

# Temple News

## Monthly Newsletter of Solomon's Temple Church

### September 2016

[www.solomonstemplechurch.net](http://www.solomonstemplechurch.net)

## God Whispers to Our Hearts by Anita Corrine Donihue

“Yes, I’m listening.” 1 Samuel 3:10 TLB

Isn't it wonderful to know that our Lord is as close to us as the very air we breathe? When our minds are occupied with different things, we may be unaware of His presence. Yet we can still recognize His being with us all the time.

The Lord makes His awesome presence known to us in different ways. He frequently places everyday blessings on our pathway. He helps us to sense His nearness through various loving, comforting ways. During our times of prayer, when we pour out our deepest needs and feelings to the Lord, He helps us to know

that He is patiently listening to our every word. Now and then He firmly nudges us to help with important or perhaps even urgent needs. He may pierce our consciences with imperative warnings, helping us to avoid saying or doing things against His will. In similar ways He cautions us against danger and threatening forces of evil. He may gently whisper to us in our dreams. When we wrestle with a problem during the night and cry out to Him for help, He can speak tender words of comfort, assuring us that He's taking care of things and will work everything together for good.

God also speaks to us through His Word. When He does, we can claim His sure, true promises for our lives, right here, right now: “And the Lord came and called as before, ‘Samuel! Samuel!’ And Samuel replied, ‘Yes, I’m listening’ ” (1 Samuel 3:10 TLB). “For His Holy Spirit speaks to us deep in our hearts, and tells us that we really are God’s children” (Romans 8:16 TLB). As we go to the Lord in prayer, let’s ask Him to speak to our hearts. He’s never too busy to talk with us about our cares, hopes and dreams.

*Listen to GOD in the silence of your heart and you will know His perfect plans for you.*



Hello,  
September!

### The Voice

There is a voice inside of you  
That whispers all day long,  
“I feel that this is right for me,  
I know that this is wrong.”  
No teacher, preacher, parent, friend  
Or wise man can decide  
What’s right for you – just listen to  
The voice that speaks inside.

*Pastor K. D. & Leading Lady Elder E. R. Shivers*



Happy  
birthday

September 13, 2016



Happy Birthday

Leading Lady Elder Edith R. Shivers



Sunday, September 11<sup>th</sup>  
Happy Leading Lady Day



### A poem to Leading Lady Elder Edith R. Shivers

by Maxine Yvonne Coleman



Leading Lady, we love you with all our hearts, what do we say, where do we start?  
You are so natural at being our Leading Lady, when it's time to help out you say "yes", never no or even maybe.  
You tell us that you are just a phone call away, and when you speak, you prayerfully know what to say, You are  
first to say, "Let's take a moment to pray", no matter if it's morning, night or mid-day. You put so much emotion  
in all the songs that you sing, and you always make time for the little things. You are right by our Pastor's side;  
come what may, even though you know this job comes with no pay. You demonstrate the character of Jesus in  
everything you do, and that is why Leading Lady we want you to know that we love you.



# Health Care Ministry

## September Awareness



### *September is National Cholesterol Education Month*

National Cholesterol Education Month is a good time to get your blood cholesterol checked and take steps to lower it if it is high and also a good time to learn about lipid profiles and about food and lifestyle choices that help you reach personal cholesterol goals. More than 102 million American Adults (20 years or older) have total cholesterol levels at or above 200 mg/dl, which is above healthy levels. More than 35 million of these people have levels of 240 mg/dl or higher, which puts them at high risk for heart disease. Cholesterol is a waxy, fat-like substance found in your body and many foods. Your body needs cholesterol to function normally and makes all that you need. Too much cholesterol can build up in your arteries. After a while, these deposits narrow your arteries, putting you at risk for heart disease and stroke. High cholesterol usually doesn't have any symptoms. As a result, many people do not know that their cholesterol levels are too high. However, doctors can do a simple blood test to check your cholesterol. High cholesterol can be controlled through lifestyle changes or if it is not enough, through medications. It's important to check your cholesterol levels. High cholesterol is a major risk factor for heart disease, the leading cause of death in the United States. [The National Cholesterol Education Program \(NCEP\)](#) recommends that adults aged 20 years or older have their cholesterol checked every 5 years. Preventive guidelines for cholesterol screening among young adults differ, but experts agree on the need to screen young adults who have other risk factors for coronary heart disease: obesity, smoking, high blood pressure, diabetes, and family history. Less than half of young adults who have these risk factors don't get cholesterol screening even though up to a quarter of them have elevated cholesterol. A simple blood test called a lipoprotein profile can measure your total cholesterol levels, including LDL (low-density lipoprotein, or "bad" cholesterol), HDL (high-density lipoprotein, or good "cholesterol"), and triglycerides. The following chart shows optimal lipid levels for adults:

