# **TEMPLE NEWS**

## Monthly Newsletter of Solomon's Temple Church

www.solomonstemplechurch.net

Pastor K. D. Shivers & (LL) Elder E. R. Shivers

## In This Issue

Kingdom Schedule Christian Humor September Birthdays Schedule of Events Monthly Calendar Healthcare Ministry Corner Kids Korner Seniors Section Upcoming Events

## 2015 Theme: "Challenged to Change":

Repositioning our Perspectives, Perceptions, and our Patterns for Greater Service. {Matthew 9:17}

# The only way to navigate life's twists and turns

September 2015

Your word is a lamp for my feet, a light on my path. (Psalm 119:105 NIV)

Just before the 1988 Winter Olympics, a television program aired that featured blind skiers being trained for slalom skiing. The blind skiers were paired with sighted skiers and were taught how to make right and left turns. Once they mastered that, they were taken to the slalom slope, where their sighted partners skied beside them shouting, "Left!" and "Right!" As they obeyed the commands, the blind skiers were able to navigate the course and cross the finish line depending solely on the skiers' words. Throughout the course, they were left with the choice of either complete trust or catastrophe.

This is a great picture of the Christian life where this world blinds us to how we are to live. But when we, who are blinded by the world, begin to rely on God's Word to guide our every step, we discover that whatever twist or turn life throws our way, we can trust the Bible for truth and direction.

If you want to successfully navigate the course of life, lean on God's Word. Read it daily for guidance and truth, and let it illuminate your path. Because while we may be blinded by the world at times, God's truth knows and sees every obstacle we'll face!

#### **Prayer Challenge**

Pray and ask God to help you stay in His Word consistently and follow its guidance through the twists and turns of life.

## **Can You Hear God Speaking?**

by Elizabeth Peale Allen

It is breathtaking to think that mere humans can have conversations with the One who created the heavens and the earth. Yet the Bible assures us we can, that the Creator of everything is also our loving Father.

When you were young, didn't you ask your father or mother for whatever you needed, then trust your parent to provide it? Jesus promises us, in effect, "If you, imperfect as all humans are, give good gifts to your children, how much more will your Heavenly Father give good things to all who ask him for them" (Matthew 7:11).

In God's wonderful creation, He has provided food and shelter for everything from oysters and earthworms to sparrows and eagles, deer and elephants. The God who takes good care of birds and flowers will look after us "much more" if we give him his rightful place in our lives (Matthew 6:26-33).

God longs to talk with you even more than you want to speak to Him. Here are four ways He speaks to us:

#### 1. God speaks through nature.

The glory of God is revealed in the universe with its billions of galaxies and the intelligent order revealed in every creature, every flower, every atom and sub-atom. Psalm 19:1 tells us: "The heavens declare the glory of God; the skies proclaim the work of his hands."

#### 2. God speaks in our hearts.

Everyone in the world knows that it is wrong to steal, to lie, to kill, to harm others. God's law is written on our hearts, as the Apostle Paul says in Romans 2:14-15: "Indeed, when Gentiles, who do not have the law, do by nature things required by the law, they are a law for themselves...since they show that the requirements of the law are written on their hearts."

#### 3. God speaks through Scripture.

"All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness... (2 Timothy 3:16). As we read the Bible faithfully, God's will for us becomes more and more clear.

#### 4. God speaks to us through Jesus Christ, the Living Word.

"In the beginning was the Word, and the Word was with God, and the Word was God. And the Word became flesh and dwelt among us" (John 1:1, 14). Jesus has experienced every trial we have. He knows how hard life can be-but he also knows the way out. Therefore, through him we can find "grace to help in time of need" (Hebrews 4:16).

As you come into God's presence, your prayers need not be long or fancy. Martin Luther said, "The fewer words, the better prayer."

Your Father knows your needs better than you doand is waiting to help you. "Before they call I will answer; while they are still speaking I will hear" (Isaiah 65:24).

So make your prayers-and your life-a conversation with your Almighty Father.



# **SEPTEMBER 13, 2015** HAPPY BIRTHDAY Leading Lady Elder Edith R. Shivers Нарру Leading Lady Day



Rev. Dr. K. D. Shivers & Leading Lady E. R. Shivers



## Solomon's Temple Anniversary Banquet

*Temple Beth El 3927 Bridge Road Suffolk, VA 23435* 

## October 3, 2015 7:00pm

*Tickets are \$40.00 per person Formal Attire See your tribe leader or Elder Karen Lee for tickets!!* 

## Sunday, October 18<sup>th</sup>

9:00am Church Anniversary service <u>Guest Messenger</u> Bishop William Blackwell Sr. &

3:00pm Pastor Anniversary service <u>Guest Messenger</u> Pastor John Wynn



Remember, "Love is not what it says, but what it does."



