

# Temple News

Monthly Newsletter of  
Solomon's Temple Church

[www.solomonstemplechurch.net](http://www.solomonstemplechurch.net)

## April 2018

### Mary Magdalene: A Devoted Follower

Mary Magdalene was one of Jesus' most loyal followers and was the first to witness His resurrection. Her name, "Magdalen" comes from the town where she was born Magdala. While historically many have portrayed Mary Magdalene as a repentant prostitute, recently scholars dispute this belief. What is clear from the Bible is that Mary of Magdalene was healed by Jesus and became a devoted follower. She traveled with Jesus and the disciples and was there when Jesus was nailed to the cross and cried out, "My God, my God, why hast thou forsaken me?" She witnessed Jesus' death, burial and resurrection.

**Here is Mary Magdalene's story from the Bible:**

- **Mary Magdalene was delivered from seven demons** - And also some women who had been cured of evil spirits and diseases: Mary (called Magdalene) from whom seven demons had come out. (Luke 8:2, NIV)
- **Mary Magdalene financially supported Jesus' ministry** - Joanna the wife of Chuza, the manager of Herod's household; Susanna; and many others. These women were helping to support them out of their own means. (Luke 8:3, NIV)
- **Mary Magdalene witnessed the crucifixion and burial of Jesus** - Many women were there, watching from a distance. They had followed Jesus from Galilee to care for his needs. Among them were Mary Magdalene, Mary the mother of James and Joseph, and the mother of Zebedee's sons. (Matthew 27:55-56).  
Mary Magdalene and the other Mary were sitting there opposite the tomb. (Matthew 27:61, NIV)
- **Mary Magdalene went to the tomb and reported it empty** - Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance. 2 So she came running to Simon Peter and the other disciple, the one Jesus loved, and said, "They have taken the Lord out of the tomb, and we don't know where they have put him!" (John 20:1-2, NIV)
- **Mary Magdalene saw two angels in the tomb and spoke with them** - Now Mary stood outside the tomb crying. As she wept, she bent over to look into the tomb and saw two angels in white, seated where Jesus' body had been, one at the head and the other at the foot. They asked her, "Woman, why are you crying?" "They have taken my Lord away," she said, "and I don't know where they have put him." 14 At this, she turned around and saw Jesus standing there, but she did not realize that it was Jesus. (John 20:11-13, NIV)
- **Mary Magdalene was the first to see the risen Lord** - Jesus said to her, "Mary." She turned toward him and cried out in Aramaic, "Rabboni!" (which means "Teacher"). Jesus said, "Do not hold on to me, for I have not yet ascended to the Father. Go instead to my brothers and tell them, 'I am ascending to my Father and your Father, to my God and your God.'" Mary Magdalene went to the disciples with the news: "I have seen the Lord!" And she told them that he had said these things to her. (John 20:16-18, NIV)
- **She delivered a message to the disciples** - Then Jesus said to them, "Do not be afraid. Go and tell my brothers to go to Galilee; there they will see me." (Matthew 28:10, NIV)

## The Message of Easter by Norman Vincent Peale

God promises that there is nothing to fear in life or even death itself.

Easter is here—with its promise of spring, its big family meals, its inevitable chocolate bunnies and jellybeans. But what does Easter really mean? What message does it bring to us humans knee-deep in messes of our own making?

First and foremost, it means that we serve a risen Savior. The grave could not hold Christ; he defeated death. He paid the price for our sin with his own blood. And the consequences for us are *huge*.

“For if, while we were God’s enemies, we were reconciled to him through the death of his Son, how much more, having been reconciled, shall we be saved through his life!” (Romans 5:10). Because Christ lives, we will live, too—both in this life and in the life to come. Jesus said, “I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die” (John 11:25-26).

The message of Easter was first spoken to two women at Jesus’ tomb, in these simple words: “Do not be afraid...for He is risen” (Matthew 28:5-6). Jesus is with us and gives us his ability to overcome any defeat. The true Christian realizes that he, with Christ, rises above every setback, every obstacle and enters into the true meaning of living.

The Easter message tells us: You need not be afraid of anything—not life with all its insecurities, its conflicts, its uncertainties; not afraid of even death itself. You need have no fear—no fear!

