

New Year's Message from our Pastor & Leading Lady 2019 Theme: "ETA" – "Empowered To Achieve"

Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. But his delight is in the law of the LORD; and in his law doth he meditate day and night. And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper. (Psalm 1:1-3)

We greet you in the name of our Lord and Savior Jesus Christ,

The time has come once again for us to say, "*Happy New Year*." It seems like we were just celebrating the beginning of 2018, and now we're in this new year of 2019. As 2018 leaves, it takes away with it all our sorrows and worries. The year 2019 gives us the opportunity for a fresh new start and for pure happiness and prosperity. As we begin this 2019 year, our 19th year of service unto God; we should have been elevated in our faith, our knowledge, and our thinking based on our 2018 theme: "The Year of Elevation." Now watch God manifest His presence in our lives. We're almost there because we've reached the end of our old goals and are about to enter into a new season of opportunities, career, and benefits.

With all that being said, with prayerful consideration our **2019 Theme: "Empowered to Achieve" or "ETA.** Let's prepare for the next task because you're "EMPOWERED TO ACHIEVE!" What's your "ETA?" In other words, What are you empowered to achieve? Psalm 1:1-3 gives us ways that we are empowered to achieve: be mindful of your posture, "Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful" (v. 1); study/focus on the word, "But his delight is in the law of the LORD; and in his law doth he meditate day and night" (v. 2), and verse 3 says, "And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper." This is the place where you are grounded – your foundation will cause **PEDRODUCTION** at the right time (season), **ETERNAL HABITATION** (leaf will not wither), and **PROSPERITY**.

The message of the Kingdom of God is to transform lives from religious affiliation to a Power filled Christian attitude that proclaims love intentionally through what we learn and can mentally as well as spiritually articulate. We therefore call upon all Christians to pray for such a visitation of the sovereign Spirit of God that all His fruit may appear in all his people and that all his gifts may enrich the body of Christ. Then all of the Kingdom Citizens will become a fit instrument in His hands that the whole earth may hear his voice.

May this year be a milestone for everything you want to achieve. "Happy New Year" and we love you all.

How to Prepare Spiritually for the New Year by: Pablo Diaz

Asking God for guidance in the year ahead

How do you prepare for the New Year? Depending on our family traditions, culture and perspective, the answer to this question will vary from person to person.

As a child, my family spent New Year's Eve at church. Five minutes to midnight, our pastor would ask the congregation to make a circle and hold hands for prayer. This was a circle of love, unity and strength. The prayer was then followed by celebration as we offered one another God's blessings for the New Year.

Though I do not attend my home church on this holiday anymore, this childhood tradition has influenced my present-day preparation for the New Year. During the year's final week, I spend time reflecting on what I have accomplished thus far. I offer thanks for all that God has provided me with and ask for his guidance in my journey to come.

Not only do I show my gratitude, but I also repent. It is important that we turn to God for forgiveness for our wrongs. By releasing any regrets or unproductive thoughts, we are able to replenish our mind. And after I feel refreshed, I develop goals for the New Year. This process helps me to focus spiritually for the journey ahead.

While the years may go by quickly, the never fading presence of God lets us know that His goodness will always be with us. The <u>Scripture</u> teaches us, "For the Lord is good and his love endures forever; his faithfulness continues through all generations.

Lord, thank you for your faithfulness and for helping us through this past year. Guide and empower us to fulfill our purpose in the New Year.

New Year's Eve Service Skit "What's Your ETA?"



Verse of the Month

Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God is with thee whithersoever thou goest. (Joshua 1:9)

Youth Ministry Temple Nation
"Holly" Day "Son" Day and "Ugly Sweater" Day
December 9, 2018





5 Steps to Becoming a More Empowered You in the New Year 3 **Bv: Jen Groover**

Each year, people start off the New Year with a resolution that's probably similar to one made in previous years. And every January, there's a new commitment to making it *really* work *this* year. Here's the problem: People who make these "renewed" resolutions aren't really committed to changing who they are on the inside. So these resolutions -- whether it's getting in shape or growing a network or improving productivity -- become simply a test of willpower.

