COVID-19? How are you monitoring changes in community spread? What are you doing about sports and other activities?

Listen to your child's concerns

As a parent, you play an incredibly important role as not only a trusted source of information, but also as a confidante. It's important your child feels comfortable expressing any concerns or anxiety he or she may have about returning to school during the pandemic, so try to be as available and prepared as possible. Being vulnerable is hard, though, so you may need to be the one to initiate the conversation if the topic doesn't come up on its own. Whether your child is concerned about having to wear a mask all day or what might happen if there's a confirmed case at school, make sure you're listening intently, empathizing often and helping your child cope with his or her feelings in a reassuring manner.

Schedule an annual wellness exam

The COVID-19 pandemic has changed the way we do a lot of things — but it hasn't changed the importance of checking in on your child's overall health and wellness. A **healthy immune system** starts with a healthy kid, meaning checkups with your **family doctor** may be more important than ever right now. Nervous about being in a doctor's office during the pandemic?

Let your parental instincts guide you

There are tons of terrifying "firsts" you've been preparing for since you became a parent. But no parent was prepared for the anxiety and stress of sending his or her child to school during a pandemic. In a time when almost any activity outside your home comes with a risk, don't be afraid to rely on your parental instinct as your guide. With many schools offering the option of online learning, you may decide to keep your kids in 100% online classes this school year or semester. Or, knowing how important classroom learning and socialization are for your child, you may decide that you've done your homework when it comes to safely sending your child back to school. No matter what you choose, your parental instinct will help you feel confident that you've made the right decision for your child and your family.

September Kingdom Schedule

September Scriptures

9/6 Psalm 27:1-4
 9/13 Psalm 119:73-74
 9/20 Colossians 4:2-6
 9/27 Psalm 139:11-14

Welcome Schedule

9/6 Sis. Wendy Johnson
 9/13 Kianna Hill
 9/20 Sis. Barbara Jones
 9/27 Sis. Dorothy Robinson

Door Opener

Bro. Ray Holmes

Worship Leaders Schedule

9/6 Elder Margaret S. Thomas
 9/13 Pastor K. D. Shivers
 9/20 Co-Pastor Edith Shivers
 9/27 Elder Sarah Hatton

Servant Leaders Schedule

9/6 Bro. James Green Sr.
 9/13 Sis. Sylvia Gundy
 9/20 Sis. Wendy Johnson
 9/27 Bro. Donald Watkins

Communion Bowls

Sis. Wendy Johnson
 Bro. Donald Watkins



NEW

New to Solomon's Temple?

First of all **WELCOME!**
 We are so pleased that you have come to visit our church. Whether you are just inquiring about our church, a new visitor, or simply want to see if Solomon's Temple is the right fit for you and your family, we are grateful to have you with us. We hope you will find your spiritual home here.

Here at Solomon's Temple, we offer many exciting ministries to assist in your daily walk. Solomon's Temple New Disciple Orientation sessions provide information about our church, what we offer and what to expect from your church family.

If you have any questions, please contact Elder Sarah Hatton, Elder Wayne Hatton or Sis. Phyllis Duck.

September 2020 CID Lessons

Teachers: Elder Margaret Shivers-Thomas, Elder Karen Lee
 Sis. Sylvia Gundy & Sis. Wendy Johnson

9/1/20 **No CID** | Biased Love | Genesis 37:2-11, 23-24A, 28
 9/8/20 **No CID** | Obedient Love | Genesis 41:25-33, 37-40, 50-52
 9/15/20 **No CID** | Victorious Love | Genesis 42:6-25
 9/22/20 Revealed Love | Genesis 45:1-8, 10-15
 9/29/20 Love that Intercedes | 1 Samuel 19:1-7



Explanation of the lesson can be found on our website www.solomonstemplechurch.net



Attention Solomon's Temple Disciples Mark Your Calendars

The 2020 Anniversary Banquet and Souvenir Booklet fundraiser are postponed until February 2021 due to current COVID 19 restrictions.

Newsletter Submissions

Do you know someone who is doing great things in the community, school, or church? Nominate him or her to be the Solomonite of the Month. This person can be a youth or an adult. Don't forget to recognize those celebrating an anniversary, graduation (from high school, college, or any other), promotions or special occasions. We also want to know about students who have made the honor roll. Let's not forget baby announcements, bible humor or recipes. If you have a story or idea that you would like to incorporate into the newsletter, forward the story to the church administrator at stsecretary1@gmail.com.