When your spirit is filled with the unshakable strength of God in the name of Jesus Christ, you get faith so deeply planted within you that when crisis hit you—as they sometimes do suddenly—you automatically can look life in the face and not be afraid. You can say with the Apostle Paul, “For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord” (Romans 8:38-39).

**Easter is here. Be transformed. Be resurrected. Be not afraid!**

## Instead of Anger, 'Peace Be with You' by Julia Attaway

Instead of expressing anger towards someone who has betrayed you, offer peace instead.

It’s that “peace be with you” time of year, when we read through what happened after the Resurrection and hear the words over and over again. It’s what Jesus says to Peter who denied Him, to Thomas who doesn’t believe He’s risen from the dead, to the apostles cowering behind locked doors. It gets me every time. Maybe that’s because, personally, I would have guessed a bit of scolding was in order. Nevertheless, the first words out of Christ’s mouth tell me that the challenge of spring is being able to go and do likewise.

*To the angry motorist who nearly runs me down, “peace be with you.”*

*To the rude clerk in the store, “peace be with you.”*

*To my husband when he’s tired and irritable, “peace be with you.”*

*To co-workers who make my life more difficult, “peace be with you.”*

If Jesus can offer these words in response to betrayal and cowardice, I need to learn to offer them in lesser situations. After all, He gave us the peace that the world cannot give, but not so we could keep it for ourselves. We need to live it in a way that others can see it, yearn for it and ask that it may enter their own hearts.

*“Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.”*

(John 14:27)



**Rev. Dr. K. D. & (LL) Elder E. R. Shivers**

Our 2018 theme is “*THE YEAR OF ELEVATION*”; whether it be spiritually, emotionally, economically, physically or in another area of your life. We intend to *Decrease to Increase* because of God’s mighty hand on us.

“The limitless loving devotion to God, and the gift God makes of Himself to you, are the highest elevation of which the heart is capable; it is the highest degree of prayer. The souls that have reached this point are truly the heart of the Church.”

*Edith Stein*

***Forgiveness, Sacrifice,  
Commitment and Miracles***

## Church Events

April 1<sup>st</sup>

Easter/Resurrection Sunday

April 1<sup>st</sup>

Sunrise Service

April 7<sup>th</sup>

Education Ministry will meet

April 8<sup>th</sup>

Temple Nation

April 12<sup>th</sup>

Men & Women meetings

April 22<sup>nd</sup>

Pastor Shivers preach at  
Cypress Baptist Church

April 28<sup>th</sup>

Women’s Ministry Outing

April 29<sup>th</sup>

Family and Friends Sunday

# April Kingdom Schedule



### April Scriptures

4/1 Mark 16:5-7  
 4/8 Acts 10:40-42  
 4/15 Romans 6:1-4  
 4/22 Acts 3:23-26  
 4/29 Romans 8:34-37

### Worship Leaders Schedule

4/1 Minister Cynthia Edwards  
 4/8 Sis. Wendy Johnson  
 4/15 Elder Karen Lee  
 4/22 Elder Wayne Hatton  
 4/29 Minister Ernest Ruffin



### Welcome Schedule

4/1 Sis. Wendy Johnson  
 4/8 Sis. Arieana Parker  
 4/15 Bro. Earl Moton  
 4/22 Sis. Sarah Gatewood  
 4/29 Bro. Shagan B. Gatewood

### Servant Leaders Schedule

4/1 Sis. Shirley Haskins  
 4/8 Sis. Wendy Johnson  
 4/15 Sis. Wendy Green  
 4/22 Bro. James Green Sr.  
 4/29 Sis. Turekia White



### Door Opener

Bro. James Green Sr.

### Communion Bowls

Bro. James Green Sr. & Sis. Wendy Green

## April 2018 CID Teaching Schedule



### **Educational Partners for the month of April are:**

Elder Wayne Hatton, Min. Bertram Blackwell, Bro. Donald Watkins, Bro. James Green Sr.

April 3<sup>rd</sup> **NO CID** | The Risen Lord Appears | John 21:1-14

April 10<sup>th</sup> Follow Me | John 21:15-25  
Teacher: Bro. James Green Sr.