## God's Gift of Grandparents

Sunday September 13, 2015

By Alyssa Marie Bentham

Grandparents are like honeybees, they are the very sweetest they give you hugs and kisses and their stories are the neatest.

The honey they produce is more valuable than gold for this honey is the lessons that we lovingly are told.

Grandparents want the best for us and say we can achieve any goal that we have set if only we believe.

They help us spread our wings so when we leave our honeycomb we'll make the right decisions though we be away from home.

Yes, grandpas are like silver and grandmas are a gem but better than one hundred diamonds are the things I learn from them.



Grandparent are a special gift

Script	ure and Welcome
9/6	Sis. Shirley Haski

- /6 Sis. Shirley Haskins (1 Corinthians 11:24-26)Sis. Tracy Murphy (welcome)
- 9/13 Leading Lady Day Leading Lady Day
- 9/20 Bro. Theodore Gundy (Isaiah 40:28-31) Sis. Phyllis Wiggins (welcome)
- 9/27 Sis. Deborah Williams (Exodus 20:8-11) Sis. Kathy Greene (welcome)

#### Servant Leader Schedule

9/06Sis. Sylvia Gundy9/13Bro. Ernest Ruffin9/20Sis. Jackie Ruffin9/27Bro. Earl Moton



#### Worship Leader Schedule

- 9/06 Minister Cynthia Edwards
- 9/13 Leading Lady Day
- 9/20 Elder Karen Lee
- 9/27 MIT Ernest Ruffin

#### Door Opener

Bro. Earl Moton

#### Communion Bowls

Sis. Jackie Ruffin Bro. Earl Moton

## September Teachers Schedule

**HOLY COMMUNION** 

"Let us break bread together....."

- 9-08 NO CID | Sharing with Sincerity | Acts 4:34-37; Acts 5:1-10
- **9-15** Bro. Donald Watkins | Speaking Up For God | Acts 5:27-29, 33-42 Youth: Sis. Shirley Haskins & Sis. Hope Parker
- **9-22** Elder Karen Lee | Stand Firm Against Opposition | Acts 7:2-4, 8-10, 17, 33, 34, 45-47, 52, 53 Youth: Sis. Wendy Green & Sis. Wendy Johnson
- **9-29** Minister Bertram Blackwell | Simon Is Rebuked | Acts 8:9-24 Youth: Sis. Sylvia Gundy & Sis. Lucy Watkins

Explanation of the lesson can be found on our website.solomonstemplechurch.net Additional Study Help: <u>www.studylight.org</u> <u>www.biblestudytools.com</u>





## New To Solomon's Temple?

First of all, **WELCOME**! We are so pleased that you have come to visit our church. Whether you are just inquiring about our church, a new visitor, or simply want to see if Solomon's Temple is the right fit for you and your family, we are grateful to have you among us. We hope you will find your spiritual home here. Here at Solomon's Temple, we offer many exciting ministries to assist in your daily walk.

Solomon's Temple holds New Disciple Orientation sessions that can provide information about our church, what we offer and what to expect from your church family. If you have any questions, please contact **Elder Sarah Hatton**, **Bro. James Green Sr.**, **Sis. Turekia White** or **Elder Wayne Hatton**.

#### CHRISTIAN HUMOR WHEN I Got to HEAVEN

I was shocked, confused, bewildered as I entered Heaven's door. Not by the beauty of it all by the lights or its decor. But it was the folks in Heaven who made me sputter and gasp; the thieves, the liars, the sinners, the alcoholics, the trash. There stood the kid from seventh grade who swiped my lunch money twice Next to him was my old neighbor who never said anything nice. Uncle Bill, who I always thought was rotting away in hell. Was sitting pretty on cloud nine looking incredibly well. I nudged Jesus, "What's the deal? I would love to hear Your take. How'd all these sinners get up here? God must have made a mistake." "And why is everyone so quiet. So somber? Please give me a clue." "Hush, child," said He. "They're all in shock. No one thought they'd see you!" - Author Unknown -

#### Hymnal Jokes

For those who speed on the highway – a few hymns:

45mph .....God Will Take Care of You

65mph .....Nearer My God To Thee

85mph .....This World Is Not My Home

95mph .....Lord, I'm Coming Home

100mph .....Precious Memories



If your birthday is missing from the list or incorrect, let the office know.