#### Desirable Cholesterol Levels

<b>Total cholesterol</b>	Less than 170 mg/dl
<b>Low LDL ("bad") cholesterol</b>	Less than 110 mg/dl
<b>High HDL ("good") cholesterol</b>	35 mg/dl or higher
<b>Triglycerides</b>	Less than 150 mg/dl

Your doctor may prescribe medications to treat your high cholesterol. In addition, you can lower your cholesterol levels through lifestyle changes: Low-fat and high-fiber food (Eat more fresh fruits, fresh vegetables, and whole grains). For adults, getting at least 2 hours and 30 minutes of moderate or 1 hour and 15 minutes of vigorous physical activity a week. For those aged 6-17, getting 1 hour or more of physical activity each day. Maintain a healthy weight. Don't smoke or quit if you smoke.



### *September is National Prostate Health Month*



(NPHM) is observed every September by health experts, health advocates, and individuals concerned with men's prostate health. Designating a month for the issue serves the purpose of: increasing public awareness of the importance of prostate health, providing easily accessible prostate health screenings, educating about risk factors and symptoms of prostate related diseases and advocating for further research on prostate health issues.

Prostate Cancer is a story of both great heartbreak and great hope. The heartbreak is that each year more than 29,000 men will die of this disease and that prostate cancer is the second leading cause of cancer death of U.S. men. However, if diagnosed early, the five-year survival rate is almost 100 percent. At ten years post diagnosis, 98 percent of men diagnosed early, remain alive. Prostate cancer is an extremely complex disease—multiple subtypes of this cancer exist, some aggressive and lethal, others non-aggressive and non-life-threatening. The vast majority of prostate cancer occurs as an indolent, slow-growing form of the disease that poses little threat to men's life spans. Because one in seven men will be diagnosed with prostate cancer in their lifetime, it is important for men to learn about both non-aggressive, slow-growing forms of prostate cancer and aggressive forms of this disease through conversations with their doctors. In addition, because there has been controversy in recent years over when men should be screened for prostate cancer, there is great need for all men to learn about prostate cancer screening methods, including the drawbacks and benefits to current screening tests.





# September Kingdom Schedule



## September Scriptures

9/4 Exodus 20:8-11  
 9/11 Ecclesiastes 2:24-26  
 9/18 Ecclesiastes 3:9-13  
 9/25 Ephesians 6:5-9



## Welcome Schedule

9/4 Sis. Shirley Haskins  
 9/11 Bryce Williams  
 9/18 Sis. Brittany Williams  
 9/25 Sis. Hope Parker



## Door Opener

Bro. Ray Holmes



## Worship Leaders Schedule

9/4 MIT Ernest Ruffin  
 9/11 Shania Little  
 9/18 Elder Margaret Shivers-Thomas  
 9/25 Elder Karen Lee

## Servant Leaders Schedule

9/4 Sis. Wendy Green  
 9/11 Sis. Sylvia Gundy  
 9/18 Sis. Turekia White  
 9/25 Sis. Phyllis Duck

## Communion Bowls

Sis. Jackie Ruffin  
 Bro. James Green Sr.



## CHRISTIAN EDUCATION

## September 2016 Teachers Schedule

**September 6<sup>th</sup>**

**NO CID:** The Mountain of God | Isaiah 25:6-10A

**September 13<sup>th</sup>**

**CID Adult Teacher:** Elder Karen Lee | Foundations of the Earth  
Isaiah 40:21-31

**Youth Teachers:** Elder Margaret Shivers-Thomas & Sis. Donna Fenner

**September 20<sup>th</sup>**

**CID Adult Teacher:** Minister Bertram Blackwell | Everlasting Covenant  
Isaiah 61:1-4, 8-11

**Youth Teachers:** Sis. Jackie Ruffin & Sis. Wendy Johnson

**September 27<sup>th</sup>**

**CID Adult Teacher:** Bro. James Green Sr. | The Brightness of God's Glory  
Hebrews 1:1-9

**Youth Teachers:** Sis. Lucy Watkins & Sis. Sylvia Gundy

Explanation of the lesson can be found on [our website.solomonstemplechurch.net](http://our.website.solomonstemplechurch.net)  
 Additional Study Help: [www.studylight.org](http://www.studylight.org) [www.biblestudytools.com](http://www.biblestudytools.com)



## **New to Solomon's Temple?**

First of all **WELCOME!** We are so pleased that you have come to visit our church. Whether you are just inquiring about our church, a new visitor, or simply want to see if Solomon's Temple is the right fit for you and your family, we are grateful to have you among us. We hope you will find your spiritual home here. Here at Solomon's Temple, we offer many exciting ministries to assist in your daily walk.