What needs to happen instead is a true change of perspective: Who you are, why you are here and what life really means to you. The truth is, once you decide to look at yourself in the mirror every day and commit to holding yourself accountable to be the "best you" you can be, then all of your goals and resolutions become more easily attainable. That's because the real change is happening from within. The self-sabotaging habits begin to diminish and confidence, self-esteem and self-worth increases.

In life we have control of one thing only -- our perspective. No matter what happens, you can train yourself to see the good or lesson in everything that is happening around you. This can make your feel empowered instead of powerless in many circumstances. As a serial entrepreneur, I've adopted these mantras in order to create a more positive perspective, both professionally and personally. By following them, you can take control of your life and get empowered to live the life you truly desire.

- "Someday is Today." Stop procrastinating and creating excuses for why you can't have what you want. Take control. Announce to yourself "someday is today" every day, to seize the day and eradicate an excuse mentality.
- "Have More Fear of Regret Than Failure." Remind yourself that the feeling of regret is so much worse than trying something (even if it doesn't work out) and living with no regrets. Realize fear is an illusion that holds you back. By doing so, you will set yourself free to live to your fullest potential.
- "I Only Have Good Days." Remember, the only thing in the world we have control over is our perspective. You can choose to adopt a consistently positive perspective and find the good in everything. Or you can be negative, and attract more negative things into your life. The mantra "I only have good days" reminds you to see the positive for a better outcome.
- "Opportunities Lie Within Every Obstacle." It can be tough to dig deep and find the positive, especially when confronted by challenges. But if you choose the positive, you will find the opportunity and nuggets of wisdom in every obstacle that presents itself in your life.
- "Live With Passion and Purpose." Stop asking "what should I be doing" and start understanding "who you want to be." What do you want your legacy to be? As you reflect, you will begin to understand your purpose. That will make it easier to live with more passion and stay further away from needless and draining distractions or drama. Identifying your purpose and living with passion is the most authentic way to be empowered all day, every day.

Keep these mantra's handy. Perhaps post them on a mirror or wall so that you will be reminded how to "mentally reset" when you fall into old patterns and perspectives that can sabotage your best efforts. Empower yourself to have a happier, more fulfilling, successful life. Then this year really can be THE year to achieve your goals and live the life you desire.

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Dervice of Evation

Sis. Wendy Johnson

Servant Leader in Training

January 20, 2019 | 2:00pm

Pastor K. D. Shivers

Solomon's Temple 15088 Mt. Holly Creek Lane Smithfield, Va. 23430

Solomon's Temple 2019 Officers List

LEVITES

Elder Edith Shivers - CP Elder Sarah Hatton - ACP

Elder Karen Lee

Elder Margaret Shivers-Thomas

Elder Wayne Hatton Min. Bertram Blackwell Min. Cynthia Edwards Min. Ernest Ruffin

SERVANT LEADERS

Donald Watkins - CP Lucy Watkins - ACP Sylvia Gundy - ACP **Phyllis Duck** Wendy Green James Green Sr. Turekia White **Shirley Haskins** Wendy Johnson (SIT) Kathy Greene (SIT)

ARMOUR-BEARER

Terry Rawls - CP Elder Karen Lee - ACP **Brandon Newsome** Rodney Murphy **Phyllis Duck Lavores White SECURITY**

Terry Rawls - Advisor Sheila Brown - CP Willie Turner Jr. - ACP

FINANCE SECRETARY

Elder Karen Lee Tamara Brown – Asst. Jackie Ruffin - Asst. FINANCE COMMITTEE

Jessica Smith Wanda Clarke Hope Parker Tanisha White Joyce Greene **Trustees**

TREASURER

Ray Holmes - CP

Theodore Gundy - ACP **CHURCH ADMINISTRATOR**

Elder Margaret S. Thomas

Donald Watkins - Asst.