April 17<sup>th</sup> The Lord God Almighty | Revelation 4:1-6, 8-11  
Teacher: Bro. Donald Watkins

April 24<sup>th</sup> Blessing, Glory, Honor Forever | Revelation 5:6-14  
Teacher: Elder Wayne Hatton



### April Youth Teaching Schedule

Levi Tribe

Explanation of the lesson can be found on our website. [solomonstemplechurch.net](http://solomonstemplechurch.net)

## New to Solomon's Temple?

First of all **WELCOME!** We are so pleased that you have come to visit our church. Whether you are just inquiring about our church, a new visitor, or simply want to see if Solomon's Temple is the right fit for you and your family, we are grateful to have you among us. We hope you will find your spiritual home here. Here at Solomon's Temple, we offer many exciting ministries to assist in your daily walk.

Solomon's Temple holds New Disciple Orientation sessions that can provide information about our church, what we offer and what to expect from your church family. If you have any questions, please contact Elder Sarah Hatton, Elder Wayne Hatton. or Bro. James Green Sr.

## Newsletter Submissions

Do you know someone who is doing great things in the community, school, or church? Nominate them to be the Solomonite of the Month. This person can be a youth or an adult. Don't forget to recognize those celebrating an anniversary, graduation (from high school, college, or any other), or special occasion. We also want to know about those who have made the honor roll. Let's not forget baby announcements, bible humor or recipes. If you have a story or idea that you would like to incorporate into the newsletter, forward the story to [stsecretary1@gmail.com](mailto:stsecretary1@gmail.com) or leave the idea on the secretary's desk.

Separation before elevation. You have to let some people and things go so you can go to the next level. **Tony Gaskins**

# April Schedule of Events

DATE	TIME	EVENT
4/1/18	All Day	Easter – Happy Resurrection Sunday
4/1/18	6:00am	Sunrise Service; Pastor Kirt Townsend and Pentecostal Holiness Church will join us
4/3/18		No CID Session or Bible Study
4/5/18		No Sons of Solomon rehearsal
4/7/18	10:00am	Education Ministry will meet
4/8/18	During service	Youth Temple Nation
4/8/18	After service	Pastor & Church Anniversary committee will meet
4/8/18	2:00pm	Elder Thomas preach at Macedonia AME Church, Women's Day service
4/10/18	6:30pm/7:15pm	CID Session/Bible Study
4/12/18	6:30pm	Youth Choir rehearsal
4/12/18	6:30pm	Men's Ministry & Women's Ministry meetings
4/17/18	6:30pm/7:15pm	CID Session/Bible Study
4/19/18	6:00pm/7:00pm	Praise Team rehearsal/Joyful Voices rehearsal
4/21/18	3:00pm	Pastor Shivers will serve as Worship Leader for Elder Stanley Jones' Installation as Pastor of Vision Church International Ministries, Courtland VA
4/22/18	2:30pm	Pastor Shivers preach at Cypress Baptist Church, 849 Runnymede Rd. Elberon, VA 23846 for Diaconate and Trustee Ministries Celebration. Choir and ushers are asked to serve. Dinner served at 1:30pm.
4/24/18	6:30pm/7:15pm	CID Session/Bible Study
4/28/18	10:00am	Young Adult Praise Team practice
4/28/18	TBD	Women's Ministry outing to Pirate's Cove Adventure Golf, 2001 Mooretown Rd., Williamsburg VA 23185
4/29/18	9:00am	Family and Friends Sunday

Don't let the weight of your troubles crush your spirit where you want to give up. Push through the pain. Trust God. He is faithful. What doesn't kill you will make you stronger. Stay in the faith. Look at all God has done. You're still standing. *Joaynn*

## CONGRATULATIONS!!

**Latoya Diggs** graduated to Portsmouth Naval First Level Supervisor of Dept C990 on Friday, March 23<sup>rd</sup>. Her son, Jordan presented the hard hat to her.



