

2 Minutes Can Change Your Life! by Dr. Norman Vincent Peale Fill your mind with Jesus every day and your whole day will be different.

Thoughts are important. Maybe the most important thing of all, for they lead to actions and, ultimately, consequences. So if you want to have a faith-filled, successful life, begin with what you think about.

The Bible tells us that as a man "thinks in his heart, so is he" (Proverbs 23:7). God knows all about what's on your mind; nothing is hidden from Him. "The LORD searches all hearts and understands all the intent of the thoughts" (1 Chronicles 28:9). "The LORD knows the thoughts of man" (Psalm 94:11).

So what should you think about, fill your mind with? The answer is simple: Jesus. He understands you. He is aware that in all people good and evil are always at war. He knows that even in wanting the good we are still attracted to the bad. He is perfectly aware of the struggle incessantly taking place in that unseen battlefield, the human mind.

The great first thing to keep saying to yourself is, "Jesus loves me." Remember that old hymn of childhood, "Jesus loves me, this I know. For the Bible tells me so." That old song tells the truth. How much does Jesus love us? "He laid down his life for us" (1 John 3:16).

When doubts and indecisions pile up, and you think you cannot ever become the kind of person you want to be, with the kind of faith you want to have, remember that Jesus will see you through, for He loves you. He promised, "Never will I leave you; never will I forsake you" (Hebrews 13:5).

Many years ago, a great Christian scholar by the name of Henry Drummond suggested that if you think of Jesus even for two minutes every day, the whole day will be different. So sit down, close your eyes and for two minutes think of nothing else, only Jesus.

It really is futile to fill your mind with worries and selfish ambitions, to dwell on your weaknesses and doubts. Jesus is the one who will bring you joy and contentment and, ultimately, salvation. He tells us, "I am the way, the truth, and the life: no one comes unto the Father, but by me" (John 14:6).

So keep Jesus in your thoughts. Try to hear His voice spiritually and touch His hand. Read Jesus' words in the Bible and visualize yourself right there, sitting at His feet, soaking up everything He says. Keep following after Him and unshakable faith will come.

Mark Your Calendars

Feb. 2nd
Men's Ministry Pre-Super Bowl
Service

Feb. 3rd 2019 Ministry Agendas due

Feb. 10th
Temple Nation

Feb. 10thWear red for American Heart
Month

Feb. 10th Reach Out to Bring In

Feb. 14th Valentine's Day

Feb. 17th Reach Out to Bring In

Feb. 24th Dress in African attire

Feb. 24th Reach Out to Bring In

Happy Valentine's Day to our Church Mothers

And now abideth faith, hope, charity, these three; but the greatest of these is charity. (1 Corinthians 13:13)



Youth Empowered to Achieve



Congratulations to Servant Leader Sis. Wendy Johnson 2 Sis. Johnson was consecrated as Servant Leader on Sunday, January 20, 2019. To God be the Glory!





Solomon's Temple February 2019 Christian Outreach

Pastor K. D. & Leading Lady E. R. Shivers

Showing Love by Reaching Out to Bring In

Sunday, February 10, 2019 at 9:00am

Solomon's Temple Ministry will honor individuals who have been physically affected and survived a heart condition in observance of American Heart Month!

Sunday, February 17, 2019 at 9:00am

Solomon's Temple Ministry will bless individuals who have been affected by the government shutdown.

(Anyone who is in need, please contact one of the individuals listed below by Sunday, February 10th).

Sunday, February 24, 2019 at 9:00am

Solomon's Temple Ministry will honor black owned businesses. (Any business owner who will be attending the service, please contact one of the individuals listed below by Sunday, February 17th).