Solomon's Temple holds New Disciple Orientation sessions that can provide information about our church, what we offer and what to expect from your church family. If you have any questions, please contact **Elder Sarah Hatton, Bro. James Green Sr. or Elder Wayne Hatton.**

**Points to Ponder**

The only difference between a good day and a bad day is your attitude.  
*Dennis S. Brown*

Too many people overvalue what they are not and undervalue what they are.  
*Malcom Forbes*

The only difference between a dream that came true and one that didn't, is a person who wouldn't give up and one who did.  
*Susan Gale*

The hardest prison to escape is in your mind. *Unknown*

Always FORGIVE people and move on, even if they never ask for your forgiveness. Don't do it for them – do it for YOURSELF.  
*Unknown*

You can't recycle wasted time.  
*Unknown*

What consumes your mind, controls your life.

Nobody really knows how much anyone else is hurting. We could be standing next to someone who is completely broken and we'd never know.

***Pray One for Another!!***



# ***September Birthdays***



Hope Parker  
 Nikia Robertson  
 Sarah Gatewood  
 Phyllis Wiggins  
 Ruby Clarke  
 Shirley Haskins  
 Edith R. Shivers  
 Willie Turner Sr.  
 Katrina Suiter  
 Ray Holmes  
 Alonzo Taylor Jr.  
 Karen Lee  
 Renazi Vinson  
 Marcus Gundy  
 Bryce Williams  
 Margaret Shivers-Thomas  
 Tara Clarke

September 2<sup>nd</sup>  
 September 5<sup>th</sup>  
 September 5<sup>th</sup>  
 September 6<sup>th</sup>  
 September 10<sup>th</sup>  
 September 10<sup>th</sup>  
 September 13<sup>th</sup>  
 September 15<sup>th</sup>  
 September 18<sup>th</sup>  
 September 19<sup>th</sup>  
 September 19<sup>th</sup>  
 September 20<sup>th</sup>  
 September 22<sup>nd</sup>  
 September 23<sup>rd</sup>  
 September 24<sup>th</sup>  
 September 27<sup>th</sup>  
 September 30<sup>th</sup>



# ***September Anniversaries***



Willie Sr. & Florence Turner  
 Wayne & Sarah Hatton  
 Terry & Tammy Rawls

September 1<sup>st</sup>  
 September 16<sup>th</sup>  
 September 29<sup>th</sup>



# ***Newsletter Submissions***



Do you know someone who is doing great things in the community, school, or church? Nominate them to be the Solomonite of the Month. This person can be a youth or an adult.

Don't forget to recognize those celebrating an anniversary, graduation (from high school, college, or any other), or special occasion.

We also want to know about those who have made the honor roll. Let's not forget baby announcements, bible humor or recipes.

If you have a story or idea that you would like to incorporate into the newsletter, forward the story to [stsecretary1@gmail.com](mailto:stsecretary1@gmail.com) or leave the idea on the secretary's desk.

## SOLOMONITE SPOTLIGHT



### SEPTEMBER Solomonite Spotlight is:

#### Sis. Phyllis Duck

Sis. Phyllis Duck is a charter disciple of Solomon's Temple. She serves on the Women's Ministry, Christian Education Ministry, Couples Ministry, Outreach Ministry, Armour-Bearer Ministry and the Servant Leader Ministry. Sis. Phyllis serves as the Contact Person for the Servant Leaders Ministry. Sis. Phyllis is a wife, mother and grandmother. Solomon's Temple would like to congratulate Sis. Phyllis Duck for being this month's Solomonite Spotlight.

**WE LOVE YOU!**

Will YOU be the Next  
"Solomonite of the Month"?