Hope Parker Nikia Robertson **Phyllis Wiggins** Ruby Mae Clarke Shirlev Haskins **Edith Shivers** Willie Turner Sr. Katrina Suiter Rav Holmes Alonzo Taylor Jr. Karen Lee Renazi Vinson Marcus Gundy Bryce Williams **Margaret Shivers-Thomas** Tara Clarke

Sept. 2<sup>nd</sup> Sept.  $5^{th}$ Sept. 6<sup>th</sup> Sept. 10<sup>th</sup> Sept. 10<sup>th</sup> Sept. 13<sup>th</sup> Sept. 15<sup>th</sup> Sept. 18<sup>th</sup> Sept. 19<sup>th</sup> **Sept.** 19<sup>th</sup> Sept. 20<sup>th</sup> Sept. 22<sup>nd</sup> Sept. 23<sup>rd</sup> Sept. 24<sup>th</sup> Sept. 27<sup>th</sup> Sept. 30<sup>th</sup>



## Newsletter Submissions

Do you know someone who is doing great things in the community, school, or church? Nominate them to be the Solomonite of the Month. This person can be a youth or an adult.

Don't forget to recognize those celebrating an anniversary, graduation (from high school, college, or any other), or special occasion.

We also want to know about those who have made the honor roll. Let's not forget baby announcements, bible humor or recipes.

If you have a story or idea that you would like to incorporate into the newsletter, forward the story to <u>stsecretary1@gmail.com</u> or leave the idea on the secretary's desk.

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#### **OUTREACH**

Solomon's Temple Outreach Ministry is in Full Effect! Please let us know if anyone is in the hospital, in-outpatient surgeries, and death in the family or any other life changing event (medical or death). We have <u>"Care Teams"</u> for each month that is willing and ready to contact you. We love our church family and we believe love is not what it says – it's what it does.

#### **SEPTEMBER CARE TEAM**

Sis. Tami Drew Sis. Vernell Wrenn Bryce Williams



## SOLOMONITE SPOTLIGHT



September Solomonite Spotlight is Sis. Shirley B. Haskins

Shirley is a charter disciple of Solomon's Temple. She is active in the Servant Leader Ministry, Health Care Ministry, Usher Ministry, Hospitality Ministry, Women's Ministry & serves as the Tribe Leader for the Asher Tribe. Shirley is a hard worker and a dedicated disciple. Shirley is the daughter of Sis. Vernell Brown. She is a wife, mother and grandmother. She loves her family and her church. Solomon's Temple would like to congratulate **Shirley** for being this month's **Solomonite Spotlight**.

WE LOVE YOU!

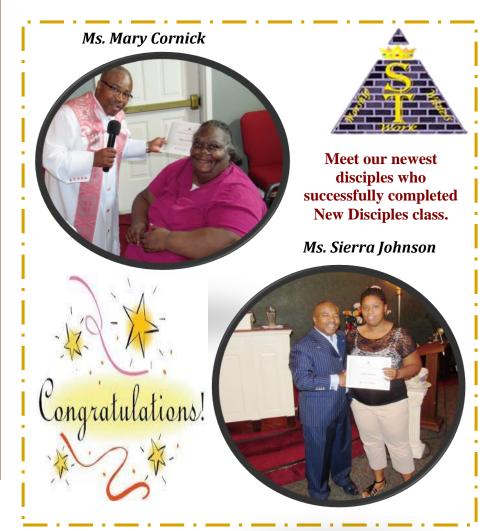


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Bro. John Shivers Bro. Walter Chapman Sis. Ruby Clarke Sis. Tammy Rawls Bro. Michael Wellons Sis. Vernell Brown Sis. Mary Diggs Sis. Connie Payne Sis. Lonnie Batten Sis. Arlene Langhorne Sis. Frances Wells-Robertson



If there are any names that need to be added to the list, let the Church Administrator know.



Will YOU be the Next "Solomonite of the Month"?





## **Schedule of Events**

IMPORTANT NOTE: ALL INFORMATION TO BE ADDED TO THE TEMPLE NEWS FOR THE MONTH NEED TO BE GIVEN TO THE CHURCH ADMINISTRATOR NO LATER THAN THE 3<sup>RD</sup> TUESDAY OF EACH MONTH.