EDUCATION MINISTRY

Elder Margaret S. Thomas - CP Elder Wayne Hatton – ACP Donald Watkins - ACP **BEREAVEMENT MINISTRY**

Elder Edith Shivers – Advisor Min. Bertram Blackwell - CP Donald Watkins - ACP Lucy Watkins - ACP

NEW DISCIPLES MINISTRY

Elder Sarah Hatton - CP Elder Wayne Hatton - ACP

Phyllis Duck - ACP TRUSTEE MINISTRY

Ray Holmes - CP Lena Holmes - ACP Earl Moton - ACP Theodore Gundy Linda Jordan

Frances Wells-Robertson

Marcus Smith **Barry Nichols** Cynthia Watson Willie Turner Jr. **Donald Wells** Florence Turner

Willie Turner Sr. - Emeritus PRAISE DANCE MINISTRY

Arieana Parker (CP - Adults/Youth) Kathy Greene - ACP

Shenille Davis – ACP (Adults) Destiny Shivers - ACP (Youth)

MEN'S MINISTRY

Elder Wayne Hatton – Advisor James Green Sr. - CP Min. Ernest Ruffin - ACP Donald Watkins - ACP Terry Rawls - ACP

WOMEN'S MINISTRY

Elder Edith Shivers - Advisor

Elder Karen Lee - CP Sheila Brown - ACP Latisha Shivers - ACP Elaine Nichols - ACP **YOUTH MINISTRY**

Wendy Green - CP James Green Sr. - ACP Donna Fenner - ACP Jayla Nichols - ACP Castachia Turner - ACP Taleigha Turner – ACP

COUPLES MINISTRY

Pastor & Elder Shivers – Advisors Ernest & Jackie Ruffin - CP Theodore & Sylvia Gundy - ACP Donald & Lucy Watkins - ACP

SINGLES MINISTRY

Min. Cynthia Edwards – CP Linda Jordan - ACP Lisa Thompson - ACP

HOSPITALITY MINISTRY

Shirley Haskins - CP Desiree Brown - ACP Lonnie Batten - ACP Joe Batten - ACP Donna Fenner - ACP

BRIDGE MINISTRY

Pastor Shivers – Advisor

Kinston Shivers - CP Kevin Shepherd Jr. - ACP Destiny Shivers - ACP Fave Thompson - ACP Latoya Diggs - ACP Shenille Davis - ACP Latisha Shivers – ACP Shakina Bond – ACP **HEALTHCARE MINISTRY**

Wendy Johnson - CP Mor'Netra Johnson - ACP Desiree Brown - ACP Phyllis Wiggins - ACP **OUTREACH MINISTRY**

- CP

Desiree Brown - ACP Turekia White - ACP

MEDIA MINISTRY

Stanley Robinson - CP Jessica Smith - ACP Kevin Shepherd Jr. - ACP Kenya Hargrove – ACP

GREETER MINISTRY

Elder Edith Shivers - Advisor Linda Jordan - CP

Min. Cvnthia Edwards - ACP

MUSIC MINISTRY

Min. Bertram Blackwell Min. of Music JUNE - Youth Day

Kinston Shivers - Asst. Jessica Smith - Directress (Youth, Mass, Joyful Voices) Elder Wayne Hatton – CP (men)

INTERCESSORY PRAYER MINISTRY Benjamin Tribe in charge

Pastor & Elder Shivers - Advisors Elder Margaret S. Thomas - CP Min. Cynthia Edwards - ACP

USHER MINISTRY

Ella Ford - CP Alice Day - ACP Barbara Jones - ACP

YOUTH USHERS

Hope Parker - CP Mattie Turner - ACP Darnelle Jefferson - ACP Arieana Parker – ACP

BUILDING COMMITTEE

Pastor Shivers

Min. Bertram Blackwell - CP Elder Edith Shivers Elder Wayne Hatton **Ray Holmes**

Lena Holmes Earl Moton **Barry Nichols**

BUILDING COMMITTEE (cont.)