Contact Persons:

Sis. Alice Day @ 757-329-4300 Sis. Kathy Greene @ 1-216-338-5445 Elder Margaret Shivers-Thomas @ 757-357-9500 or email stsecretary1@gmail.com

Solomon's Temple |15088 Mt. Holly Creek Lane | Smithfield, VA 23430| 757-357-9500 | email: stsecretary1@gmail.com

Rev. Dr. K. D. Shivers, Pastor | Elder E. R. Shivers, Leading Lady

A new command I give you: Love one another. As I have loved you, so you must love one another. John 13:34

February Kingdom Schedule



February Scriptures

2/3 1 Corinthians 13:4-7 2/10 Matthew 22:36-40

2/17 John 15:8-13

2/24 Jeremiah 31:3-6



Welcome Schedule

2/3 Elder Karen Lee 2/10 Shermyiah Wells

2/17 Sis. Frances Wells-Robertson

2/24 Sis. Alice Day

Door Opener

Bro. Earl Moton



Worship Leaders Schedule

2/3 Elder Wayne Hatton2/10 Sis. Lucy Watkins

2/17 Elder Margaret Shivers-Thomas

2/24 Min. Bertram Blackwell

Servant Leaders Schedule

2/3 Sis. Kathy Greene
2/10 Sis. Lucy Watkins
2/17 Bro. Donald Watkins
2/24 Bro. James Green Sr.

Communion Bowls

Sis. Wendy Johnson Bro. Donald Watkins



February 2019 Adult & Youth CID Teaching Schedule

Educational Partners for the month are: Elder Wayne Hatton, Min. Bertram Blackwell, Bro. James Green Sr. and Bro. Donald Watkins

2/5/19 Elder Wayne Hatton | Our Loving God | Psalm 48:1-3, 9-14

Youth Teachers: Asher Tribe

2/12/19 Bro. Donald Watkins | Our Mighty God | Psalm 66:1-9, 16-20

Youth Teachers: Bridge Ministry

2/19/19 Min. Bertram Blackwell | Our Rescuing God | Psalm 91:1-8, 11-16

Youth Teachers: Asher Tribe

2/26/19 Bro. James Green Sr. | Called to Serve | Luke 14:7-14

Youth Teachers: Bridge Ministry



Explanation of the lesson can be found on our website. solomons templechurch.net

March Welcome Schedule



 $Mar.\,3^{rd}\qquad Sis.\,Phyllis\,Duck$

Mar. 10th Jayla Gray

Mar. 17th Sis. Joyce Greene
Mar. 24th Bro. Terry Rawls
Mar. 31st Sis. Elaine Nichols



Join us for Intercessory Prayer on the conference line on Wednesday morning at 6:00am. Every 1st Wednesday of the month prayer will be at 6:00am and 6:00pm.

NEW

<u>New to</u> <u>Solomon's Temple?</u>

First of all **WELCOME!** We are so pleased that you have come to visit our church. Whether you are just inquiring about our church, a new visitor, or simply want to see if Solomon's Temple is the right fit for you and your family, we are grateful to have you among us. We hope you will find your spiritual home here. Here at Solomon's Temple, we offer many exciting ministries to assist in your daily walk.

Solomon's Temple holds New Disciple Orientation sessions that can provide information about our church, what we offer and what to expect from your church family. If you have any questions, please contact Elder Sarah Hatton, Elder Wayne Hatton. or Sis. Phyllis Duck.



Newsletter Submissions

Do you know someone who is doing great things in the community, school, or church? Nominate them to be the Solomonite of the Month. This person can be a youth or an adult. Don't forget to recognize those celebrating an anniversary, graduation (from high school, college, or any other), or special occasion. We also want to know about those who have made the honor roll. Let's not forget baby announcements, bible humor or recipes. If you have a story or idea that you would like to incorporate into the newsletter, forward the story to steeretary1@gmail.com or leave the idea on the secretary's desk.