DATE	TIME	EVENT
9/1/15	ALL DAY	Happy Anniversary Willie Sr. & Florence Turner 🕜
9/2/15	6:00pm/7:00pm	Praise Team rehearsal/Mass Choir rehearsal
9/5/15	9:00am-11:00am	Youth Praise Dance practice
9/7/15	ALL DAY	LABOR DAY
9/8/15	7:00pm	Fellowship with Sandy Mt. Baptist Church; Choir & ushers are
		asked to serve; Pastor Shivers will serve as Worship Leader
9/10/15	6:00pm/7:00pm	Praise Team rehearsal/Joyful Voices rehearsal
9/13/15	9:00am	Leading Lady Day
9/13/15	ALL DAY	Happy Grandparents Day
9/15/15	6:30pm/7:15pm	CID Session/Bible Study
9/16/15	ALL DAY	Happy Anniversary Wayne & Sarah Hatton 🕜
9/17/15	6:30pm	Youth Choir rehearsal
9/17/15	6:30pm	Men's Ministry & Women's Ministry will meet
9/19/15	9:00am	Asher Tribe Prayer Breakfast
9/19/15	6:00pm	Trustee & Finance Ministry meeting at the Gundy's home
9/20/15	After service	Levi Tribe will meet
9/20/15	3:00pm	Elder Shivers will preach at Greater Dimensions Kingdom
		Ministries; Praise Team & ushers are asked to serve
9/21/15	6:30pm/7:30pm	Levites will meet / Assembly of Servants will meet
9/22/15	6:30pm/7:15pm	CID Session/Bible Study
9/24/15	7:00pm	Sons of Solomon rehearsal
9/26/15	9:00am	Outreach Ministry Mustard Seed Ministry
9/26/15	4:00pm	Usher Ministry's Father/Daughter Glory Award
9/28/15	7:00pm	Fellowship with Union Baptist Church, 361 Maple Ave., NN, VA
		23607; Revival service; Choir & ushers are asked to serve
9/29/15	ALL DAY	Happy Anniversary Terry & Tammy Rawls 🕜
9/29/15	6:30pm/7:15pm	CID Session/Bible Study

#### **Choir Rehearsal Schedule for September**

Wednesday before 1<sup>st</sup> Sunday



6:00pm – Praise Team 7:00pm – Mass Choir Thursday before 2<sup>nd</sup> Sunday 6:00pm – Praise Team 7:00pm - Joyful Voices Thursday before 3<sup>rd</sup> Sunday 6:30pm – Youth Choir **Thursday before 4th Sunday** 7:00pm – Sons of Solomon

#### Music

Music brings joy to all of our hearts, It's one of those emotional arts. Sounds of melodies that we truly adore, Brings us pure pleasure as our spirits do soar. Music that touches us we can't help but smile, We're free to choose genre or style. Music clearly enlightens our days, Makes us happy in so many ways.



57		Septe	September 20	r 201	5	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1.</b> Happy Anniversary Willie Sr. & Florence Turner	2. 6:00pm Praise Team rehearsal 7:00pm Mass Choir rehearsal Hope Parker	ο <u>ς</u>	<u>4</u>	<b>5.</b> 9:00am-11:00am Youth praise dance practice Nikia Robertson
<b>6.</b> Phyllis Wiggins	7. Happy Lavor Day	<b>8.</b> 7:00pm Fellowship with Sandy Mt. Baptist Church - revival service	9.	<ul> <li>10.</li> <li>6:00pm Praise team rehearsal</li> <li>7:00pm Joyful Voices rehearsal</li> <li>Ruby Mae Clarke Shirley Haskins</li> </ul>	11.	12.
<b>13.</b> Grandparents Day Leading Lady Day Edith Shivers	14.	<ul><li>15.</li><li>6:30pm CID session</li><li>7:15pm Bible Study</li><li>Willie Turner Sr.</li></ul>	<b>16.</b> Happy Anniversary Wayne & Sarah Hatton	<ul><li>17.</li><li>6:30pm Youth Choir rehearsal</li><li>6:30pm Men meeting &amp; Women meeting</li></ul>	<b>18.</b> Katrina Suiter	<b>19.</b> 9:00am Asher tribe prayer breakfast 6:00pm Trustee & Finance meeting at the Gundy's home Ray Holmes Alonzo Taylor Jr.
<b>20.</b> Levi tribe will meet after service 3:00pm Elder Shivers preach at Greater Dimensions Kingdom Ministries Karen Lee	<b>21.</b> 6:30pm Levites will meet 7:30pm AOS will meet	<b>22.</b> 6:30pm CID session 7:15pm Bible Study Renazi Vinson	<b>23.</b> Marcus Gundy	<b>24.</b> 7:00pm Sons of Solomon rehearsal Bryce Williams	25.	<b>26.</b> 9:00am Outreach Mustard Seed Ministry 4:00pm Usher Ministry Father/Daughter Glory Award
<b>27.</b> Margaret S. Thomas	<b>28.</b> 7:00pm Fellowship with Union Baptist Church - revival service	<b>29.</b> 6:30pm CID session 7:15pm Bible Study Happy Anniversary Terry & Tannny Rawls	<b>30.</b> Tara Clarke			