Shagan Gatewood **Donald Watkins** Lucy Watkins **Trustees**

SOLOMON'S COUNCIL

Pastor Shivers

Elder Margaret S. Thomas – Admin.

Elder Karen Lee - Finance Theodore Gundy – Treasurer Elder Edith Shivers – Levite Donald Watkins - Servant Leader

Ray Holmes - Trustee

Min. Bertram Blackwell - Layperson

Turekia White – Layperson Kathy Greene – Layperson Elaine Nichols - Layperson

FEBRUARY – Valentine Celebration

Men's Ministry in charge **APRIL – Holy Week Revival** Levite Ministry in charge MAY - Women's Day

Women's Ministry in charge

MAY – Ministry Day

(All Ministries Celebration) Min. Bertram Blackwell - CP

Dana Cary - ACP Vernessa Black - ACP Elder Karen Lee – ACP

Youth Ministry in charge

JUNE – Men's Day

Men's Ministry in charge JULY – Family & Friends Day

SEPTEMBER – Leading Lady Day Women's Ministry in charge

OCTOBER – Pastor & Church

Anniversary

Elder Karen Lee - CP Levite Ministry in charge

NOVEMBER – Fall Harvest Revival

Cynthia Watson - CP Lena Holmes - ACP Theodore Gundy - ACP Jovce Greene - ACP

DECEMBER – Christmas Celebration

Youth & Bridge Ministries in charge

DECEMBER - New Year's Eve service

Assembly of Servants in charge

"Take a **leap of faith** & begin this wondrous new year, by **believing**.

~ Sarah Ban Breathnach

January - Educational Partners (Team A)

Elder Margaret Shivers-Thomas, Elder Karen Lee, Sis. Sylvia Gundy, Sis. Wendy Johnson

January I st	NO CID	Walk in Love	2 Thessalonians 3:1-5 & 2 John 4-11
January 8th	NO CID	Submit to God	James 4:1-10
January 15 th		Rejoice in all Circumstances	Philippians 1:12-21
January 22 nd		Imitate Christ	Philippians 2:1-11
January 29 th		Press on in Christ	Philippians 3:7-14

February Educational Partners (Team C)

Elder Wayne Hatton, Min. Bertram Blackwell, Bro. Mike Green, Bro. Donald Watkins

February 5 th	Our Loving God	Psalm 48:1-3, 9-14
February 12 th	Our Mighty God	Psalm 66:1-9, 16-20
February 19 th	Our Rescuing God	Psalm 91:1-8, 11-16
February 26th	Called to Serve	Luke 14·7-14

March Educational Partners (Team D)

Elder Sarah Hatton, Min. Ernest Ruffin, Sis. Wendy Green, Sis. Phyllis Duck

March 5 th	Called to Sacrifice	Mark 1:16-20 & Luke 14:25-33
March 12 th	Called to Return	Luke 15:11-24
March 19th	Called to Repent	Luke 19:1-10
March 26th	Called to Follow	Matthew 4:12-22

April Educational Partners (Team B)

Elder Edith Shivers, Min. Cynthia Edwards, Sis. Shirley Haskins, Sis. Lucy Watkins

April 2 nd		Called to Mission	Matthew 10:1-15
April 9 th		Called to Remember	Matthew 26:1-13
April 16 th	NO CID	Called to Believe the Resurrection	Matthew 28:1-15
April 23rd		Called to Make Disciples	Matthew 28:16-20 & Acts 1:6-8

April 25 Called to Make Disciples Matthew 26.10-20 & Acts 1.0

April 30th Called to Righteousness Romans 3:21-31

May Educational Partners (Team A)

Elder Margaret Shivers-Thomas, Elder Karen Lee, Sis. Sylvia Gundy, Sis. Wendy Johnson

