

Temple News

Monthly Newsletter for Solomon's Temple Church

www.solomonstemplechurch.net



May 2020

A Mother's Day Reflection on Unconditional Love by Holly Lebowitz Rossi

A 100-year-old letter beautifully captures the power of a profoundly loving relationship.

"Nothing you become will disappoint me; I have no preconception I'd like to see you be or do. I have no desire to foresee you, only to discover you. You can't disappoint me."

This stunning declaration of unconditional love was written by the philanthropist Mary Elizabeth Haskell to the Lebanese-American poet Kahlil Gibran in a 1912 letter. The two came to love each other romantically, but Haskell was also a patron of Gibran's art, funding his work for many years. So her statement that she had no expectations that he deliver a return on her investment is both profound and generous.

What better time than Mother's Day to think about this sort of deep and abiding love? After all, a mother's love is often described as unconditional—inherent, inborn, part of the fabric of what it means to be connected to a child. As anyone who's been either a mother or a child can attest, this often isn't as easy as it looks on the fronts of greeting cards.

But, as expressed by Haskell, it is a moving and meaningful goal for every mothering relationship—for that matter, for any relationship that asks us to nurture, encourage and support another person, and for the relationship each of us seeks to cultivate with ourselves.

As I consider Haskell's words, I realize that unconditional love asks us to do three things:

1) Let Go of Preconceptions

What would your relationships look like if you let go of all sentences that begin with, "You're supposed to...."? Chances are, you would feel freed to notice and accept the other person (or yourself) just the way they are, rather than chasing an externally-imposed definition of success or accomplishment.

2) Discover Another Person

Releasing expectations won't help us grow unless we also have an open curiosity toward the person we love (and, again, ourselves). Just as Haskell seeks to "discover" Gibran, so can we look closely at the person we love, supporting them by reveling in the distinctive things that make them....them.

3) Practice Positivity

Haskell's notion that Gibran can't "disappoint" her strikes me as more than a release from the hope or demand that he produce or achieve a certain artistic stature. To me, it positively reframes the entire notion of a supportive, loving relationship. If he falls short, struggles or questions himself, that won't disappoint her—it will enable her to continue to encourage his growth, self-confidence and creativity. Without condition.

How do you define unconditional love?



Happy Mother's Day to our Church Mothers

*Sis. Mary Diggs, Sis. Lonnie Batten,
Sis. Connie Payne and Sis. Vernell Brown*



Co-Pastor Edith R. Shivers



We give thanks to God for all of you, remembering you in our prayers, unceasingly calling to mind your work of faith and labor of love and endurance in hope of our Lord Jesus Christ. *1 Thessalonians 1:2-3*

A MOTHER'S DAY TRIBUTE

How Can I Thank You, Mom? Let Me Count the Ways by Rebecca Barlow Jordan

I thank you for the tender care you gave to me each day;
The times you rocked me in your arms, and sent bad dreams away.
I thank you for the times you picked me up from spills and falls,
For smiling with approval of my silly, childish scrawls.
I thank you for the times we spent vacationing through the years,
For always letting me collect my precious souvenirs.
I thank you for the band aids, and the permanents, and tears,
For laughter and sweet music, for respecting childish fears.
I thank you for the stories and the prayers shared at night,
And even for the discipline to turn my wrongs to right.
I thank you for not giving up on me in adolescence,
For showing me throughout my life, it's love that makes a difference.
I thank you for the memories of years that fled by,
Too fast, it seems, for now I reminisce and heave a sigh.
And yet there's more to thank you for; there really is no end.
For even now as I extend this special thanks to you,
I say without a single doubt, my greatest joy will be
To echo to my children all the love you've shown to me.