September Schedule of Events

Date	Time	Event
9/1/20		No CID session
9/2/20	6:00am	Intercessory Prayer
9/7/20	All Day	Happy Labor Day
9/8/20		No CID session
9/8/20		Back to School
9/9/20	6:00am	Intercessory Prayer
9/13/20	9:00am	Leading Lady Day
9/13/20	All Day	Happy Grandparents' Day
9/15/20		No CID session
9/16/20	6:00am	Intercessory Prayer
9/22/20	7:00pm	CID session – call the conference line to join in
9/23/20	6:00am	Intercessory Prayer
9/29/20	7:00pm	CID session – call the conference line to join in
9/30/20	6:00am	Intercessory Prayer

Bereavement Ministry

The purpose of the Bereavement Ministry is to provide comfort and support to disciples of Solomon's Temple during time of loss of a loved one, and to show love to our disciples and assure them that they are not alone during this difficult time in their lives. We have "Spiritual Support Care Teams" available to assist you.

September "Spiritual Support Care Team"

Sis. Lucy Watkins & Co-Pastor Edith Shivers

He gives us **comfort** in all our troubles. Then we can **comfort** other people who have the same troubles.

We give the same kind of **comfort God** gives us." **2 Corinthians 1:4**

Solomon's Temple Outreach Ministry Is In Full Effect!

Please let us know if anyone is in the hospital, in-outpatient surgeries and death in the family or any other life changing event (medical or death). We have "Care Teams" for each month that is willing and ready to contact you. We love our church family and we believe love is not what it says – it's what it does.

September Care Team

Sis. Shenille Davis, Sis. Dorothy Robinson and Sis. Joyce Greene

Attention Solomon's Temple Disciples

Just a reminder that you can give financially in support of the ministry in the following ways:

Our Church website www.solomonstemplechurch.net accepts **Checks** and **Credit Cards**

Cash App \$STCHURCH00

Bring your offering to the chapel

We want you to know that we love you and appreciate all that you do. God bless you all.

Pastor & Co-Pastor Shivers (Pastor Shivers' cash app: \$FUNERALS1; Co-Pastor Shivers' cash app: \$ESFIRSTLADY)

September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1. No CID session Happy Anniversary Willie & Florence Turner	2. 6:00am Intercessory Prayer Hope Parker	3.	4.	5. Sarah Gatewood Nikia Robertson
6. Phyllis Wiggins	7. Happy Labor Day 	8. No CID session Back to School	9. 6:00am Intercessory Prayer Melachi Goodman	10. Ruby Clarke Shirley Haskins	11.	12.
13. Leading Lady Day Grandparents' Day Co-Pastor Edith Shivers	14.	15. No CID session Willie Turner Sr.	16. 6:00am Intercessory Prayer Happy Anniversary Wayne & Sarah Hatton	17.	18. Katrina Suiter Nathan Williams	19. Happy Anniversary Alonzo & Shaquita Taylor Ray Holmes Alonzo Taylor Jr.
20. Karen Lee	21.	22. 7:00pm CID session First Day of Fall	23. 6:00am Intercessory Prayer Marcus Gundy	24. Bryce Williams	25.	26.
27. Margaret S. Thomas	28.	29. 7:00pm CID session	30. 6:00am Intercessory Prayer Tara Clarke			

Verse of the Month

Let him have all your worries and cares, for he is always thinking about you and watching everything that concerns you. 1 Peter 5:7 (The Living Bible)

Birthdays for the Month of September

Happy Birthday

Hope Parker	September 2 nd
Sarah Gatewood	September 5 th
Nikia Robertson	September 5 th
Phyllis Wiggins	September 6 th
Melachi Goodman	September 9 th
Ruby Clarke	September 10 th
Shirley Haskins	September 10 th
Co-Pastor Edith Shivers	September 13 th
Willie Turner Sr.	September 15 th
Katrina Suiter	September 18 th
Nathan Smith	September 18 th
Ray Holmes	September 19 th
Alonzo Taylor Jr.	September 19 th
Karen Lee	September 20 th
Marcus Gundy	September 23 rd
Bryce Williams	September 24 th
Margaret Shivers-Thomas	September 27 th
Tara Clarke	September 30 th



Prayer List

7



Pastor K. D. Shivers
 Co-Pastor E. R. Shivers
 Sis. Vernell Brown
 Sis. Mary Diggs
 Sis. Lonnie Batten
 Sis. Connie Payne
 Sis. Marion Smith
 Sis. Ruby Clarke
 Sis. Florence Turner
 Sis. Sheila Gatewood
 Sis. Mary Cornick
 Bro. Carl Duck
 Sis. Phyllis Duck
 Bro. Stanley Robinson
 Sis. Dorothy Robinson
 Bro. Charles Turner
 Bro. Isaiah Haskins
 Sis. Shirley Haskins
 Bereaved Families



Anniversaries for the month of September

Happy Anniversary



Willie & Florence Turner
 September 1st

Wayne & Sarah Hatton
 September 16th

Alonzo & Shaquita Taylor
 September 19th



An anniversary is a time to celebrate the joys of today, the memories of yesterday and the hopes of tomorrow.