May 7 th	Called to Life in the Spirit	Romans 8:1-14
May 14 th	Called to Mutual Acceptance	Romans 11:11-24
May 21 st	Called to be Transformed	Romans 12:1-8
May 28 th	Jesus Institutes the New Covenant	Mark 14:17-25

June Educational Partners (Team C)

Elder Wayne Hatton, Min. Bertram Blackwell, Bro. Mike Green, Bro. Donald Watkins

June 4 th		Jesus Seals the New Covenant	Mark 15:6-15, 25, 26, 33-39
June 11 th		The New Covenant's Sacrifice	Hebrews 9:11-22
June 18th	NO CID	Hearts United in Love	Colossians 2:1-15
June 25 th	NO CID	Right Attitudes	Matthew 5:1-12

Please let Elder Thomas know who is teaching which lesson from your team. Thank You.

Colossians 3:16

Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, songs from the Spirit, singing to God with gratitude in your hearts.



January Kingdom Schedule

January Scriptures

1/6 2 Timothy 3:16-17 1/13 Proverbs 3:5-6 1/20 Psalm 37:4-5 1/27 1 John 5:14-15

Welcome Schedule

1/6 Elder Sarah Hatton
1/13 Jasmine Parker
1/20 Sis. Stacy Turner
1/27 Sis. Lena Holmes

Door Opener

Bro. Earl Moton

Worship Leaders Schedule

1/6 Elder Edith Shivers
1/13 Sis. Sylvia Gundy
1/20 Elder Karen Lee
1/27 Min. Ernest Ruffin

Servant Leaders Schedule

1/6 Sis. Wendy Johnson
1/13 Sis. Sylvia Gundy
1/20 Sis. Wendy Green
1/27 Sis. Shirley Haskins

Communion Bowls

Sis. Turekia White Sis. Lucy Watkins



January 2019 Adult CID Teaching Schedule

Educational Partners for the month are: Elder Margaret Shivers-Thomas, Elder Karen Lee, Sis. Sylvia Gundy & Sis. Wendy Johnson

1/1/19 **NO CID** | Walk in Love | 2 Thessalonians 3:1-5 & 2 John 4-11

1/8/19 **NO CID** | Submit to God | James 4:1-10

1/15/19 Rejoice in all Circumstances | Philippians 1:12-21

Adult Teacher: Sis. Sylvia Gundy

1/22/19 Imitate Christ | Philippians 2:1-11

Adult Teacher: Elder Karen Lee

1/29/19 Press on in Christ | Philippians 3:7-14

Adult Teacher: Sis. Wendy Johnson



Youth CID Teaching Schedule

1/15/19 Elder Margaret Shivers-Thomas & Sis. Desiree Brown 1/22/19 Sis. Phyllis Duck & Sis. Kathy Greene

1/29/19 Sis. Phyllis Duck & Sis. Rathy Greene 1/29/19 Sis. Turekia White & Sis. Lucy Watkins

Explanation of the lesson can be found on our website. solomons templechurch.net

NEW

New to Solomon's Temple?

First of all **WELCOME!** We are so pleased that you have come to visit our church. Whether you are just inquiring about our church, a new visitor, or simply want to see if Solomon's Temple is the right fit for you and your family, we are grateful to have you among us. We hope you will find your spiritual home here. Here at Solomon's Temple, we offer many exciting ministries to assist in your daily walk.

Solomon's Temple holds New Disciple Orientation sessions that can provide information about our church, what we offer and what to expect from your church family.

If you have any questions, please contact Elder Sarah Hatton, Elder Wayne Hatton. or Sis. Phyllis Duck.

Newsletter Submissions

Do you know someone who is doing great things in the community, school, or church? Nominate them to be the Solomonite of the Month. This person can be a youth or an adult. Don't forget to recognize those celebrating an anniversary, graduation (from high school, college, or any other), or special occasion. We also want to know about those who have made the honor roll. Let's not forget baby announcements, bible humor or recipes. If you have a story or idea that you would like to incorporate into the newsletter, forward the story to **stsecretary1@gmail.com** or leave the idea on the secretary's desk.