"Love...always trusts, always hopes, always perseveres. Love never fails." *1 Corinthians 13:7-8 NIV*



A mother is she who can take the place of all others but whose place no one else can take. *Cardinal Mermillod*

May Kingdom Schedule ³

May Scriptures

5/3 Matthew 5:13-16
5/10 Proverbs 31:25-29
5/17 2 Timothy 3:14-17
5/24 Galatians 5:6-10
5/31 1 Peter 3:13-16

Welcome Schedule

5/3 Sis. Phyllis Duck
5/10 Kori Smith
5/17 Sis. Linda Jordan
5/24 Sis. Wanda Clarke
5/31 Sis. Dana Cary

Door Opener

Bro. Earl Moton

Worship Leaders Schedule

5/3 Min. Cynthia Edwards
5/10 Sis. Lucy Watkins
5/17 Elder Sarah Hatton
5/24 Elder Edith Shivers
5/31 Elder Margaret S. Thomas

Servant Leaders Schedule

5/3 Sis. Wendy Johnson
5/10 Sis. Lucy Watkins
5/17 Sis. Shirley Haskins
5/24 Sis. Turekia White
5/31 Sis. Kathy Greene

Communion Bowls

Sis. Turekia White
Sis. Kathy Greene



NEW

New to Solomon's Temple?

First of all **WELCOME!**
We are so pleased that you have come to visit our church. Whether you are just inquiring about our church, a new visitor, or simply want to see if Solomon's Temple is the right fit for you and your family, we are grateful to have you among us. We hope you will find your spiritual home here.

Here at Solomon's Temple, we offer many exciting ministries to assist in your daily walk. Solomon's Temple holds New Disciple Orientation sessions that can provide information about our church, what we offer and what to expect from your church family.

If you have any questions, please contact Elder Sarah Hatton, Elder Wayne Hatton or Sis. Phyllis Duck.



May 2020 CID Lessons/Teaching Schedule

Co-Pastor Edith Shivers, Min. Cynthia Edwards
Sis. Lucy Watkins and Sis. Shirley Haskins



May 5th Min. Cynthia Edwards | Promising Peach | Zechariah 8:1-8, 11-17
May 12th CID Lesson: Practice Justice | Jeremiah 21:8-14
May 19th Sis. Lucy Watkins | Repent of Injustice | Jeremiah 22:1-10
May 26th CID Lesson: Pursue Love and Justice | Hosea 11:1, 2, 7-10 & 12:1, 2, 6-14

Explanation of the lesson can be found on our website solomonstemplechurch.net

Develop a passion for learning. If you do, you will never cease to grow. *Anthony J. D'Angelo*

Newsletter Submissions

Do you know someone who is doing great things in the community, school, or church? Nominate them to be the Solomonite of the Month. This person can be a youth or an adult. Don't forget to recognize those celebrating an anniversary, graduation (from high school, college, or any other), or special occasion. We also want to know about those who have made the honor roll. Let's not forget baby announcements, bible humor or recipes. If you have a story or idea that you would like to incorporate into the newsletter, forward the story to stsecretary1@gmail.com or leave the idea on the secretary's desk.

May Schedule of Events ⁴

Date	Time	Event
5/5/20	7:00pm	CID session
5/6/20	6:00am	Intercessory Prayer
5/10/20	All Day	Happy Mother's Day
5/12/20	7:00pm	CID session
5/13/20	6:00am	Intercessory Prayer
5/19/20	7:00pm	CID session
5/20/20	6:00am	Intercessory Prayer
5/25/20	All Day	Happy Memorial Day
5/26/20	7:00pm	CID session
5/27/20	6:00am	Intercessory Prayer

This Memorial Day—Remembering Fallen Heroes by Pablo Diaz

Beyond a day of picnics and barbecues, remember those in the military who fought and sacrificed for our freedoms.

It is important that we always remember the military men and woman who lost their lives defending our freedoms at home and abroad. At times, we may take for granted our freedom to vote, the right to practice a religion of choice and the right to express our ideas and opinions. But without the sacrifices these individuals made, these freedoms might not exist in America today. This Memorial Day weekend, as we enjoy the start of the summer season, barbecuing and gathering with friends and family, don't forget the true reason this holiday exists—for the many brave individuals who sacrificed their lives for our country's freedoms. Many observe this day by visiting cemeteries or memorials and participating in local parades. No matter how we go about this, pause to remember these fallen heroes. The wounds and hurts of war never go away. Family members and combat buddies will never forget those whose lives were taken while serving in the armed forces. *God, we remember and honor the men and women who died serving our country; please comfort their loved ones.*