DATE	TIME	EVENT		
2/2/19	4:00pm	Men's Ministry Pre-Super Bowl service		
2/3/19		2019 Ministry Agendas due – please place in tray on table in fellowship hall		
2/3/19	After service	Benjamin Tribe & Outreach Ministry will meet		
2/5/19	6:30pm/7:15pm	CID session/Bible Study		
2/6/19	6:00am & 6:00pm	Intercessory Prayer on the conference line		
2/7/19	7:00pm	Sons of Solomon rehearsal		
2/10/19	During service	Youth Ministry "Temple Nation"		
2/10/19		Disciples asked to wear red in support of American Heart Month		
2/10/19		Reaching Out to Bring In – those who survived a heart condition		
2/10/19	After service	Intercessory Prayer Ministry will go to the Smithfield Station for brunch		
2/12/19	6:30pm/7:15pm	CID session/Bible Study		
2/13/19	6:00am	Intercessory Prayer on the conference line		
2/14/19	All Day	Happy Valentine's Day		
2/16/19	TBD	Young Adult Praise Team rehearsal & Youth Choir rehearsal		
2/17/19	During service	Reaching Out to Bring In – those affected by the government shutdown		
2/19/19	6:30pm/7:15pm	CID session/Bible Study		
2/20/19	6:00am	Intercessory Prayer on the conference line		
2/21/19	6:00pm/7:00pm	Praise Team rehearsal/Joyful Voices rehearsal		
2/24/19		Disciples are asked to dress in African attire		
2/24/19	During service	Reaching Out to Bring In – recognize/honor black business owners		
2/26/19	6:30pm/7:15pm	CID session/Bible Study		
2/27/19	6:00am	Intercessory Prayer on the conference line		
2/28/19	6:00pm/7:00pm	Praise Team rehearsal/Mass Choir rehearsal		





24. Disciples asked to dress in African attire Honor Black Business Owners	Happy Anniversary Corey & Tamara Brown Bless those affected by government shutdown	Temple Nation Wear red/honor those with a heart condition Intercessory disciples go to Smithfield Station Jai'Ciana Brock	3. 2019 Ministry Agendas due Benjamin tribe meet Outreach meeting Robert White		Sunday	WEST OF THE STORY
25.	18.	11.	Ą.		Monday	
26. 6:30pm CID session 7:15pm Bible Study Happy Anniversary Stanley & Dorothy Robinson	19. 6:30pm CID session 7:15pm Bible Study	12. 6:30pm CID session 7:15pm Bible Study Shaquita Taylor	5. 6:30pm CID session 7:15pm Bible Study Mary Diggs Barry Nichols James Green Sr.		Tuesday	3R
27. 6:00am Intercessory Prayer	20. 6:00am Intercessory Prayer	13. 6:00am Intercessory Prayer Jade Hunt	6. 6:00am and 6:00pm Intercessory Prayer		Wednesday	EBRUARY
28. 6:00pm Praise Team rehearsal 7:00pm Mass Choir rehearsal	21. 6:00pm Praise Team rehearsal 7:00pm Joyful Voices rehearsal Kaden Taylor	14. Happy Valentine Day Happy Anniversary Theodore & Sylvia Gundy	7. 7:00pm Sons of Solomon rehearsal Joydan Taylor		Thursday	
	22. Anthony Gray Jr.	15. Elaine Nichols	œ	1.	Friday	2019
	23. Zhaetwan Wells	16. Young Adult Praise Team rehearsal Youth Choir rehearsal Jackie Ruffin	9.	2. 4:00pm Men's Ministry Pre-Super Bowl service	Saturday	

2019 Theme: "ETA" – Empowered To Achieve
Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. But his delight is in the law of the LORD; and in his law doth he meditate day and night. And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper. (Psalm 1:1-3)

February Birthdays

Robert White Mary Diggs **Barry Nichols** James Green Sr. Joydan Taylor Jai'Ciana Brock Shaquita Taylor Jade Hunt **Elaine Nichols** Jackie Ruffin Kaden Taylor Anthony Gray Jr. Zhaetwan Wells





February 3rd February 5th February 5th February 5th February 7th February 10th February 12th February 13th February 15th February 16th February 21st February 23rd

February 22nd



February Anniversary Happy Anniversary



Theodore & Sylvia Gundy

Corey & Tamara Brown

Stanley & Dorothy Robinson



Feb. 14th

Feb. 17th

Feb. 26th

An anniversary is a time to celebrate the joys of today, the memories of yesterday and the hopes of tomorrow.