NORFOLK NAVAL  
SHIPYARD

First Level Supervisor

High Velocity

Flight 18-03

Hat Ceremony



23 March 2018  
2:00 PM

## Something to Ponder????? REMEMBER ME?

My name is Gossip. I have no respect for Justice. I maim without killing. I break hearts and ruin lives. I am cunning and malicious and gather strength with age. The more I am quoted, the more I am believed. I flourish at every level of society. My victims are helpless. They cannot protect themselves against me because I have no name and no face. To track me down is impossible. The harder you try, the more elusive I become. I am nobody's friend. Once I tarnish a reputation, it is never quite the same. My name is Gossip.

## Solomon's Temple - PHOTO DAY SCHEDULE Ministry Pictures

(All Pictures will be taken in Chapel immediately after morning service unless otherwise notified!)

**April 8<sup>th</sup>**

Health Care & Hospitality

**April 15<sup>th</sup>**

Intercessory & Praise Dance

**April 29<sup>th</sup>**

Bridge & Armour-Bearers



# April 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1.</b> 6:00am Sunrise service</p> <p><b>Happy Resurrection Sunday</b></p>	<p><b>2.</b> James Green, Jr.</p>	<p><b>3.</b> No CID/Bible Study</p>	<p><b>4.</b></p>	<p><b>5.</b> No Sons of Solomon rehearsal</p>	<p><b>6.</b></p>	<p><b>7.</b> 10:00am Education Ministry will meet Regina Green</p>
<p><b>8.</b> Temple Nation Anniversary committee will meet 2pm Elder Thomas preach at Macedonia AME Church Sierra Johnson</p>	<p><b>9.</b></p>	<p><b>10.</b> 6:30pm CID session 7:15pm Bible Study Denise Brown</p>	<p><b>11.</b> Happy Anniversary Shagan &amp; Sarah Gatewood</p>	<p><b>12.</b> 6:30pm Youth choir rehearsal 6:30pm Men and Women meetings</p>	<p><b>13.</b></p>	<p><b>14.</b> Talegha Turner</p>
<p><b>15.</b></p>	<p><b>16.</b> Allan Clarke</p>	<p><b>17.</b> 6:30pm CID session 7:15pm Bible Study Alexis Smith Marion Smith</p>	<p><b>18.</b> Frances Robertson Dannelle Jefferson</p>	<p><b>19.</b> 6:00pm Praise Team rehearsal 7:00pm Joyful Voices rehearsal</p>	<p><b>20.</b> Brandon Newsome Imani Gray-Davis</p>	<p><b>21.</b> 3:00pm Pastor Shivers serves as Worship Leader at Vision Church International Ministries</p>
<p><b>22.</b> 2:30pm Pastor Shivers preach at Cypress Baptist</p>	<p><b>23.</b> Alice Day</p>	<p><b>24.</b> 6:30pm CID session 7:15pm Bible Study</p>	<p><b>25.</b></p>	<p><b>26.</b> Lena Holmes</p>	<p><b>27.</b></p>	<p><b>28.</b> 10:00am Young Adult Praise Team rehearsal Women Outing to Pirate Cove Williamsburg, VA</p>
<p><b>29.</b> Family and Friends Sunday</p>	<p><b>30.</b></p>					

## 2018 Theme: The Year of Elevation – 1<sup>st</sup> Peter 5:6

So be content with who you are, and don't put on airs. God's strong hand is on you; he'll promote you at the right time. (MSG)

## April Birthdays Happy Birthday

James Green Jr.  
Regina Green  
Sierra Johnson  
Denise Brown  
Taleigha Turner  
Allan Clark  
Alexis Smith  
Marion Smith  
Frances Wells-Robertson  
Darnelle Jefferson  
Brandon Newsome  
Imani Gray-Davis  
Alice Day  
Lena Holmes



April 2<sup>nd</sup>  
April 7<sup>th</sup>  
April 8<sup>th</sup>  
April 10<sup>th</sup>  
April 14<sup>th</sup>  
April 16<sup>th</sup>  
April 17<sup>th</sup>  
April 17<sup>th</sup>  
April 18<sup>th</sup>  
April 18<sup>th</sup>  
April 20<sup>th</sup>  
April 20<sup>th</sup>  
April 23<sup>rd</sup>  
April 26<sup>th</sup>

## April Anniversary

6



### Happy Anniversary Shagan & Sarah Gatewood April 11<sup>th</sup>



An anniversary is a time to celebrate the joys of today, the memories of yesterday and the hopes of tomorrow.