## Prayer List



6

Father John Shivers	Sis. Sonjia Moore
Sis. Mary Cornick	Sis. Ruby Clarke
Bro. Carl Duck	Sis. Tammy Rawls
Bro. Grayland Robinson	Sis. Mary Diggs
Bro. James Green Sr.	Sis. Lonnie Batten
Sis. Vernell Brown	Sis. Connie Payne
Sis. Darnelle Jefferson	Sis. Marion Smith
Sis. Phyllis Wiggins	Sis. Vernell Wrenn
Sis. Frances Wells-Robertson	Min. Cynthia Edwards
Sis. Tami Drew	Elder Sarah Hatton
Sis. Kenya Hargrove	

*If there are any names that need to be added to the list, let the Church Administrator know. Thank You.*

### Grandparents Day Poem



A grandparent is the grandest mom or dad,  
Not just because of all the kids they've had;  
They've seen and done and known so many things  
We honor them like preachers, priests and kings.  
They tell us of a way of life that's past  
When the world wasn't moving quite so fast.  
When the family sat together every day,  
To eat, to laugh, to sing, to talk, to pray.  
The road we walk now they have seen before,  
The tears we shed, they shed a whole lot more.  
They understand our feelings, joy or pain.  
They know the path; they've walked the dusty lane.  
What can we do to honor these dear Grands?  
We have no gift to place in weathered hands,  
To adequately show how much we care  
Or prove to them how great the love we share.  
Yet there is something awesome we can do  
To show beyond a doubt our love is true.  
If what they've taught is seen in how we live,  
This is the best gift we could ever give.

**Happy Grandparents Day!**  
**Sunday, September 11<sup>th</sup>**



### OUTREACH

Solomon's Temple Outreach Ministry Is In Full Effect!

Please let us know if anyone is in the hospital, in-outpatient surgeries and death in the family or any other life changing event (medical or death). We have "Care Teams" for each month that is willing and ready to contact you. We love our church family and we believe love is not what it says – it's what it does.

#### CARE TEAM FOR THE MONTH

Bro. Kinston Shivers  
Bro. Bryce Williams  
Bro. Kevin Shepherd Jr.



Please let the church administrator know of any disciples' address, or phone number change! Thank-You!





**LABOR DAY**



**HAPPY LABOR DAY**

*Schedule of Events*

<i>DATE</i>	<i>TIME</i>	<i>EVENT</i>
9/1/16	6:00pm	Praise Team rehearsal
9/1/16	7:00pm	Mass Choir rehearsal
9/5/16	All Day	Happy Labor Day
9/6/16		Back to School
9/6/16		No CID or Bible Study
9/8/16	7:00pm	Sons of Solomon rehearsal
9/11/16	9:00am	Leading Lady Day
9/11/16	All Day	National Grandparents Day – Happy Grandparents Day
9/12/16	7:00pm-8:30pm	Adult Praise Dance Practice
9/13/16	6:30pm/7:15pm	CID Session/Bible Study – Teacher: Minister Cynthia Edwards (Kingdom Family – Singles and Children)
9/14/16	7:00pm-8:30pm	Adult Praise Dance Practice
9/15/16	6:30pm	Youth Choir rehearsal
9/15/16	6:30pm	Men and Women meetings
9/17/16	TBA	Couples Ministry Movie Night
9/19/16	6:30pm	Levite Ministry will meet
9/19/16	7:30pm	Assembly of Servants will meet
9/19/16	7:00pm-8:30pm	Adult Praise Dance Practice
9/20/16	6:30pm/7:15pm	CID Session/Bible Study – Teacher: Minister Cynthia Edwards (Kingdom Family – Singles and Children)
9/21/16	7:00pm-8:30pm	Adult Praise Dance Practice
9/22/16	6:00pm	Praise Team rehearsal
9/22/16	7:00pm	Joyful Voices rehearsal
9/25/16	After service	Outreach Ministry Luncheon at Applebee’s in Suffolk (Harborview)
9/26/16	7:00pm-8:30pm	Adult Praise Dance Practice
9/27/16	6:30pm/7:15pm	CID Session/Bible Study – Teacher: Minister Cynthia Edwards (Kingdom Family – Singles and Children)
9/28/16	7:00pm-8:30pm	Adult Praise Dance Practice
9/29/16	6:00pm	Praise Team rehearsal
9/29/16	7:00pm	Mass Choir rehearsal



*Solomon's Temple Pastor L Church Anniversary*

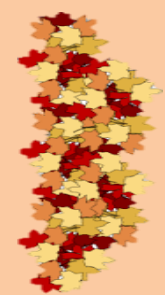
*Sunday, October 16, 2016*

*Come and Celebrate our 16<sup>th</sup> Anniversary!!*

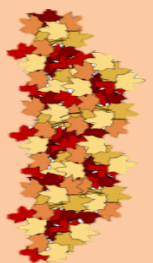
*Galatians 6:9*


*And let us not be weary in well doing: for in due season we shall reap, if we faint not.*