QUARANTINE

by Pastor Eva Myles

Quiet Your Soul

Unite as One with God

Act with Godly Love

Read Your Bible

Activate Your Faith

Nourish Your Seed

Talk to the Lord

Intercede for Others

Nestle in the Presence of God

Elevate God in Worship



MEMORIAL DAY
REMEMBER AND HONOR

Monday, May 25, 2020

A Mother's Love --Author Unknown

There are times when only a mother's love can understand our tears. Can soothe our disappointments and calm all of our fears.

There are times when only a mother's love can share the joy we feel. When something we've dreamed about quite suddenly is real.

There are times when only a mother's faith can help us on life's way. And inspire in us the confidence we need from day to day.

For a mother's heart and a mother's faith and a mother's steadfast love. Were fashioned by the angels and sent from God above.

Verse of the Month

“Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God” *Philippians 4:6.*

May 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1. Happy Anniversary James & Wendy Green Sylvia Gundy	2. Castachia Turner Terry Rawls Charles Turner
3.	4.	5. 7:00pm CID session	6. 6:00am Intercessory Prayer Phyllis Duck	7.	8.	9.
10. Mother's Day	11.	12. 7:00pm CID session	13. 6:00am Intercessory Prayer	14. Happy Anniversary Robert & Dana Cary Grayland Robinson Dorothy Robinson	15.	16.
17.	18.	19. 7:00pm CID session	20. 6:00am Intercessory Prayer De'Ahzha Williams	21.	22.	23.
24.	25. Memorial Day	26. 7:00pm CID session	27. 6:00am Intercessory Prayer Stanley Robinson	28.	29.	30.
31.						

Greater love hath no man than this, that a man lay down his life for his friends.

John 15:13

May Birthdays *Happy Birthday*

Sylvia Gundy
Castachia Turner
Terry Rawls
Charles Turner
Phyllis Duck
Grayland Robinson
Dorothy Robinson
De'Ahzha Williams
Stanley Robinson



May 1st
May 2nd
May 2nd
May 2nd
May 6th
May 14th
May 14th
May 20th
May 27th

Prayer List

6



Pastor K. D. & Co-Pastor E. R. Shivers
Sis. Vernell Brown
Sis. Vernell Wrenn
Sis. Mary Diggs
Sis. Lonnie Batten
Sis. Connie Payne
Sis. Marion Smith
Sis. Ruby Clarke
Sis. Florence Turner
Sis. Sheila Gatewood
Sis. Mary Cornick
Bro. Carl & Sis. Phyllis Duck
Bro. Stanley & Sis. Dorothy Robinson
Bro. Charles Turner
Bro. Isaiah Haskins
Sis. Shirley Haskins
Bereaved Families



May Anniversary *Happy Anniversary*



May 1st
James & Wendy Green

May 14th
Robert & Dana Cary

An anniversary is a time to celebrate the joys of today, the memories of yesterday and the hopes of tomorrow.

Join us 1st and 3rd Sunday for

PRAISE
In the parking lot!



Thank you Sis. Jackie Ruffin for your service with the IOWC school system



Always be willing to lend a helping hand to others.

Solomon's Temple Outreach Ministry Is In Full Effect!

Please let us know if anyone is in the hospital, in-outpatient surgeries and death in the family or any other life changing event (medical or death). We have "**Care Teams**" for each month that is willing and ready to contact you. We love our church family and we believe love is not what it says – it's what it does.

May Care Team

Sis. Faye Thompson, Sis. Hope Parker & Sis. Tanisha White

Please let the church administrator know of any disciples' address or phone number change.

Bereavement Ministry

The purpose of the Bereavement Ministry is to provide comfort and support to disciples of Solomon's Temple during time of loss of a loved one, and to show love to our disciples and assure them that they are not alone during this difficult time in their lives. We have "Spiritual Support Care Teams" to help you in this.