He has made everything beautiful in its time
 Ecclesiastes 3:11 (ESV)

October 2020 Welcome Schedule

10/4/20	Min. Cynthia Edwards
10/11/20	Kameron Robertson
10/18/20	Sis. Desiree Brown
10/25/20	Sis. Shirley Haskins



“No work is insignificant. All labor that uplifts humanity has dignity and importance and should be undertaken with painstaking excellence.” *Martin Luther King Jr.*



Trust Jesus on Life's Path by Susanna Foth Aughtmon
 By trusting in Him, overcoming obstacles and navigating paths becomes clear.

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” Jeremiah 29:11 (NIV).

I love getting myself organized. I find a great deal of satisfaction in writing out to-do lists and checking off items one by one. I enjoy buying a new giant desk calendar for our fridge so that we can chart out the days and weeks ahead. At the beginning of every school year, I enter the dates of events on our shared online calendar so that my husband, Scott, and I can be in sync with each other and see what the kids have going on. I like knowing what is coming up next. But no matter how organized I am, things always come up that shift those days on the calendar. I organized things based on my understanding, but my understanding is limited. That's true for everyone. Only Jesus can map out our life. He is all-knowing. He is the true organizer. We want to write out our lives with permanent ink. He pries the pen out of our hands and draft a different agenda. Jesus wants us to trust Him with our path, our plans, and our dreams. He has the power to overcome obstacles and the grace to navigate trials, but we have to put the pen in His hands. He is in the business of making our paths straight. He adjusts our lives with His mercy and an eye on eternity with Him. He will chart a different course for us to be sure. But when we invite Him into the details of our lives, we know we can trust Him because of His overwhelming love for us.

Faith Step: *Look at your calendar. What have you written in permanent ink? Where do you need to trust Jesus? Invite Him into the details of your life and ask Him to make your path straight.*

UPCOMING EVENTS

OCTOBER 2020

October 18th Pastor & Church Anniversary

NOVEMBER 2020

November 1st Pastor Shivers preach at Shiloh Baptist Church

November 3rd Election Day

November 22nd – 24th Fall Harvest Revival

November 26th Thanksgiving Day

November 29th First Sunday of Advent

DECEMBER 2020

December 6th 2021 Accept/Decline Forms Due

December 7th Solomon's Council will meet

December 14th Solomon's Council will meet

December 24th Christmas Eve

December 25th Christmas Day

December 31st New Year's Eve/service



National Cholesterol Education Month

More than 102 million American Adults (20 years or older) have total cholesterol levels at or above 200 mg/dL, which is above healthy levels. More than 35 million of these people have levels of 240 mg/dL or higher, which puts them at high risk for heart disease.

Cholesterol is a waxy, fat-like substance found in your body and many foods. Your body needs cholesterol to function normally and makes all that you need. Too much cholesterol can build up in your arteries. After a while, these deposits narrow your arteries, putting you at risk for heart disease and stroke.

High cholesterol usually doesn't have any symptoms. As a result, many people do not know that their cholesterol levels are too high. However, doctors can do a simple blood test to check your cholesterol. High cholesterol can be controlled through lifestyle changes or if it is not enough, through medications.

It's important to check your cholesterol levels. High cholesterol is a major risk factor for heart disease, the leading cause of death in the United States.

The National Cholesterol Education Program (NCEP) External recommends that adults aged 20 years or older have their cholesterol checked every 5 years. Preventive guidelines for cholesterol screening among young adults differ, but experts agree on the need to screen young adults who have other risk factors for coronary heart disease: obesity, smoking, high blood pressure, diabetes, and family history.

A simple blood test called a lipoprotein profile can measure your total cholesterol levels, including LDL (low-density lipoprotein, or "bad" cholesterol), HDL (high-density lipoprotein, or "good" cholesterol), and triglycerides.

Yes. High cholesterol can develop in early childhood and adolescence, and your risk increases as your weight increases. In the United States, more than one-fifth (20%) of youth aged 12–19 years have at least one abnormal lipid level. It is important for children over 2 years of age to have their cholesterol checked, if they are overweight/obese, have a family history of high cholesterol, a family history of heart disease, diabetes, high blood pressure, or certain chronic condition (chronic kidney disease, chronic inflammatory diseases, congenital heart disease, and childhood cancer survivorship).

Your doctor may prescribe medications to treat your high cholesterol. In addition, you can lower your cholesterol levels through lifestyle changes: Low-fat and high-fiber food (Eat more fresh fruits, fresh vegetables, and whole grains). For adults, getting at least 2 hours and 30 minutes of moderate or 1 hour and 15 minutes of vigorous physical activity a week. For those aged 6-17, getting 1 hour or more of physical activity each day. Maintain a healthy weight. Don't smoke or quit if you smoke.