January Schedule of Events



DATE	TIME	EVENT
1/1/19	All Day	Happy New Year
1/1/19		No CID session or Bible Study
1/3/19	6:00pm/7:00pm	Praise Team rehearsal/Mass Choir rehearsal
1/6/19	After service	Intercessory Prayer Ministry will meet
1/8/19		No CID session or Bible Study
1/10/19	7:00pm	Sons of Solomon rehearsal
1/12/19	10:00am	Education Ministry will meet with all Adult and Youth CID teachers
1/13/19	9:00am	Consecration of 2019 Officers
1/13/19	During service	Temple Nation
1/13/19	After service	Couples Ministry will meet
1/14/19	7:00pm	Advisory Council meeting
1/15/19	6:30pm/7:15pm	CID session/Bible Study
1/17/19	6:30pm	Youth Choir rehearsal
1/17/19	6:30pm	Men's Ministry and Women's Ministry meetings
1/20/19	2:00pm	Consecration service for Sis. Wendy Johnson as Servant Leader
1/21/19	All Day	Martin Luther King Jr. Day
1/22/19	6:30pm/7:15pm	CID session/Bible Study
1/24/19	6:00pm/7:00pm	Praise Team rehearsal/Joyful Voices rehearsal
1/28/19	6:30pm/7:30pm	Levite Ministry meeting/Assembly of Servants meeting
1/29/19	6:30pm/7:15pm	CID session/Bible Study
1/31/19	6:00pm/7:00pm	Praise Team rehearsal/Mass Choir rehearsal

Bereavement Ministry

The purpose of the Bereavement Ministry is to provide comfort and support to disciples of Solomon's Temple during time of loss of a loved one, and to show love to our disciples and assure them that they are not alone during this difficult time in their lives. We have "Spiritual Support Care Teams" to help you in this

Ianuary Bereavement Team

Minister Bertram Blackwell & Sis. Sylvia Gundy

He give us *comfort* in all our troubles. Then we can *comfort* other people who have the same troubles. We give the same kind of *comfort God* gives us." 2 Corinthians 1:4

<u>January – June Key Holders Schedule</u>

JanuaryBro. Earl MotonFebruaryBro. Kinston ShiversMarchBro. James Green Sr.AprilBro. Ray HolmesMayBro. Earl MotonJuneBro. Kinston Shivers

Choir Rehearsal Schedule for January 2019

Thursday before 1st Sunday

6:00pm Praise Team 7:00pm Mass Choir

Thursday before 3rd Sunday

6:30pm Youth Choir



Thursday before 2nd Sunday

7:00pm Sons of Solomon

Thursday before 4th Sunday

6:00pm Praise Team 7:00pm Joyful Voices

27. Seniah Cypress	20. 2:00pm Consecration service for Wendy Johnson	13. Consecration of 2019 Officers Temple Nation Couples Ministry will meet Jessica Smith	6. Intercessory Prayer Ministry will meet		Sunday
28. 6:30pm Levites meet 7:30pm AOS met	21. Ernest Ruffin Martin Luther King Jr. Holiday	14. 7:00pm Advisory Council meeting	7.		Monday
29. 6:30pm CID session 7:15pm Bible Study Aalani Brown	22. 6:30pm CID session 7:15pm Bible Study	15. 6:30pm CID session 7:15pm Bible Study Connie Payne	8. No CID/Bible Study Florence Turner	1. No CID/Bible Study Happy New Year	Tuesday
30. June Little	23.	16.	9. Vernell Brown	2.	Wednesday
31. 6:00pm Praise Team 7:00pm Mass Choir	24. 6:00[pm Praise Team 7:00pm Joyful Voices	17. 6:30pm Youth Choir rehearsal 6:30pm Men & Women meetings Tannara Brown	10. 7:00pm Sons of Solomon Joe Batten Donald Watkins Happy Anniversary Morse & Wendy Johnson	8. 6:00pm Praise Team 7:00pm Mass Choir Sharon Goodman	Thursday
	25.	18.	11.	4. Kenya Hargrove Christine Little	Friday
	26.	19.	12. 10:00am Education Ministry will meet	5. Corey Brown	Saturday