May Bereavement Team

Bro. Donald Watkins & Sis. Kathy Greene

He give us **comfort** in all our troubles. Then we can **comfort** other people who have the same troubles. We give the same kind of **comfort** God gives us." **2 Corinthians 1:4**

Health Care Ministry

May is Mental Health Awareness Month

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood. Over the course of your life, if you experience mental health problems, your thinking, mood, and behavior could be affected. Many factors contribute to mental health problems, including: 1. *Biological factors, such as genes or brain chemistry* 2. *Life experiences, such as trauma or abuse* 3. *Family history of mental health problems*

Experiencing one or more of the following feelings or behaviors can be an early warning sign of a problem: 1. *Eating or sleeping too much or too little* 2. *Pulling away from people and usual activities* 3. *Having low or no energy* 4. *Feeling numb or like nothing matters* 5. *Having unexplained aches and pains* 6. *Feeling helpless or hopeless* 7. *Smoking, drinking, or using drugs more than usual* 8. *Feeling unusually confused, forgetful, on edge, angry, upset, worried, or scared* 9. *Yelling or fighting with family and friends* 10. *Experiencing severe mood swings that cause problems in relationships* 11. *Having persistent thoughts and memories you can't get out of your head* 12. *Hearing voices or believing things that are not true* 13. *Thinking of harming yourself or others* 14. *Inability to perform daily tasks like taking care of your kids or getting to work or school*

Ways to maintain positive mental health include: 1. *Getting professional help if you need it* 2. *Connecting with others* 3. *Staying positive* 4. *Getting physically active* 5. *Helping others* 6. *Getting enough sleep* 7. *Developing coping skills*

Recovery from mental disorders and/or substance abuse disorders is a process of change through which individuals: 1. Improve their health and wellness 2. Live a self-directed life 3. Strive to achieve their full potential

Four major dimensions support a life in recovery: 1. **Health:** *Make informed, healthy choices that support physical and emotional well-being* 2. **Home:** *Have a stable and safe place to live* 3. **Purpose:** *Engage in meaningful daily activities, such as a job or school, volunteering, caring for your family, or being creative. Work for independence, income, and resources to participate in society* 4. **Community:** *Build relationships and social networks that provide support.*

If you are struggling with a mental health problem, you may want to develop a written recovery plan. Recovery plans: 1. *Enable you to identify goals for achieving wellness* 2. *Specify what you can do to reach those goals* 3. *Include daily activities as well as longer term goals* 4. *Track any changes in your mental health problem* 5. *Identify triggers or other stressful events that can make you feel worse, and help you learn how to manage them* 6. *Get information about Partners for Recovery, which provides technical resources to those who deliver services for mental health and substance abuse conditions.*

June 2020 Welcome Schedule

June 7th
June 14th
June 21st
June 28th



Bro. Donald Watkins
Javion Pierce
Bro. Melvin Turner Sr.
Bro. Kevin Shepherd Jr.

UPCOMING EVENTS

7

JULY

July 12th

Co-Pastor Shivers preach at East End Baptist Church, Suffolk, VA

July 19th

Co-Pastor Shivers' consecration service

AUGUST

August 13th

Pastor Shivers preach at Emmanuel Baptist Church for Revival service

August 20th

Pastor Shivers preach at Healing Chapel Baptist Church for Revival service

August 30th

Family & Friends Fitness Sunday

SEPTEMBER

September 13th

Leading Lady Day

September 23rd

Pastor Shivers preach at Higher Calling Ministry for Revival service

September 29th

Pastor Shivers preach at New Bethany Christian Church for Revival service

OCTOBER

October 3rd

Usher Ministry trip to Cowtown & Dover

October 18th

Pastor & Church Anniversary

October 18th

Anniversary Banquet

NOVEMBER

November 1st

Pastor Shivers preach at Shiloh Baptist Church, Windsor – Anniversary service

November 22nd – 24th

Fall Harvest Revival

November 25th

Annual Community Thanksgiving service

November 26th

Thanksgiving Day

November 29th

Family & Friends Fitness Sunday

November 29th

First Sunday of Advent

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. (Isaiah 41:10)