Garden Stuffed Baked Potatoes Recipe

These are very flavorful and easy to make.
45 minutes to make. Serves 4

Ingredients

4 russet potatoes
2 tablespoons butter or margarine
1 small onion, chopped
1 (10-ounce) package frozen chopped broccoli, thawed, drained
1/2 cup ranch salad dressing
1 tablespoon vegetable oil
2 teaspoons dried parsley, optional
salt and pepper



How to make it

Preheat oven to 425°F.
Microwave pierced potatoes on HIGH for 12 minutes; bake for 15 minutes. Slice off potato tops. Scoop out pulp, keeping skins intact. Mash pulp in a medium bowl.
Heat a small skillet over medium heat; add butter. Add onion and sauté until tender, about 5 minutes. Add onion, broccoli, and salad dressing to potato pulp; mix well.
Brush outside of potato skin shells with oil.
Spoon potato mixture into shells, dividing evenly. Place on a baking sheet. Bake potatoes until heated through, about 15 minutes. Sprinkle with parsley; salt and pepper to taste.

-----VARIATION-----

Add 1 cup Cheddar cheese to the potato pulp mixture or top the stuffed potatoes with cheese before baking in step 5. Also good with salsa on top.

A Bit of Humor

My favorite thing to make for dinner, is reservations.

I read recipes the same way I read science fiction. I get to the end and think, "well that's not going to happen."

What do you call a fake noodle? An impasta.

What did the baby corn say to its mom? Where's my popcorn?

When potatoes have babies, what are they called? Tater tots.

What do you call cheese that is not yours? Nacho cheese.

Easy Chicken and Rice Soup

9

The perfect soup for a cold day or if you have a cold! It also makes a great weeknight meal.

PREP TIME: 10 minutes; COOK TIME: 25 minutes
TOTAL TIME: 35 minutes; SERVINGS: 4

Ingredients

1 tablespoon extra-virgin olive oil
1 medium yellow onion, chopped
2 garlic cloves, minced
2 medium carrots, chopped
2 celery ribs, cut into 1/2-inch-thick slices
4 fresh thyme sprigs
1 bay leaf
2 quarts chicken stock or broth, we use low sodium
1 cup of water
1 cup long grain white rice, uncooked
2 cups shredded cooked chicken, can use rotisserie chicken
Kosher salt and freshly ground black pepper, to taste



Instructions

Place a large pot over medium heat and add the olive oil. Add the onion, garlic, carrots, celery, thyme and bay leaf. Cook and stir for about 6 minutes, until the vegetables are softened but not browned.

Pour in the chicken broth and water and bring the liquid to a boil. Add in the rice and chicken; season with salt and pepper. Cook on medium-low until the rice is tender, about 25-30 minutes. Serve warm.

Recipe Notes: *Note-for the shredded chicken you can use rotisserie chicken or leftover chicken and shred it. To cook the chicken for the soup, bring a pot of water on the stove and add two chicken breast, that have been cut into large pieces. Boil the chicken until it is cooked all the way through and there is no pink left. This will take about 7 minutes or so. Drain the water and shred the chicken once it is cooled. I use 2 forks to shred the chicken. You can also use leftover turkey in this soup recipe. You can use wild rice or brown rice, it will just take a little longer to cook! If the soup gets too thick, add more chicken broth.

Congratulations

"Wishing you a lifetime of love and happiness"



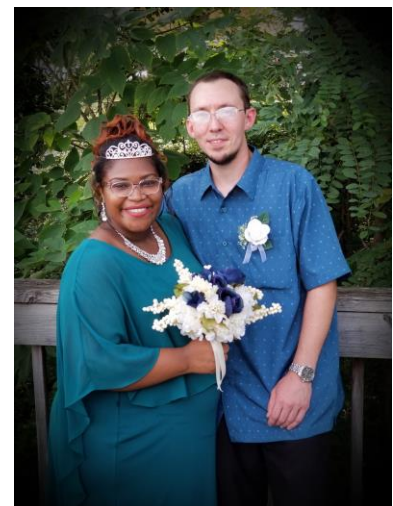
Mr. & Mrs. Kinston Shivers

Kinston and Samiyah were joined in holy matrimony on Friday, July 31, 2020



Mr. & Mrs. Neil Drewry

Neil and De'Ahzha were joined in holy matrimony on Saturday, August 22, 2020



True Love *Author unknown*

True love is a sacred flame
That burns eternally
And none can dim its special glow
Or change its destiny
True love speaks in tender tones
And hears with gentle ear
True love gives with open heart
And true love conquers fear
True love makes no harsh demands
It neither rules nor binds
And true love holds with gentle hands
The heart that it entwines