## 2015 Theme: "Challenged to Change"

# Healthcare Ministry Corner September is:

## Atrial Fibrillation (AFib) Awareness Month

## AFib Feels Like...



Atrial Fibrillation — also known as AFib or AF — is the most common arrhythmia. It affects more than 2.5 million American adults and 4.5 million people living in the European Union, and accounts for approximately one-third of hospitalizations for cardiac rhythm disturbances. It is characterized by a rapid and irregular heartbeat caused when the top chambers of the heart (the atria) quiver (fibrillate) erratically, sometimes faster than 200 times per minute. The condition can have a significant negative impact on an individual's quality of life, causing heart palpitations, chronic fatigue, debilitating pain and can increase the risk of stroke fivefold. The Heart Rhythm Society (HRS) and National Stroke Association, in collaboration with Boehringer Ingelheim (BI), fielded an Atrial Fibrillation - Impact of Stroke Survey in May of 2014 to physicians, atrial fibrillation (AFib) patients and caregivers. The purpose of the survey was to measure awareness about AFib and stroke, determine baseline understanding of risk factors, and identify barriers to communication between patients/caregivers and providers.

AFibRisk.org The <u>AFib Risk Assessment</u> is an interactive tool designed to help individuals estimate their risk of atrial fibrillation (AFib). Many individuals living with AFib have no symptoms and are unaware of their condition until they are suffering from complications, which may require emergency treatment. Learn your risk by using this online tool!

## Prostate Cancer Awareness Month

Prostate Cancer is a story of both great heartbreak and great hope. The heartbreak is that each year more than 29,000 men will die of this disease and that prostate cancer is the second leading cause of cancer death of U.S. men. However, if diagnosed early, the five-year survival rate is almost 100 percent. At ten years post diagnosis, 98 percent of men diagnosed early, remain alive.

Prostate cancer is an extremely complex disease multiple subtypes of this cancer exist, some aggressive and lethal, others non-aggressive and non-life-threatening. The vast majority of prostate cancer occurs as an indolent, slow-growing form of the disease that poses little threat to men's lifespans. Because one in six men will be diagnosed with prostate cancer in their lifetime, it is important for men to learn about both nonaggressive, slow-growing forms of prostate cancer and aggressive forms of this disease through conversations with their doctors. In addition, because there has been controversy in recent years over when men should be screened for prostate cancer, there is great need for all men to learn about prostate cancer screening methods, including the drawbacks and benefits to current screening tests.

The Prostate Cancer Foundation (PCF) is a leader in funding and accelerating the world's most promising prostate cancer research. And PCF is also a go-to organization for disseminating prostate health information to men. PCF is proud to offer multiple forms of information about this disease to men and their loved ones.

A light blue ribbon is the symbol for prostate cancer.



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I am strong because I know my weakness. I am compassionate because I 've suffered. I am alive because I am a fighter. I am wise because I 've been foolish. I can laugh because I have known sadness. I can love because I 've known loss. I am a strong woman who has weathered the storm, but still loves to dance in the rain!