Sis. Vernell Brown Sis. Mary Diggs Sis. Lonnie Batten Sis. Connie Payne Sis. Vernell Wrenn Sis. Ruby Clarke Sis. Mary Cornick Sis. Florence Turner Sis. Sonjia Moore Sis. Tami Drew Bro. James Green Sr. Sis. Marion Smith Sis. Mattie Turner Bro. Carl Duck Sis. Angela Batten Sis. Lenore Williams





Valentine's Day Every Day

ClassroomJr.com

For a sweetheart or a friend; There's just no better way; To show how much you care for them; Then a gift on Valentine's Day. It doesn't have to be expensive; A simple card will do; As long as you put your heart into it; And show that it's really from you. Share love with family or with friends; Tell them in your own way; Let them know you really care; Make every day Valentine's Day.

Sis. Jackie & Min. Ernest Ruffin Bereaved Families



Solomon's Temple Outreach Ministry Is In Full Effect!



Please let us know if anyone is in the hospital, in-outpatient surgeries and death in the family or any other life changing event (medical or death). We have "Care Teams" for each month that is willing and ready to contact you. We love our church family and we believe love is not what it says – it's what it does.

Care Team for the Month

Sis. Hope Parker Sis. Darnelle Jefferson Sis. Wendy Green

Please let the church administrator know of any disciples' address or phone number change. Thank you.

Bereavement Ministry

Bereavement Ministry

The purpose of the Bereavement Ministry is to provide comfort and support to disciples of Solomon's Temple during time of loss of a loved one, and to show love to our disciples and assure them that they are not alone during this difficult time in their lives. We have "Spiritual Support Care Teams" to help you in this.

February Bereavement Team

Bro. Donald Watkins & Sis. Kathy Greene

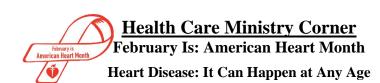
He give us *comfort* in all our troubles. Then we can *comfort* other people who have the same troubles. We give the same kind of *comfort God* gives us."

2 Corinthians 1:4

BLACK HISTORY MOMENT – DID YOU KNOW? RUBY BRIDGES – BRAVE STUDENT

Born in 1954, Ruby Bridges is known for being the first African-American student to attend an all white elementary school. At only 6 years-old, Ruby had to be escorted by marshals to school because her life was threatened because she was black. Eventually, white kids came to school and became friends with Ruby.

Solomon's Temple Remind Groups to Join



Heart disease doesn't happen just to older adults. It is happening to younger adults more and more often. This is partly because the conditions that lead to heart disease are happening at younger ages. February is Heart Month, the perfect time to learn about your risk for heart disease and the steps you need to take now to help your heart. Heart disease—and the conditions that lead to it—can happen at any age. High rates of obesity and high blood pressure among younger people (ages 35-64) are putting them at risk for heart disease earlier in life. Half of all Americans have at least one of the top three risk factors for heart disease (high blood pressure, high cholesterol, and smoking). Other conditions and behaviors that affect your risk for heart disease include: obesity, diabetes, physical inactivity, and unhealthy eating patterns.

4 Ways to Take Control of Your Heart Health

You're in the driver's seat when it comes to your heart. Learn how to be heart healthy at any age. Four ways to control your heart health: don't smoke, manage conditions (high blood pressure and high cholesterol), make heart-healthy eating changes (eat food low in trans-fat, saturated fat, added sugar and sodium), and stay active.