## Prayer List



Sis. Vernell Brown  
Sis. Mary Diggs  
Sis. Lonnie Batten  
Sis. Connie Payne  
Sis. Vernell Wrenn  
Sis. Ruby Clarke  
Sis. Mary Cornick  
Sis. Florence Turner  
Sis. Sonjia Moore  
Sis. Tami Drew  
Bro. James Green Sr.  
Sis. Tamara Brown  
Sis. Marion Smith  
Bro. Stanley Robinson  
Bro. Grayland Robinson  
Sis. Cynthia Watson & family  
Bro. Terry Rawls & family



If there are any names that need to be added to the list, let the church administrator know. Thank You.

## Christian Humor

### The One About The Fishermen and the Angel

Three guys are fishing when an angel appears. The first guy says, "I've suffered from back pain for years. Can you help me?" The angel touches the man's back, and he feels instant relief. The second guy points to his thick glasses and begs for a cure for his poor eyesight. When the angel tosses the lenses into the lake, the man gains 20/20 vision. As the angel turns to the third fellow, he instantly recoils and screams, "Don't touch me! I'm on disability!" **Religious Jokes – Reader's Digest**

**The two thousand member Baptist church was filled to overflowing capacity...**one Sunday morning. The preacher was ready to start the sermon when two men, dressed in long black coats and black hats entered thru the rear of the church. One of the two men walked to the middle of the church while the other stayed at the back of the church. They both then reached under their coats and withdrew automatic weapons. The one in the middle announced, "Everyone willing to take a bullet for Jesus stay in your seats!" Naturally, the pews emptied, followed by the choir. The deacons ran out the door, followed by the choir director and the assistant pastor. After a few moments, there were about twenty people left sitting in the church. The preacher was holding steady in the pulpit. The men put their weapons away and said, gently, to the preacher, "All right, pastor, the hypocrites are gone now. You may begin the service." *Submitted by Kenneth, Shropshire, England*

**After explaining the commandment** to honor your father and mother, a Sunday School teacher asked her class if there was a commandment that teaches us how to treat our brothers and sisters. One boy, the oldest in his family, immediately answered, "Thou shalt not kill."



## Solomon's Temple Outreach Ministry *Is In Full Effect!*

Please let us know if anyone is in the hospital, in-outpatient surgeries and death in the family or any other life changing event (medical or death).

We have "**Care Teams**" for each month that is willing and ready to contact you. We love our church family and we believe love is not what it says – it's what it does.

### Care Team for the Month

Sis. Angela Batten  
Bro. Kinston Shivers  
**Elder Margaret Shivers-Thomas**

Please let the church administrator know of any disciples' address or phone number change.

*May the God of Hope Fill You With All Joy And Peace As You Trust In Him. Romans 15:13*



April is  
Autism  
Awareness  
Month

### What Is Autism?

Autism, or autism spectrum disorder, refers to a range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication, as well as by unique strengths and differences. We now know that there is not one autism but many types, caused by different combinations of genetic and environmental influences. The term “spectrum” reflects the wide variation in challenges and strengths possessed by each person with autism. Autism’s most-obvious signs tend to appear between 2 and 3 years of age. In some cases, it can be diagnosed as early as 18 months. Some developmental delays associated with autism can be identified and addressed even earlier. Autism Speaks urges parents with concerns to seek evaluation without delay, as early intervention can improve outcomes.

### Some facts about autism

The Centers for Disease Control and Prevention (CDC) estimates autism’s prevalence as 1 in 68 children in the United States. This includes 1 in 42 boys and 1 in 189 girls. An estimated 50,000 teens with autism become adults – and lose school-based autism services – each year. Around one third of people with autism remain nonverbal. Around one third of people with autism have an intellectual disability. Certain medical and mental health issues frequently accompany autism. They include gastrointestinal (GI) disorders, seizures, sleep disturbances, attention deficit and hyperactivity disorder (ADHD), anxiety and phobias.