No matter where you are in life, inspire and empower the women and men around you. Success is never reached alone. And, wisdom and wealth are sweeter shared. ~ Mizzfit

ATTENTION ALL CONTACT PERSONS 2019 Ministry Agendas are due Sunday, February 6th. Please give your agendas to Elder Thomas on or before Feb. 6th. Thank You.

January Birthdays

Sharon Goodman Kenya Hargrove Christine Little Corey Brown Christopher Harper Florence Turner Vernell Brown

Joe Batten **Donald Watkins** Jessica Smith

Connie Payne Tamara Brown **Ernest Ruffin**

Seniah Cypress Aalani Brown

June Little



January 3rd January 4th

January 4th January 5th

January 7th

January 8th January 9th

January 10th

January 10th

January 13th January 15th

January 17th

January 21st

January 27th

January 29th

January 30th

Prayer List

Sis. Vernell Brown



Sis. Mary Diggs Sis. Lonnie Batten Sis. Connie Payne Sis. Vernell Wrenn Sis. Ruby Clarke Sis. Mary Cornick Sis. Florence Turner Sis. Sonjia Moore Sis. Tami Drew Bro. James Green Sr. Sis. Marion Smith Sis. Mattie Turner Mr. Carl Duck Sis. Angela Batten Sis. Lenore Williams Bereaved Families



January Anniversary Happy Anniversary



Morse & Wendy Johnson



An anniversary is a time to celebrate the joys of today, the memories of yesterday and the hopes of tomorrow.

Hebrews 13:16 – And do not forget to do good and to share with others, for with such sacrifices God is pleased. Solomon's Temple - A Christmas Blessing!



February Welcome Schedule

Feb. 3rd Elder Karen Lee Feb. 10th Shermviah Wells

Feb. 17th Frances Wells-Robertson

Feb. 24th Alice Day



As We Enter Into the New Year 2019

Dear Lord, please give me.....

A few friends who understand me and remain my friends; A work to do which has real value, without which the world would be the poorer; A mind unafraid to travel, even though the trail be not blazed; An understanding heart; A sense of humor; Time for quiet, silent meditation; A feeling of the presence of God; The patience to wait for the coming of these things, With the wisdom to recognize them when they come. Amen.

New Year..... William Arthur Ward Another fresh new year is here ... Another year to live! To banish worry, doubt, and fear, To love and laugh and give! This bright New Year is given me; To live each day with zest ... To daily grow and try to be; My highest and my best! I have the opportunity; Once more to right some wrongs, To pray for peace, to plant a tree, And sing more joyful songs!

To Start A New Year. Anonymous "A new year is unfolding—like a blossom with petals curled tightly concealing the beauty within. Lord, let this year be filled with the things that are truly good—with the comfort of warmth in our relationships, with the strength to help those who need our help and the humility and openness to accept help from others. As we make our resolutions for the year ahead, let us go forward with great hope that all things can be possible—with Your help and guidance."

January Is: Thyroid Awareness Month, National Glaucoma Awareness Month & Cervical Health Awareness Month