# September 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1. 6:00pm Praise Team 7:00pm Mass Choir Happy Anniversary Willie Sr. & Florence Turner	2. Hope Parker	3.
4.	5. Nikia Robertson Sarah Gatewood 	6. Back to School NO CID or Bible Study Phyllis Wiggins	7.	8. 7:00pm Sons of Solomon	9.	10. Ruby Clarke Shirley Haskins
11. 9:00am Leading Lady Day	12. 7:00pm-8:30pm Adult Praise Dance Practice	13. 6:30pm CID session 7:1-5pm Bible Study Edith Shivers	14. 7:00pm-8:30pm Adult Praise Dance Practice	15. 6:30pm Youth Choir 6:30pm Men and Women meetings Willie Turner Sr.	16. Happy Anniversary Wayne & Sarah Hatton	17. Couples Ministry Movie Night
Grandparents Day						
18. Katrina Suiter	19. 6:30pm Levites meeting 7:30pm AOS meeting 7:00pm-8:30pm Adult Praise Dance Practice Rev Holmes Alonzo Taylor Jr.	20. 6:30pm CID session 7:1-5pm Bible Study Karen Lee	21. 7:00pm-8:30pm Adult Praise Dance Practice	22. 6:00pm Praise Team 7:00pm Joyful Voices Renzi Vinson	23. Marcus Gundy	24. Byce Williams
25. After service Outreach Ministry Luncheon at Applebee's	26. 7:00pm-8:30pm Adult Praise Dance Practice	27. 6:30pm CID session 7:1-5pm Bible Study Margaret S. Thomas	28. 7:00pm-8:30pm Adult Praise Dance Practice	29. 6:00pm Praise Team 7:00pm Mass Choir Happy Anniversary Terry & Tammy Rawls	30. Tara Clarke	



**2016 Theme:**  
*Modeling Kingdom Concepts:  
 Through Power, Love and Sound Mind*







## Upcoming Events

### October

- 10/01 Sweet 16 Party @ the chapel  
 10/01 Elder Shivers speak at Little Zion Baptist Church  
 10/7 Couples Ministry meeting  
 10/9 Clergy Appreciation Day  
 10/16 Pastor & Church Anniversary  
 10/29 Hallelujah Party/Trunk-or-Treat

### November

- 11/6 Daylight Saving Time Ends  
 11/8 Election Day  
 11/11 Veterans Day  
 11/20-22 Fall Harvest Revival  
 11/24 Thanksgiving Day/Thanksgiving Day service  
 11/27 First Day of Advent

### December

- 12/24 Christmas Celebration  
 12/24 Christmas Eve  
 12/25 Christmas Day – Happy Birthday Jesus!  
 12/31 New Year's Eve/New Year's Eve service

#### **“Twas the Night Before School Started” *Unknown***

Twas the night before school started when all through the town;  
 the parents were cheering it was a riotous sound.

By eight the kids were washed and tucked into bed  
 when memories of homework filled them with dread.

New pencils, new folders, new notebooks too,  
 new teachers, new friends, the anxiety grew.

The parents just giggled when they heard of this fright  
 and shouted upstairs – **GO TO BED – IT'S A SCHOOL NIGHT!**

## Calendar of Events Isle of Wight County

### Smithfield Farmers Market

Open every Saturday morning from May through October with Spring & Winter specialty markets.  
 Hours: 9am until noon at the Bank of Southside Virginia parking lot, 115 Main Street in Downtown Smithfield. (757) 375-3031  
[www.smithfieldfarmersmarket.org](http://www.smithfieldfarmersmarket.org)

### Isle of Wight County Fair

Joel C. Bradshaw Fairgrounds, Heritage Park,  
 21311 Courthouse Hwy, Windsor  
 September 15-18, 2016. Live entertainment, a tractor pull, bull riding, produce and livestock judging, and more. (757) 357-5959  
[www.thefairiscoming.com](http://www.thefairiscoming.com)

**The Isle of Wight Branch NAACP** will be having a **VOTER REGISTRATION** drive from July 1, 2016 through October 1, 2016.  
 Contact: Valerie Cofer Butler, President  
 Isle of Wight Branch NAACP  
 @ 757-357-3812

### Souper Saturday

October 15, 2016  
 11:00am – 3:00pm  
 Trinity United Methodist Church  
 201 Cedar Street  
 Smithfield, VA 23430  
 Contact: Cris Lawrence  
 810-4165 / 356-1511  
 Email: Frogcel@aol.com

#### Sponsor:

The Isle of Wight Christian Outreach Program

## Verse of the Month

1 Peter 4:8

And above all things have fervent charity among yourselves: for charity shall cover the multitude of sins.