Our Five New Year's Resolutions

It's easy to overlook the small responsibilities as a vehicle owner, so we've compiled our top five resolutions below to ensure you've got the information you need to keep your car in top shape throughout the next year. After all, owning a car should be fun, not a hassle.

- Resolve to schedule two checkups this year
- Resolve to keep your car clean
- Resolve to check on your tires and wheels
- Resolve to keep up with fluid changes
- Resolve to address minor problems early

Contact Info: Smithfield Fast Lube | 18477 Canteberry Lane | Smithfield, VA 23430| 757-357-7755

To join each group, text code to the number 81010. Follow any prompts.

Group	Code to Join	Group	Code to Join	
ALL Solomon's Temple Disciples	@solomontmp	Joyful Voices	@stjoyful	
Women's Ministry	@stwom	Bridge Ministry	@stbridge	
Men's Ministry	@16stmen	Trustees & Finance	@stfin	
Mass Choir	@stmass	Building Committee	@stbuildcom	
Praise Team	@stpraise			

Black History Month: Inspiring Black Americans

February is dedicated as Black History Month, honoring the triumphs and struggles of African Americans throughout U.S. history, including the civil rights movement and their artistic, cultural and political achievements.



Author Alex Haley (1921-1992) was best known for works depicting the struggles of African Americans. Raised in Henning, Tennessee, he began writing to help pass the time during his two decades with the U.S. Coast Guard. After conducting interviews with Malcolm X for Playboy magazine, he turned the material into his first book, "The Autobiography of Malcolm X" (1965). Haley's subsequent novel, "Roots" (1976), was a fictionalized account of his own family's history, traced through seven generations. It was adapted into a 1977 miniseries that became the most-watched broadcast in TV history, a record it would hold for years.



Trailblazing athlete **Althea Gibson** became the first great African-American player in women's tennis. Raised primarily in Harlem section of New York City, she won a string of American Tennis Association titles on the African-American circuit. After being allowed entry to the major tournaments, she became the first black player to win Wimbledon and the French and U.S. Open titles. Gibson turned professional in 1959, and made more history by becoming the first African-American competitor on the women's progolf tour in the 1960s. She was inducted into the International Tennis Hall of Fame in 1971, and later served as Commissioner of Athletics for the state of New Jersey.



Educator and activist **Angela Davis** (1944-) became known for her involvement in a politically charged murder case in the early 1970s. Influenced by her segregated upbringing in Birmingham, Alabama, Davis joined the Black Panthers and an all-black branch of the Communist Party as a young woman. She became a professor at UCLA, but fell out of favor with the administration due to her ties. Davis was charged with aiding the botched escape attempt of imprisoned black radical George Jackson, and served roughly 18 months in jail before her acquittal in 1972. After spending time traveling and lecturing, Davis returned to the classroom as a professor and authored several books.



Texas congresswoman **Barbara Jordan** (1936-1996) rose to the national stage from Houston's largely African-American Fifth Ward, becoming a public defender of the U.S. Constitution and a leading presence in Democratic Party politics for two decades. She was the first black woman elected to the Texas state senate and the first black Texan in Congress. As a member of the House Judiciary Committee, she gave the influential opening speech of Richard Nixon's 1974 impeachment hearings. She retired after three terms in Congress to become a professor and policy advocate.



Barack Hussein Obama II was born in Honolulu, Hawaii on August 4, 1961, Barack Obama went on to become President of the Harvard Law Review and a U.S. senator representing Illinois. In 2008, he was elected President of the United States, becoming the first African-American commander-in-chief. He served two terms as the 44th president of the United States; he won a second term in 2012. Obama published an autobiography, *Dreams from My Father: A Story of Race and Inheritance*, in 1995. The work received high praise from literary figures such as Toni Morrison and has since been printed in more than 25 languages, including Chinese, Swedish and Hebrew. The book had a second printing in 2004 and was adapted for a children's version. The audiobook version of *Dreams*, narrated by Obama, received a Grammy Award for best spoken word album in 2006.