Thyroid Awareness

The thyroid is a small gland responsible for producing hormones that play a crucial role in many of the body's systems — from cells and tissues, to organs like the heart, brain, liver, and kidneys. Dysfunction occurs when the thyroid produces either too much or too little thyroid hormone. Either can disrupt healthy functioning of vital organs — leading to a wide range of symptoms. The good news? Once diagnosed and treated, it's entirely possible to live a normal, healthy life. **1. Take the thyroid neck check** Have a hand-held mirror and a glass of water handy. With the mirror in your hand, focus on the lower front area of your neck, above the collarbone, and below the voice box (larynx). This is where your thyroid gland is located. While focusing on this area, tip your head back, take a drink of water, and swallow. As you swallow, look at your neck. Check for any bulges or protrusions. (Don't confuse the Adam's apple with the thyroid gland.) If you do see any bulges, see your physician. You may have an enlarged thyroid gland or a thyroid nodule. **2. Encourage friends and family to get tested -** If a family member or a friend has mentioned feeling cold a lot of the time, having trouble sleeping, or difficulty swallowing, maybe it's time to suggest they ask their doctor about thyroid dysfunction. It's all too easy to dismiss "little" issues like dry skin as being insignificant, but testing could help them find treatment quicker.

National Glaucoma Awareness

Currently, more than 3 million people in the United States have glaucoma. The National Eye Institute projects this number will reach 4.2 million by 2030, a 58 percent increase. Glaucoma is called "the sneak thief of sight" since there are no symptoms and once vision is lost, it's permanent. As much as 40% of vision can be lost without a person noticing. Glaucoma is the leading cause of irreversible blindness. Moreover, among African American and Latino populations, glaucoma is more prevalent. Glaucoma is 6 to 8 times more common in African Americans than Caucasians. Over 3 million Americans, and over 60 million people worldwide, have glaucoma. Experts estimate that half of them don't know they have it. Combined with our aging population, we can see an epidemic of blindness looming if we don't raise awareness about the importance of regular eye examinations to preserve vision. The World Health Organization estimates that 4.5 million people worldwide are blind due to glaucoma.

Cervical Health Awareness

Cervical Health Awareness Month is a chance to raise awareness about how women can protect themselves from HPV (human papillomavirus) and cervical cancer. HPV is a very common infection that spreads through sexual activity, and it causes almost all cases of cervical cancer. About 79 million Americans currently have HPV. Many people with HPV don't know they are infected. And each year, more than 11,000 women in the United States get cervical cancer. The good news? The HPV vaccine (shots) can prevent HPV. Cervical cancer can often be prevented with regular screening tests and follow-up care. Cervical cancer screenings can help detect abnormal (changed) cells early, **before** they turn into cancer. Most deaths from cervical cancer could be prevented by regular screenings and follow-up care.

LET IT GO - By: Bishop T. D. Jakes

If you are holding on to something that doesn't belong to you and was never intended for your life, then you need to ...LET IT GO!! If you are holding on to past hurts and pains...LET IT GO!! If someone can't treat you right, love you back, and see your worth...LET IT GO!! If someone has angered you...LET IT GO!! If you are holding on to some thoughts of evil and revenge...LET IT GO!! If you are involved in a wrong relationship or addiction...LET IT GO!! If you are holding on to a job that no longer meets your needs or talents...LET IT GO!! If you have a bad attitude...LET IT GO!! If you keep judging others to make yourself feel better...LET IT GO!! If you're stuck in the past and God is trying to take you to a new level in Him...LET IT GO!! If you are struggling with the healing of a broken relationship...LET IT GO!! If you keep trying to help someone who won't even try to help themselves...LET IT GO!! If you're feeling depressed and stressed...LET IT GO!! If there is a particular situation that you are so used to handling yourself and God is saying "take your hands off of it," then you need to...LET IT GO!! Let the past be the past. Forget the former things. GOD is doing a new thing for 2019!! LET IT GO!! LET IT GO!! Embrace 2019 because you are - "EMPOWERED TO ACHIEVE"



January 21, 2019 Martin Luther King Jr. Day

Martin Luther King, Jr. (January 15, 1929 – April 4, 1968) was an American clergyman, activist, humanitarian, and prominent leader in the African-American Civil Rights Movement. He is best known for his role in the advancement of civil rights using nonviolent civil disobedience and his "I Have a Dream" speech. King has become a national icon in the history of modern American liberalism.

Quote from Dr. King

"Darkness cannot drive out darkness; only light can do that."