*Note: In 2013, the American Psychiatric Association merged four previously distinct diagnoses into one umbrella diagnosis of autism spectrum disorder (ASD). These included autistic disorder, childhood disintegrative disorder, pervasive developmental disorder-not otherwise specified (PDD-NOS) and Asperger syndrome.*

### Meet Our Newest Disciples

Congratulations to Zhanyiah Goodwin, Jai’Ciana Brock, Jai’Aja Brock, Zhaetwan Wells, Zhamir Wells and Shermayah Wells. They have completed their New Disciples class.



## Health Care Ministry Corner

### April is Sexual Assault Awareness Month

From Wikipedia, the free encyclopedia



**Sexual Assault Awareness Month (SAAM)** is an annual campaign to raise public awareness about sexual assault and educate communities and individuals on how to prevent sexual violence. It is observed in April. Each year during the month of April, state, territory, tribal and community-based organizations, rape crisis centers, government agencies, businesses, campuses and individuals plan events and activities to highlight sexual violence as a public health, human rights and social justice issue and reinforce the need for prevention efforts.

As early as 1976, Take Back the Night marches rallied women in organized protest rape and sexual assault. These marches protested the violence and fear that women encountered walking the streets at night. Over time these events coordinated into a movement across the United States and Europe. Because of this movement broader activities to raise awareness of violence against women began to occur. In the late 1980s, the National Coalition Against Sexual Assault (NCASA) informally polled state sexual assault coalitions to determine the preferred date for a national Sexual Assault Awareness Week. A week in April was selected. By the late 1990s, many advocates began coordinating activities and events throughout the month of April, advancing the idea of a nationally recognized month for sexual violence awareness and prevention activities. SAAM was first observed nationally in April 2001. In 2009, President Obama was the first United States president to proclaim April as Sexual Assault Awareness Month. The teal ribbon was adopted as a symbol of sexual assault awareness and prevention.

### National Child Abuse Prevention Month

National Day Calendar

Every April Child Abuse Prevention Month is an opportunity to learn about the signs of child abuse and how to prevent it.

Communities around the nation come together to support families and children by reinforcing strategies that are working and by providing resources and activities to help end child abuse and neglect.

National Child Abuse Prevention Month was first observed in 1983 by proclamation by President Ronald Reagan. The Office on Child Abuse and Neglect continues to annually coordinate activities, prepare promotional materials and host multidisciplinary forums focused on prevention, education and awareness.



## Upcoming Events

### May 2018

May 6<sup>th</sup> Women's Day  
 May 6<sup>th</sup> Elder Shivers preach at First Gravel Hill  
 May 13<sup>th</sup> Mother's Day  
 May 13<sup>th</sup> Temple Nation  
 May 20<sup>th</sup> Ministry Day  
 May 20<sup>th</sup> Pentecost Sunday  
 May 28<sup>th</sup> Memorial Day

### June 2018

June 3<sup>rd</sup> Pastor Shivers preach at St. Paul Holiness Church  
 June 10<sup>th</sup> Youth Day  
 June 17<sup>th</sup> Father's Day  
 June 22<sup>nd</sup> Men's Ministry service  
 June 23<sup>rd</sup> Men's Ministry Prayer Breakfast  
 June 24<sup>th</sup> Men's Day

### July 2018

July 4<sup>th</sup> Independence Day/4<sup>th</sup> of July  
 July 8<sup>th</sup> Temple Nation  
 July 21<sup>st</sup> Bikers for Christ  
 July 22<sup>nd</sup> Family & Friends Day  
 July 29<sup>th</sup> Family & Friends Sunday

## Verse of the Month

Job 19:25

For I know that my redeemer liveth,  
 and that he shall stand at the latter  
 day upon the earth.

## **Solomon's Temple Family & Friends Sunday**

**When:** April 29, 2018

**Where:** Solomon's Temple

**Time:** 9:00am

**Attire:** Casual  
 (sweat pants, t-shirts, jeans)

Music Ministry's Fitness Sunday.  
 Let's get physical as we sing praises  
 to our God.

**Invite your family and friends  
 to join us in worship.**

We are not human beings having spiritual  
 experiences. We are spiritual beings  
 having human experiences  
[RecoverMySpirit.com](http://RecoverMySpirit.com)



**Shagan Gatewood scored  
 1,240 on the SAT exam.**

**SMILE** – You look so much better when you smile!