#### How to make your golden years the best of your life!

Bv: Warren Olson

The numbers are staggering: 10,000 men and women move from the workforce into retirement every single day. That's about seven people every minute whose lives are dramatically and permanently changed. They have new responsibilities, new relationships, and a different sense of purpose for their lives. Some call this stage of life the "golden years." But for many seniors, these years are far from golden. Not long ago, we received an email from a senior named "Merle" who wrote asking for prayer... I didn't really want to retire, but was forced out of my job. I'm kind of floundering with no real direction. My wife still works and the days are long. On top of that, I seem to now go from one health issue to the next. Always something. Please pray that I will find peace and happiness in my "golden years." Merle isn't alone in his struggles. We hear from seniors all the time who feel lonely, isolated, and without a sense of purpose in their lives since they've retired. But why is that? What's the reason so many seniors who enter into this time of their lives with such eager expectation are left disappointed, depressed, and discouraged? It's because many have neglected to fill the gap. Here's what I mean...The average age for retirement today is around 62 years old. If we live into our 80s, that leaves about a 20- or 30-year gap between the day we leave the workforce and the day we meet the Lord. And sadly, the vast majority of seniors seek to fill that gap with comfort instead of Kingdom-significant things. You see, your golden years are a gift from God. And like all gifts, they're meant to be used, not for yourself, but for His glory. And if you're in Christ, your pleasure will ultimately be found in bringing Him glory! So the question every Bible-believing retiree must answer is simple: "How am I going to give my golden years to God?" Maybe it's starting a Bible study where you can minister to others. Perhaps you can visit shut-ins who would love nothing more than to talk with someone who cares. Or maybe God is calling you to spend some of these years as a missionary in another country. These years won't be the best because they're struggle-free. They'll be the best because you're serving the Lord faithfully in them. So don't waste your golden years living them for yourself. Commit them to the Lord—and they'll be the best years of your life!



## UPCOMING EVENTS

#### **OCTOBER**

- Anniversary Banquet at Temple Beth El  $3^{rd}$
- $11^{\text{th}}$ Clergy Appreciation Day
- Pre-Pastor/Church Anniversary service 11<sup>th</sup>
- Men & Women's Ministries meetings  $15^{\text{th}}$
- $17^{\text{th}}$ Trustee Ministry Women in Hats service
- $18^{\rm th}$ Pastor & Church Anniversary
- 24<sup>th</sup> Couples Ministry meeting at the chapel\_
- $25^{\text{th}}$ Mass Choir sing at Mt. Lebanon COGIC
- Hallelujah Fest/Trunk-Or-Treat 31<sup>st</sup>

## **UPCOMING 2015 Worship Leader <u>Sch</u>edule**

(2<sup>nd</sup> Sunday of each Month)

October 11<sup>th</sup>

Sis. Turekia White

November 8th Sis. LaQueshia Rawls

December 13th Bro. James Green Sr.



## SOUPER SATURDAY

October 10, 2015 11:00am - 3:00pm

**Trinity United Methodist Church 201 Cedar Street** Smithfield, VA 23430

**Sponsor:** The Isle of Wight Christian Outreach Program, Inc.

> **Contact: Becky Farmer** Phone: 757-357-4716

- **NOVEMBER**
- Fellowship with Olive Branch-Ordination service 1 st
- $3^{rd}$ Election Day/Benjamin Tribe 50 State Rally
- $7^{\text{th}}$ Issachar Tribe Day - Jesus, Jeans & Jerseys
- 11<sup>th</sup> Veteran's Day
- $12^{\text{th}}$ Men & Women's Ministries meetings
- $14^{\text{th}}$ Levi Tribe service
- 22<sup>nd</sup>-24<sup>th</sup> Fall Harvest Revival
- 26<sup>th</sup> Thanksgiving Day/Thanksgiving Day service
- $29^{\text{th}}$ First Day of Advent

#### **DECEMBER**

- 2016 Accept/Decline forms due
- Mass Choir sing at Eternal Life Church
- Couple Ministry Christmas Gala
- Christmas Celebration
- Christmas Eve

 $6^{\text{th}}$ 

 $6^{\rm th}$ 

 $12^{\text{th}}$ 

 $20^{\text{th}}$ 

24<sup>th</sup>

- $25^{\text{th}}$ Christmas Day- Happy Birthday Jesus!! 31<sup>st</sup>
  - New Year's Eve service

## **VERSE OF THE MONTH**

Psalm 128:2 (ESV)

You shall eat the fruit of the labor of your hands; you shall be blessed, and it shall be well with you.

## **GOD'S BOXES**

I have in my hands two boxes Which God gave me to hold. He said, "Put all your sorrows in the black box And all your joys in the gold."

I heeded His words, and in the two boxes Both my joys and sorrows I stored. But though the gold became heavier each day The black was as light as before.

With curiosity I opened the black I wanted to find out why. And I saw, in the base of the box, a hole Which my sorrows had fallen out by.

I showed the hole to God, and mused "I wonder where my sorrows could be." He smiled a gentle smile and said "My child, they're all here with me."

I asked God why He gave me the boxes Why the gold, and the black with the hole? "My child, the gold is for you to count your blessings The black is for you to let go."

--Author Unknown—